

# Pulaski County

## Community Resource Directory

A guide to Pulaski County's Service  
Agencies

Little Rock & Pulaski County, Arkansas

Prepared by:

"iBelieve"  
Team

## **Pulaski County Community Resource Directory**

This directory contains listings of area social, health, support, educational and employment services in Pulaski County, Arkansas. It was compiled by the "iBelieve" team to coordinate the health and human services of Pulaski County to meet the needs of our children and families. The organization does not assume responsibility for omissions nor for the accuracy of the information offered in this directory.

The services/organizations are listed in alphabetical order in the directory. The table of contents lists the services/organizations alphabetically.

For further information, contact "iBelieve" at 000-000 (telephone number here) or email address.

The directory is also available online at [www.ibelieve](http://www.ibelieve) which will reflect updates since the publication of this booklet.

January 2011  
"iBelieve" Team

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## **ADULT and CHILD PROTECTIVE SERVICES**

### **DHS Division of Aging and Adult Services**

P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437

**Contact:** 1-800-482-8049

Email: [aging.services@arkansas.gov](mailto:aging.services@arkansas.gov)

Website: [www.state.ar.us/dhs/aging](http://www.state.ar.us/dhs/aging)

Services: A Statewide program available to clients 18 and older, who are endangered and unable to comprehend their danger. Services include investigation of complaints of abuse, neglect or exploitation and, where no family support is available, temporary custody of the clients. Reports should be made to the 24-hour hotline. All information is confidential.

### **American Red Cross Greater Arkansas**

401 South Monroe

Little Rock, AR 72205

**Contact:** (501) 748-1030

Email: [careyc@arkansasredcross.org](mailto:careyc@arkansasredcross.org)

Website: [www.redcrosslittlerock.org](http://www.redcrosslittlerock.org)

Services: Emergency Assistance Information

### **Arkansas Department of Human Services**

P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437

**Contact:** 1-800-482-5964

Website:

[http://www.arkansas.gov/reportARchildabuse/report\\_child\\_abuse.html](http://www.arkansas.gov/reportARchildabuse/report_child_abuse.html)

Services: Under Arkansas law, anyone who suspects that child abuse or child maltreatment is occurring has the right to report it to the proper authorities. Individuals who have a professional responsibility, such as social workers, doctors, teachers and school counselors are required by law to report any suspicions they have of child maltreatment.

Reports can be made 24 hours a day, 7 days a week via a phone number (1-800-482-5964) or via the Internet at

<http://www.arkansas.gov/reportARchildabuse/>. Hotline operators are always working. If all operators are busy, you may have to wait. The name and information of the person who made the report is kept confidential and will only be revealed to proper authorities.

## **Safe Places**

1609 Broadway

Little Rock AR 72206

**Contact:** (501) 374-7233

Email: [kfindley@safeplaceslr.org](mailto:kfindley@safeplaceslr.org)

Website: <http://www.centerforhealingandhope.com/Index.html>

Services: Serve as advocates and offer both 1 on 1 and group counseling on issues such as domestic abuse, sexual assault (formerly rape crises), and anger management in outpatient setting. Offers domestic and violence support groups. 8:30-5 M-F, on call 3+

## **Youth Bridge**

Fayetteville Administrative Office

2153 E. Joyce Blvd., Suite 201

Fayetteville, AR 72703

**Contact:** (479) 575-9471

Website: [www.youthbridge.com](http://www.youthbridge.com)

Services: Youth Bridge is a non-profit, for impact agency that serves teens and their families in the areas of abuse, neglect, addiction, homelessness, mental health issues and behavioral problems. We do this through outpatient, residential, outreach and emergency services.

If you think you can benefit from our services, or need to give a referral, please call our clinical office in Fayetteville at 479-521-1532 during regular business hours. Or you can reach us any time toll free at 1-800-628-2260. The administrative office number is 479-575-9471. If you have a mental health emergency, please call 1-888-518-0108.

Text the word SAFE and your current location to 69866 for finding an immediate safe youth shelter.

### **Fayetteville Clinical Office**

4171 N. Crossover Road

Fayetteville, AR 72703

**Contact:** (479)521-1532 or 1-800-628-2260

### **Rogers Clinical Office**

1200 W. Walnut St.

Suite 1500

Rogers, AR 72756

**Contact:** (479) 636-0083

**Berryville Office**

1004 S. Main St.  
Berryville AR, 72616  
**Contact:** (870) 423-1077

**Harrison Office**

107 East Crandall Ave  
Harrison, AR 72601  
**Contact:** (870)741-8484

**Mountain Home Office**

706 S. Main St. Suite 1  
Mountain Home, AR 72653  
**Contact:** (870) 425-5644

**Benton County Emergency Shelter**

250 E. Centerton Blvd.  
Centerton, AR 72719  
**Contact:** (479)795-0503

**Washington County Emergency Shelter**

4626 Zion Road  
Springdale, AR 72764  
**Contact:** (479)927-0577 or 1-800-628-2260

# CHILD SUPPORT

## **Child Support Enforcement Office**

400 East Capitol

Little Rock, AR 72203

**Contact:** (501) 371-5400

Mailing Address: P.O. Box 8057

Little Rock, AR 72203

Email: [support.littlerock@ocse.arkansas.gov](mailto:support.littlerock@ocse.arkansas.gov)

Website: <http://www.dfa.arkansas.gov/Pages/ocseOffices.aspx>

Services: Establish and enforce court orders involving non-custodial parental child support. Counties serve: Pulaski and Perry

## **DAYCARE CENTERS**

### **A Class Scholars Child Center**

1701 N Mississippi Street

Little Rock, AR 72207

**Contact:** (501) 661-9835

Services: Basic childcare for children aged 6wks to 12 years

Open: 6:30 am to 12 pm. 6:30 am 12 pm

### **Above and Beyond Childcare Center**

80 Westminster Dr.

Little Rock AR 72209

**Contact:** (501)568-4785

Services: Basic childcare for children aged 6wks to 12 years

Open: 6:30 am to 12 pm.

### **Adkins Infant and Child Center**

9222 Chicot Road

Little Rock, AR. 72209

**Contact:** (501) 562-2147

Services: Basic childcare for infants to age 4 years

Open: 7:00 am to 5:45 pm

### **Adventureland Academy**

1015 Autumn Road

Little Rock AR. 72211

**Contact:** (501) 227-0880

Services: Summer camp and childcare for children 6weeks to 11 years

Open: 6:30 am -6:00 pm

### **Darnall School**

1816 Hinson Loop Road

Little Rock, AR. 72211

**Contact:** (501) 225-4462

Services: Offers in house speech therapy, music, Spanish, sign language, gymnastics, kindergarten readiness to infants to preschool 4 years

Open: 6:30 am-6:00 pm

### **Karri's Kaptives Preschool**

19630 Arch St Pike

Little Rock AR. 72206

**Contact:** (501) 261-7860

Services: Offers childcare for children 6wks to 12 years

Open: 5:30 am- 6:00 pm



**Kidco Early Education and Learning Center**

10700 Kanis Rd

Little Rock AR. 72211

**Contact:** (501) 223-3337

Services: Offers kinderrgarten readiness program and childcare for children ages 6wks- 6 years

Website: <http://www.kidcoearlyed.com>

Open: 6:30 am - 6:00pm Monday-Friday

**Kidz Country Early Education and Learning Center**

306 N Shackelford Rd.

Little Rock AR. 72211

**Contact:** (501) 224-0978

Email: [kidzcountry@sbcglobal.net](mailto:kidzcountry@sbcglobal.net)

Website: <http://www.kidzcountryearlyed.com>

Services: Kidz Country strives to facilitate the development of trust, autonomy, and initiative in each child, fostering the development of trust by being responsive to children's needs. We structure each room to facilitate activities that encourage exploration and children are encouraged to become responsible for tasks they are developmentally ready to handle. At Kidz Country, we believe appropriate child care practices and positive experiences lead to a child's success.

Kidz Country provides child care for over one hundred children and their families. Both Kidz Country locations offer care for children 6 weeks to 6 years of age.

Open: 6:30 am - 6:00 pm Monday through Friday

**Little Scholars Learning Centers**

8619 Stanton Rd

**Contact:** (501) 562-2774

Services: Private school offering superior academic services for children 15 months to Grade 7

Open: 8:30 am - 3:30 pm

**One 2 Grow On Childcare**

900 W 36th

North Little Rock, 722118

**Contact:** (501) 771-4769

Services: Offers childcare and a three year old program when schools starts to children 6wks to 12 years

Open: 6 am - 6 pm

**St Augustines**

1410 East 2nd Street,  
North Little Rock, AR. 72114

**Contact:** (501)378-0940

Services: Basic childcare to youth 6wks to 5 years

Open: 6:30 am - 5:30 pm

**The Children's Center**

11501 Interstate 30  
Little Rock, AR. 72209

**Contact:** (501) 455-2690

Services: Offers a curriculum based for each age, pick up at local area schools, part time and full time care for children 6 months to 12 years

Open: 6:00 am - 6:00 pm

**Tiny Tots**

3323 Fair Park Blvd  
Little Rock AR 72204

**Contact:** (501) 568-2544

Services: Offers childcare and transportation for children ages 6wks to 13 years

Open: 6 am - 12 am.

## CLOTHING

### **Central Baptist Church of North Little Rock**

6103 Carnegie

North Little Rock, AR 72120

**Contact:** (501) 771-1125

Services: Open Wednesdays, 3:30 – 5:30pm. Located off Landers Road, NOT at the church.

### **Dress for Success, Lakeshore Baptist Church**

1423 South Maine Street (Village Commons Complex, in the back)

Little Rock, AR 72202

**Contact:** (501) 562-4571

Services: Open Saturday, 10–2pm. *Job interview clothing* for women must have interview before receiving clothes, referral is required, 1 outfit for job interview a weeks worth of clothing if you get the job.

### **First Presbyterian Church**

800 Scott Street

Little Rock, AR 72201(501) 372-1804

**Contact:** (501) 372-1804

Services: Open Thursday 12:00 – 1:00pm

### **Friendly Chapel Church of the Nazarene**

116 South Pine Street

North Little Rock, AR 72114

**Contact:** (501) 371-0912

Services: Thrift shop open Saturday 9:00 – 11:00 a.m., nothing over \$1.00, indoor sale of furniture and appliances once a month, call for details

### **Goodwill Industries, Main Office**

1110 West 7<sup>th</sup> Street

Little Rock, AR 72201

**Contact:** (501) 372-5100

Services: Open by appointment for registered clients ONLY. Job interview clothing for men & women must have interview before receiving clothes, referral is required, 1 outfit for job interview a weeks worth of clothing if you get the job.

### **Goodwill Industries, Thrift Stores**

**9700 North Rodney Parham Road, Suite F**

Little Rock, AR 72227

**Contact:** (501) 224-6221

Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm

**2904 South University Avenue**

Little Rock, AR 72204

**Contact:** (501) 568-5313

Services: Monday - Saturday, 9:00–7:00pm, Sunday, 10:00–6:00pm

**109 Gregory Place**

Jacksonville, AR 72076

**Contact:** (501) 985-2645

Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm

**303 South East Street**

Benton, AR 72015

**Contact:** (501) 778-9345

Services: Monday - Saturday, 9:00–7:00pm, Sunday, 10:00–6:00pm

**6929 John F. Kennedy Blvd., Suite 112**

North Little Rock, AR 72116

**Contact:** (501) 835-5286

Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm

**Greater Second Care Center**

5615 Geyer Springs Road

Little Rock, AR 72209

**Contact:** (501) 569-9988

Services: Open by appointment.

**Helping Hand of Greater Little Rock**

1601 Marshal Street

Little Rock, AR 72206

**Contact:** (501) 372-4388

Services: Open Monday thru Thursday, 9 – 1pm. Available inexpensive thrift store clothing.

**Mosaic Church of Central Arkansas**

6420 Colonel Glenn Road, Suite #1

Little Rock, AR 72204

**Contact:** (501) 562-3336

Services: Open Tuesday 2–6pm

**Promiseland Community Development Corp.**

3700 West 65<sup>th</sup> Street

Little Rock, AR 72209

**Contact:** (501) 562-9952

Website: [www.promiselandcdc.com](http://www.promiselandcdc.com)

Services: Ministry of Compassion clothing assistance, call for appointment.

**River City Ministry**

1021 East Washington Avenue

North Little Rock, AR 72214

**Contact:** (501) 376-6694

Services: Open 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays of the month, 9:00 – 11:00am.

**Saint Francis House**

2701 South Elm Street

Little Rock, AR 72204

**Contact:** (501) 664-5036

Services: Open Monday – Friday, 9:00 – 11:00am & 1:00 – 3:00pm. Must provide photo ID, Social Security card, and proof of income. Free clothing.

**Saint John Baptist Church Clothes Closet**

2501 South Main Street

Little Rock, AR 72206

**Contact:** (501) 975-2014

Services: Open Tuesday - Thursday 11:00 – 4:00pm and on the 1<sup>st</sup> Saturday of each month 9:00 – 12:00pm, ID Required.

**Salvation Army**

1111 West Markham Street

Little Rock, AR 72203

**Contact:** (501) 374-9296

Services: Vouchers are available for the homeless, Thrift store at 65<sup>th</sup> and Geyer Springs Road, Little Rock, Monday thru Saturday, 10:00 – 5:00pm.

**Stew Pot, First Presbyterian Church**

800 Scott Street

Little Rock, AR 72201

**Contact:** (501) 372-1804

Services: Open Thursday, 12:00 – 1:00pm.

**Sylvan Hills Church of Christ, Clothes Bus**

9213 Highway 107

North Little Rock, AR 72120

**Contact:** (501) 835-4141

Services: Open Thursday, 9:00 - 12:00 or by appointment

**Union Rescue Mission**

2921 Confederate Blvd.

Little Rock, AR 72204

**Contact:** (501) 374-1108

Services: Clothing vouchers are issued on Wednesday ONLY though our Social worker located at 3000 Confederate Blvd.

**Watershed**

3701 Springer Blvd.

Little Rock, AR 72206

**Contact:** (501) 378-0176

Services: Open Monday - Friday, 8:00 – 5:00pm. Free clothing for infants to adults, household items when available, ID required.

## **COUNSELING SERVICES AND MENTAL HEALTH RESOURCES**

### **Arkansas Psychiatric Clinic PA**

Adults, Children, Adolescents, and Seniors

28 Rahling Cir.

Little Rock, AR 72223

**Contact:** (501) 448-0060

Fax: (501)448-0066

Website: [www.apclr.com](http://www.apclr.com)

Services: The Arkansas Psychiatric Clinic exists to assist consumers in achieving optimal mental health assessment and treatment utilizing integrated and individualized psychiatric and psychotherapeutic expertise. Our providers represent a diverse group of specialists that are committed to putting the patient's best interest first by using methods backed by a solid educational foundation while maintaining honesty, integrity, compassion and empathy.

### **Arkansas State Hospital Admissions Office**

305 S. Palm Street

Little Rock, AR 72205

**Contact:** (501) 686-9000

Charles Smith, Administrator- (501) 683-6922

Steven Domon, M. D., Medical Director- (501) 686-9354

Website: [http://www.arkansas.gov/dhs/dmhs/ar\\_state\\_hospital.htm](http://www.arkansas.gov/dhs/dmhs/ar_state_hospital.htm)

Services: The Arkansas State Hospital (ASH) is a component of the Division of Behavioral Health Services. ASH is licensed by the Arkansas Department of Health and the Centers for Medicare and Medicaid Services, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). ASH operates a total of 234 patient beds in three service areas: General Adult, Forensic, and Adolescent.

#### General Adult Service

The General Adult Service is comprised of three 30-bed units for persons 18 years of age and older. All admissions to these units must first be screened by one of the 15 community mental health centers (CMHC's) to assure appropriateness of admission, continuity of care, and treatment within the least restrictive setting. Each CMHC offers an array of services from brief intervention therapies to long-term community support services. The CMHC's offer 24-hour emergency care and persons in need of more restrictive care may be treated in a local hospital or crisis unit, where possible. It is the philosophy of the Division of Behavioral Health Services that responsibility, authority, and accountability for client services should be at the local level.

### Adolescent Service

The Adolescent Service is comprised of three units: an 18-bed coeducational program for adolescents 13-17 years of age who are in need of acute or residential care; an 18-bed program for adolescent male sexual offenders 13-17 years of age; and a 16-bed program for adolescent males 13-17 years of age who have mental health problems and developmental disabilities. Patients may be referred by local CMHC's, other divisions of the Department of Human Services, private treatment providers, or the juvenile

### **Arkansas Voices for Children Left Behind**

1818 North Taylor St. #140  
Little Rock AR 72207

**Contact:** (501) 366-3647

Email: [deeann@arkansasvoices.org](mailto:deeann@arkansasvoices.org)

Website: <http://www.arkansasvoices.org>

Services: Serves children who are left behind by incarcerated parents, foster parents, undocumented parents who are arrested, parental addiction etc. Call 24/7 and serves children ages 0-18.

### **Bridgeway Hospital**

21 Bridgeway Road  
North Little Rock, AR 72113

**Contact:** (501) 771-1500

Website: <http://www.thebridgeway.com/index.html>

Services: The BridgeWay offers a continuum of services designed to help children, adolescents and adults who are experiencing those behavioral, emotional or addictive problems that can lead to fractured lives. Our team of professionals includes board-certified child/adolescent and adult psychiatrists, master's-level clinical therapists, case managers, and nurses and mental health associates who are here to help people reconnect with their families, friends and employers so that they may lead productive lives. Private inpatient hospital, some payment required.

### **Center for Youth and Families**

5905 Forest Pl  
Little Rock, AR 72205

**Contact:** (501) 666-4949

**Contact:** (501)666-8686 or toll free 1-888-868-0023

Website: <http://centersforyouthandfamilies.org>

Services: We offer treatment in the form of outpatient counseling, school-based therapy, case management, day treatment, an emergency shelter and independent living programs in addition to therapeutic foster care and



residential services in Central Arkansas as well as in Monticello, Arkansas. Parent Center offers parenting classes and support groups and a Parent Resource Center where parenting videos, books and websites along with other information can be accessed free of charge. Our Community Center not only offers a fitness center and swimming pool but an excellent locale for community meetings, classes and activities.

**Outpatient Counseling**

Judye Ebanks (501) 666-8686 or 666-4949

**School Based Services**

Judye Ebanks (501) 666-4949

**Day Treatment Services**

Judye Ebanks (501) 374-3686

**Therapeutic Foster Care**

Leah Williams (501) 666-8686, ext. 1101

**Independent Living Program**

Access Office (501) 666-8686 or 1-888-868-0023

Anita Singleton ext. 1240 or Craig Robinett ext. 1241

**Emergency Services**

(501) 666-8686 or 1-888-868-0023

**Emergency Shelter**

Jan Sims (501) 666-7233

**Parent Center**

Pam Plummer (501) 666-6833

**Centers' Bess Chisum Stephens Community Center**

Rosalie Shahan (501) 664-4268

**Family Therapy of Little Rock**

Children and Families

10800 Financial Centre Parkway, Suite 490

Little Rock, AR. 72211

**Contact:** (501) 228-0288

Fax: (501)228-8189

Website: [www.familytherapylr.com](http://www.familytherapylr.com)

Services: FTLR provides individual and family therapy to both children and adults in a secure and inviting environment. We also provide a support group through the [Grief Recovery Institute](#) in which we help adults with grief issues. Ann Camferdam Wrotny, LCSW, the lead therapist at Family Therapy of Little Rock, has an extensive history in working with children and adults. She is also certified by the [Grief Recovery Institute](#) as a Grief Recovery Specialist.

**Family Service Agency**

628 W. Broadway  
North Little Rock, AR 72114

**Contact:** (501)372-4242

Website: <http://www.helpingfamiliesfirst.org>

Services: Providing counseling for marriage, group, family, substance abuse, crime victims, finances, debt management, alcohol and drug abuse, and many more issues.

Services: Mental health counseling for depression, grief, domestic violence, marital problems, there is a sliding scale fee with a minimum payment of \$30.00 per session required.

**Family Therapy Services**

2 Inwood Circle  
Little Rock, AR.

**Contact:** (501) 954-7470

Fax: (501) 954-7420

Website: [www.youthhome.org](http://www.youthhome.org)

Services: Youth Home provides a professional therapeutic environment for teenagers with emotional and behavioral problems.

**Grace Meadow Counseling Services**

Individuals, Families and Groups

Locations:

18156 Congo Ferndale Road, Little Rock, AR

1511 W. Sevier St., Suite C, Benton, AR

Mailing Address:

Grace Meadow

C/O Jim Flowers

P.O. Box 2477

Bryant, AR 72089

**Contact:** (501)920-1901

Website: [www.gracemeadow.com](http://www.gracemeadow.com)

Services: Provide independent, professionally excellent, Christian counseling/therapy service.

**Haas Psychiatric Services, PA**

2001 Club Manor Drive  
Maumelle, AR 72113

**Contact:** (501)687-0488

Services: Christian Based Clinic - Adults and Children

**Lakewood Behavioral Health Associates**

4020 Richards – Suite F

North Little Rock, AR

**Contact:** (501)-753-1616

Website: [www.lakewoodbehavioralhealth.com](http://www.lakewoodbehavioralhealth.com)

Services: Individual, Couples, Children, Adolescents, Family, Group and Medication

Interests: Couples Counseling, Addictions, Anger Management, Group Therapy and Mood Disorders

### **Len Lowman, LCSW, PA Counseling Services**

Men's Groups, Sexual Addiction, Marital, Family, and Individuals

10810 Executive Center Dr. Suite 100

**Contact:** (501)664-0246

Services: Family, individual and marital counseling/therapy. Men's issues, addictions (sexual, chemical, relationships), mental health issues.

### **Little Rock Community Mental Health Center**

4440 Shuffield Drive

Little Rock, AR 72205

**Contact:** (501) 686-9300

Services: Mental health counseling, there is a sliding scale fee, financial interview and triage will be done over the phone, Monday thru Friday, 8:00 – 5:00pm.

### **Methodist Family Health Counseling Clinic**

Children and Families

2002 S. Fillmore St.

**Contact:** (501) 661-0720 or 1-800-756-3709

Website: [www.methodistfamily.org](http://www.methodistfamily.org)

Services: Methodist Family Health provides the only comprehensive behavioral healthcare system to children and families of Arkansas, through myriad services. It brings value to the state and the communities it serves in many ways.

### **Millcreek of Arkansas**

P.O. Box 727

Fordyce, AR 71742

**Contact:** (870) 352 – 8203

Fax: (870) 352- 8299

Website: <http://www.millcreekofarkansas.com/>

Services: Millcreek is a privately licensed Intermediate Care Facility for the Mentally Retarded (ICF/MR), Psychiatric Residential Treatment Facility (PRTF) and Special Education School for child and adolescents age 6-21 years all over the state of Arkansas.

### **Napa Valley Counseling Services**

12115 Hinson Road, Ste. 400

**Contact:** (501) 224-0318

Fax: (501)224-0354

Website: [www.napavalleycounseling.com](http://www.napavalleycounseling.com)

Services: Individual Counseling, Marital counseling, Family Counseling, Child/Adolescent Counseling, Group Therapy, Pre-marital Counseling, Men's and Women's Issues, Counseling for Depression or Anxiety, Stress Management, Anger Management, Counseling for Eating Disorders, Counseling for Adult Survivors of Abuse, Counseling for Addictive and Compulsive Behaviors and Grief Counseling

### **Pinnacle Pointe Behavioral HealthCare System (In and Out-Patient)**

11501 Financial Centre Parkway

Little Rock, AR 72211

**Contact:** (501)223-3322 or (800)880-3322

Website: [www.pinnaclepointehospital.com](http://www.pinnaclepointehospital.com)

Services: Located in Little Rock, Ark., Pinnacle Pointe Hospital offers psychiatric services for children and adolescents.

Our 102-bed hospital for children ages 5-17 offers: Acute services (short-term stay, 2-14 days), Residential services (longer term program, 2-6 months), Outpatient services, Licensed by the state Department of Health and K-12 school approved by the Arkansas State Department of Education Pinnacle Pointe provides its patients with the support they need to make their stay a life-altering experience.

### **Professional Counseling Associates**

#### **Administration Office**

3601 Richards Road

North Little Rock, AR 72117

**Contact:** (501) 221-1843

Website: [www.pca-ar.org](http://www.pca-ar.org)

Services: Our goal and mission is to offer pathways to wholeness, healing and hope through caring and effective mental health services.

Services: Mental health counseling, there is a sliding scale fee, financial interview and triage will be done over the phone. Satellite clinics at:

**Contact:** Jacksonville - (501) 982-7515, Sherwood- (501) 955-7600

North Little Rock- (501) 955-7600, South West Little Rock- (501) 568-4294

Locations:

9110 Geyer Springs Rd.

Little Rock, AR 72209

**Contact:** (501) 568-4294

7800 John F. Kennedy Blvd.  
North Little Rock, AR.  
**Contact:** (501) 835-4174

Springhill - North Little Rock  
4354 Stockton Dr.  
North Little Rock, AR 72117  
**Contact:** (501) 955-7600

7800 Hwy 107  
Sherwood, AR 72120  
**Contact:** 501-835-4174

**Richard Miller, LCSW, LMFT, D.Min**

1215 Breckenridge

Little Rock, AR. 72205

**Contact:** (501) 580-2308

Website: [www.richardhmilller.org](http://www.richardhmilller.org)

Services: Individual, Couples, Youth and Families

**Timber Ridge Ranch NeuroRestorative Services**

15000 Highway 298

Benton, AR 72019-9282

**Contact:** (800)743-6802

Email: [neuroinfo@thementornetwork.com](mailto:neuroinfo@thementornetwork.com)

Website: <http://www.neurorestorative.com/locations/arkansas/timber-ridge>

Services: NeuroRestorative Timber Ridge offers a continuum of community-based, inpatient treatment and supported living programs for children and adults with brain injury and other neurological challenges. Established in 1984, NeuroRestorative Timber Ridge is one of the largest pediatric brain injury facilities in the country and has helped hundreds of children and adolescents receive the specialized supports, therapies and education they need in a setting that promotes growth and independence.

**UAMS Psychiatry- Walker Family Clinic**

4301 W. Markham St.

Little Rock, AR 72205

**Contact:** (501) 526-8200

Website: [www.uams.edu](http://www.uams.edu)

Hours: 8-4:30

Services: Young Adult and Adult Counseling and Psychiatric Services. Ages of 14 and above. Personalized care in a supportive and confidential environment includes the following:

- Psychiatric evaluation
- Medication management
- General psychological and neuropsychological testing
- Individual, family and group psychotherapy
- Case management

Specialty services for clients with developmental disorders, substance use disorders (alcohol and drug abuse) and eating disorders (anorexia and bulimia) are available.

### **UAMS Strive Program**

4701 Fairway Avenue  
North Little Rock, Arkansas 72116

**Contact:** (501) 771-8261

Website: <http://www.uamshealth.com/STRIVE>

Services: STRIVE is a school-based community outreach program located at Pine Street in North Little Rock. The goal of this program is to provide intensive outpatient therapy for students who are at risk for out-of-home placement due to emotional and behavioral problems, helping them develop a positive identity and value system. Hours are from 8:00 a.m. - 4:30 p.m. Monday – Friday.

### **UAMS Child Study Center**

Arkansas Children's Hospital, 5th Floor  
1120 Marshall St.

**Contact:** 501-364-5150

Hours: 8-4:30

Services: This clinic primarily treats children of ages pre-school through 13, along with parents or guardians. Patients are typically referred directly for initial assessment, which consists of clinical interviews, mental status exams and reviews of existing evaluation or historical data. Based on this assessment, appropriate referrals are made for psychological evaluations and subsequent treatment plan recommendations, or treatment is initiated. Consultation from a child psychiatrist, psychiatric social worker or other mental health specialist is available as needed.

Outpatient diagnostic services include the following:

- Individual, group and family therapy
- Behavior management techniques
- Parent education and training
- Medication consultation and treatment

### **Youth Home, Inc.**

Teens and Families  
20400 Colonel Glenn Rd.

Little Rock AR

**Contact:** (501) 821-5500 or 1-800-728-6452

Fax: (501) 821-5580

Email: [info@youthhome.org](mailto:info@youthhome.org)

Website: [www.youthhome.org](http://www.youthhome.org)

Services: Youth Home provides a professional therapeutic environment for teenagers with emotional and behavioral problems.

### **Youth Villages Operations Center**

3320 Brother Blvd

Memphis, TN 38133

**Contact:** (901) 251-5000

Fax: (901) 251-5001

Website: <http://www.youthvillages.org/arkansas-loc.aspx>

Services: Youth Villages has built a national reputation for offering the most effective programs and services to help emotionally troubled children and their families. A private nonprofit organization, we provide a fully integrated continuum of counseling services and programs designed to help children with emotional and behavioral problems overcome their challenges and live successfully with their families. We believe therapy for children should be provided in the least restrictive setting possible, preferably in their own homes.

## DENTAL CLINICS

### **Arkansas Donated Dental Services**

Betty Danielson or Pat Keller

PO Box 56248

Little Rock, AR 72215

**Contact:** (501)221-0280 or 1-800-932-8247

Email: [betty@ahcaf.org](mailto:betty@ahcaf.org)

Website: [http://nfdh.org/joomla\\_nfdh/content/view/](http://nfdh.org/joomla_nfdh/content/view/)

Services: DDS serves those Arkansas who are disabled, elderly or medically compromised who cannot afford needed dental treatment and have no other way of receiving help. These patients must need extensive treatment, not just cleaning and checkup.

### **Arkansas Health Care Access Foundation Inc.**

P.O. Box 56248

Little Rock, AR 72215

**Contact:** (501) 221-3033

Website: <http://www.ahcaf.org>

Services: Open Monday thru Friday, 8:30–5:00pm. For low income, medically uninsured Arkansans. Go to your County Health Department for the application. Process takes 5 to 7 working days.

### **Christian Community Care Clinic**

220 West South Street

Benton, AR 72205

**Contact:** (501) 776-1703

Services: Appointment required, uninsured Saline County residents ONLY, ID required, Call for appointments and requirements.

### **College Station Clinic**

4206 Frazier Pike

College Station, AR 72053

**Contact:** (501) 490-2240

Services: Open Monday, Tuesday and every other Wednesday 8:00 – 3:30pm, appointments recommended, proof of income and two forms of ID required. Minimum co-pay of \$25.00 depending on income

### **Harmony Health**

201 East Roosevelt Road

Little Rock, AR 72206

**Contact:** (501) 375-4400

Services: Appointments required, proof of income and ID required



**River City Ministry**

1021 East Washington  
North Little Rock, AR 72114

**Contact:** (501) 376-6694

Services: Appointments required, call the first Thursday of the month to make at 8:30am to schedule an appointment, and be put on the wait list. Dental services scheduled Mondays, Thursdays and Fridays, as scheduled

**Saint Vincent Health Clinic East**

2500 East 6<sup>th</sup> Street  
Little Rock, AR 72202

**Contact:** (501) 552-4710

Services: Open Monday thru Thursday 1:00 the first two walk-ins will be seen, Friday 8:00am the first 6 walk-ins will be seen. Simple extractions \$55.00 surgical extractions \$110.00. Walk-in only, no appointments accepted for extractions. Appointments required for fillings \$35.00 and cleaning \$50.00. Call for appointments for fillings and cleaning. Proof of income required.

**Shepherds Hope Neighborhood Health Center**

2404 Tyler Street  
Little Rock, AR

**Contact:** (501) 614-9523

Services: Proof of residency required, serving the 72204 and 72209 zip codes. Extractions only and appointments only.

**UAMS, Dental Hygiene School**

4301 West Markham, Slot 609  
Little Rock, AR 72205

**Contact:** (501) 686-5734

Services: The UAMS Department of Dental Hygiene maintains a clinic which provides select dental hygiene services to the public while providing clinical experience for students enrolled in the program. Dental hygiene services are provided by students under the direct supervision of faculty dental hygienists and dentists. An appointment is required and can be made by calling 501-686-5733. Please note, the clinic does not provide restorative services (fillings, crowns, etc.) or tooth extractions.

## EDUCATION & LITERACY

### **Arkansas Rehabilitation Services**

26 Corporate Hill Drive  
Little Rock, AR 72205

**Contact:** (501) 686-2800

Email: [aging.services@arkansas.gov](mailto:aging.services@arkansas.gov)

Website: [www.state.ar.us/dhs/aging](http://www.state.ar.us/dhs/aging)

Services: Prepares people with disabilities to enter the work force thru education, social and accessibility support. Hearing aids and prosthetics provided.

### **College Station, Community Development Corp.**

P.O. Box 540

College Station, AR 72053

Director: Woodrow Keown

Email: [wkeown@cei.net](mailto:wkeown@cei.net)

**Contact:** (501) 490-1058

Fax: (501) 490-0833

### **Goodwill, Good Guides**

1110 West 7<sup>th</sup> Street

Little Rock, AR 72201

**Contact:** (501) 372-5100 Ext. 133

Services: Good Guides is a national mentoring program for at-risk children ages 12 to 17.

### **Job Corps**

6900 Scott Hamilton

Little Rock, AR 72201

**Contact:** (501) 618-2500

Fax: (501) 570-0410

Website: <http://littlerock.jobcorps.gov>

Website: <http://www.jobcorps.gov/home.aspx>

Services: Job Corps is a **free** education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth at least 16 years of age, Job Corps provides the all-around skills needed to succeed in a career and in life.

### **Cass**

21424 N. Highway 23

Ozark, AR 72949

**Contact:** (479) 667-3686

Fax: (479) 667-3989  
Website: <http://cass.jobcorps.gov>

**Ouachita**

570 Job Corps Road  
Royal, AR 71968  
**Contact:** (501) 767-2707  
Fax: (501) 321-3798  
Website: <http://ouachita.jobcorps.gov>

**Lewis-Burnett Employment Finders Inc.**

7123 I-30  
Little Rock, AR 72209  
**Contact:** (501) 565-3410 or (501) 565-3413  
Website:  
Services: Free GED preparation program, service, primarily focused on finding employment for released felons.

**Literacy Action of Central Arkansas**

100 Rock Street Suite 403 (Inside Main Public Library)  
Little Rock, 72203  
**Contact:** (501) 372-7323  
Fax: (501) 371-9888  
Email: Clif Ford, Executive Director [cford@LiteracyLittleRock.org](mailto:cford@LiteracyLittleRock.org)  
Email: Mary Givens, Literacy Coordinator [mgivens@LiteracyLittleRock.org](mailto:mgivens@LiteracyLittleRock.org)  
Website: <http://www.literacylittlerock.org>  
Services: Teach adults to read in preparation for GED, & English as a second language. Parking is available across from the library. Office hours: 9 A.M to 5 P.M., Monday – Thursday 9 A.M. to 1 P.M. Friday

**Little Rock Adult Ed. Center**

4800 West 26th Street  
Little Rock, AR 72204  
**Contact:** (501) 447-1850  
Richard Jones, Director  
Email: [ae@rjones.org](mailto:ae@rjones.org)  
Linda Kindy, ESL Coordinator  
Email: [linda.kindy@lrsd.org](mailto:linda.kindy@lrsd.org)  
Fax: (501) 447-1897

**Little Rock Goodwill**

1110 West 7th Street  
Little Rock, AR 72201  
Gretchen Jarman

Email: [gretchengarman@sbcglobal.net](mailto:gretchengarman@sbcglobal.net)  
Contact: (501) 372-5100  
Fax: (501) 372-5100

**Little Rock Our House Learning Center**

302 East Roosevelt  
Little Rock, AR 72206  
Brenda Reagan and Charsa Wright  
Email: [charsawright@yahoo.com](mailto:charsawright@yahoo.com)  
**Contact:** (501) 374-9675  
Fax: (501)374-9675

**Adult Education Center**

4300 Haywood Street  
North Little Rock, AR 72117  
Vilicia Bester  
Email: [vb1234@hotmail.com](mailto:vb1234@hotmail.com)  
Melissa Fetherston  
Email: [melfetherston@yahoo.com](mailto:melfetherston@yahoo.com)  
Director: Jolla Robinson  
Email: [jollarobinson@hotmail.com](mailto:jollarobinson@hotmail.com)  
**Contact:** (501) 945-6055  
Fax: (501) 945-6088

**Indian Hills Goodwill**

6929 JFK Blvd.  
North Little Rock, AR 72116  
Kenneth Bunch  
Email: [kenibunch@gmail.com](mailto:kenibunch@gmail.com)  
**Contact:** (501)835-5286  
Fax: (501)835-5286

**North Little Rock Workforce Center**

3901 McCain Mall Park Drive  
North Little Rock, AR 72116  
Caroline Howard  
Email: [lrarjdh@hotmail.com](mailto:lrarjdh@hotmail.com)  
**Contact:** (501)376-4119  
Fax: (501)376-4119

**PCAE Wage-Jacksonville**

104 South 1st Street  
Jacksonville, AR 72076  
Carol Hilliard  
Email: [hilliardcarol@hotmail.com](mailto:hilliardcarol@hotmail.com)

Director: Jolla Robinson  
Email: [jollarobinson@hotmail.com](mailto:jollarobinson@hotmail.com)  
**Contact:** (501) 985-3560  
Fax: (501) 985-1464

**Shorter College Adult Education**

604 North Locust Street  
North Little Rock, AR 72114  
Lloyd Huskey, Director  
Email: [lh3721547@sbcglobal.net](mailto:lh3721547@sbcglobal.net)  
**Contact:** (501) 372-1547  
Fax: (501) 372-1573

**Metropolitan Vocational Center**

7701 Scott Hamilton Drive  
Little Rock, AR 72209  
**Contact:** (501) 565-8465

**Our House Learning Center**

302 East Roosevelt  
Little Rock, AR 72206  
**Contact:** (501) 374-7383  
Website: [www.ourhouseshelter.org](http://www.ourhouseshelter.org)  
Services: Open to community members for GED prep, basic literacy classes, TABE testing, career readiness certificate preparation and testing, and more.

**Promise Christian Academy**

3700 West 65<sup>th</sup> Street  
Little Rock, AR 72209  
**Contact:** (501) 570-0048  
Services: Preschool, before and after school programs for children. Transportation is provided from local elementary schools. Summer camp program for children from kindergarten thru high school. DHS vouchers accepted, call for fees and daily rates.

**Simone's Home**

P.O. Box 45964  
Little Rock, AR 72214  
**Contact:** (501) 772-4987  
Website: [www.simoneshome.com](http://www.simoneshome.com)  
Services: Resource center for girls ages 12 – 18 to help them become self-sufficient women after leaving foster care. Life skill classes, career preparation programs, and mentoring.

**S.T.E.P. Ministries**

P.O. Box #122

North Little Rock, AR 72115

**Contact:** (501) 758-4054

Services: Tutoring in the public schools for at risk children.

**The Learning Center of North Little Rock**

P.O. Box 976

1900 N. Pine St.

North Little Rock, AR 72115

Tara Harrison, Director

Email: [nlrlearn@aol.com](mailto:nlrlearn@aol.com)

**Contact:** (501) 753-5858

Fax: (501) 812-0915

**University of Arkansas**

2801 South University Avenue

Little Rock, AR 72204

**Contact:** (501) 569-3127

Website: <http://apply.ualr.edu>

Services: The University of Arkansas offers FREE tuition of Arkansas residents over the age of 60. Older residents may receive a waiver of all tuition and general student fees on a space-available basis. All other fees, including admissions, facilities, technology, health, athletic, business technology, and other specific fees will not be waived. Students qualifying for this waiver will only be allowed to register on the last day of regular registration and during the late registration period.

**VA Drop-In Day Treatment Center**

1101 West 2nd Street

Little Rock, AR 72201

**Contact:** (501) 257-4499

Services: Comprehensive homeless center for veterans ONLY. Providing a broad range of education and special programs. Available to veterans ONLY.

**Watershed Child Development Center**

**Human and Community Development Agency Inc.**

3701 Springer Boulevard

Little Rock, AR 72206

**Contact:** (501) 376-6694

Website: [www.nebowatershed.com](http://www.nebowatershed.com)

Services: Open 6:30am – 6:30pm Monday thru Friday, child development center, youth services: Watershed's own at-risk program for youth, Helping Youth Help Themselves for at-risk youth ages 12-17, Our Club, after school

program for youth ages 6-12, Educational Services, access to tutoring and GED classes. DHS Vouchers accepted.

## EMPLOYMENT

### **Arkansas Department of Workforce Services**

5401 South University Avenue

Little Rock, AR 72209

Mailing Address: P.O. Box 4970,

Little Rock, AR 72214

**Contact:** (501) 682-0228, 682-8030

Fax Number: 501-682-7797

Website: <http://www.arkansas.gov/esd>

Services: Employment Assistance, Unemployment Insurance, Health Related Assistance, Educational Assistance, Welfare and Food Stamps Assistance, Transitional Employment Assistance (TEA), Medicaid, Child Care and Housing Assistance, Utilities Assistance, Counseling Assistance, and Training Assistance. Employer Assistance, including registration, job orders, recruitment, selection, referral, testing, on-the-job training, employer tax information, interview scheduling, labor force statistics, occupational employment projections, growth occupations in Arkansas, licensed occupational information and local employer advisory committee information. Hours of Operation Monday thru Friday, 8:00 – 4:30pm, unemployment office, FAX, phone, copy machine, job search related use only.

Counties Served: Pulaski (south of the Arkansas River)

Classroom Instruction: Monday-Thursday -- 8:00 am until 8:00 pm

### **Brennan Re-Entry Program Management**

P.O. Box 25231

Little Rock, AR 72221

**Contact:** (800) 557-1677

Website: [jbrennen@brennansc.com](mailto:jbrennen@brennansc.com)

Services: Brennan Re-Entry Program Management works with state and local government agencies to realize structural rehabilitation and/or construction by hiring for construction and building trades.

### **Command Labor**

601 West 2<sup>nd</sup> Street

Little Rock, AR 72201

**Contact:** (501) 372-7000

Services: Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

### **Goodwill Industries Main Office**

1110 West 7<sup>th</sup> Street

Little Rock, AR 72201



**Contact:** (501) 372-5100

Services: Free GED classes and career counseling. Job placement assistance. Vocation rehab for developmentally and physically disabled. Job coaching. EX-Offender program (TEO) Transition Employment Opportunity. Certified Microsoft testing site.

### **Labor Finders**

P.O. Box 191803

Little Rock, AR 72219

**Contact:** (501) 565-9632

Services: Located at 7223 Geyer Springs Road. Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

### **Labor Ready**

1400 South University Avenue

Little Rock, AR 72204

**Contact:** (501) 562-6111

Services: Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

### **Lewis-Burnett Employment Finders Inc.**

7123 I-30

Little Rock, AR 72209

**Contact:** (501) 565-3410 or (501) 565-3413

Services: Primarily focused on finding employment for released felons.

### **Pride Industries**

700 West Capitol Avenue, Suite B-125

Little Rock, AR 72201

**Contact:** (501)374-8087

Email: [Joan.oconnor@prideindustries.com](mailto:Joan.oconnor@prideindustries.com)

Services: Hiring individuals with severe disabilities. Employing those with physical, mental, and developmentally disabilities ONLY.

### **Watershed**

3701 Springer Blvd.

Little Rock, AR 72206

**Contact:** (501) 378-0176

Services: "Working to find work" Job guidance counseling, employment assistance. Job preparedness classes Tuesday thru Thursday 10:00 – 12:00

## **EX-OFFENDER (FELON) PROGRAMS**

### **Arkansas C.U.R.E.**

P.O. Box 56001

Little Rock, AR 72215

**Contact:** (501) 223-2620 or (501) 519-0064

Services: The local chapter of an international grass roots organization dedicated to reducing crime through reform of the criminal justice system.

### **Arkansas R.S.O.L.**

P.O. Box #2764

Little Rock, AR 72203

**Contact:** (501) 563-2197

Services: The local chapter of a national advocacy group dedicated to addressing issues specific to registered sex offenders.

### **Brennan Re-Entry Program Management**

P.O. Box 25231

Little Rock, AR 72221

[jbrennen@brennansc.com](mailto:jbrennen@brennansc.com)

**Contact:** (800) 557-1677

Services: Brennan Re-Entry Program Management works with state and local government agencies by employing Ex-Offenders to realize structural rehabilitation and/or building trades.

### **F.E.I.P.A., Friends and Family of Ex-offenders and Incarcerated Persons Association Watershed**

3701 Springer Boulevard

Little Rock, AR 72206

**Contact:** (501) 378-0176

Services: Open 2<sup>nd</sup> & 4<sup>th</sup> Mondays at 6:30pm

### **Goodwill Industries**

1110 West 7<sup>th</sup> Street

Little Rock, AR 72201

**Contact:** (501) 372-5100 Ext 177

Services: Free GED classes and career counseling. Job placement assistance. Job coaching. EX-Offender program (TEO) Transition Employment Oppportunity. Certified Microsoft testing site.

### **Lewis-Burnett Employment Finders Inc.**

7123 I-30

Little Rock, AR 72209

**Contact:** (501) 565-3410 or (501) 565-3413

Services: Free service, primarily focused on finding employment for released felons. Pre-employment training class Wednesday 9:30 am.

**Under Grace Ministries**

PO Box 17422

Little Rock AR 72212

**Contact:** (501) 690-1380

Services: Ministry working on development center for those getting out of DCC. Open 8-5 to those 18 and older.

**VA Drop-In Day Treatment Center**

1101 West 2nd Street

Little Rock, AR 72201

**Contact:** (501) 257-4499

Services: Incarcerated veterans' re-entry program. For veterans ONLY.

## EYE CARE

### **Arkansas Lions State Office**

7430 North Hills Blvd.

North Little Rock, Arkansas 72116

**Contact:** (501) 834-5111

Email: arlions@sbcglobal.net

Website: [www.arkansas.lions.com](http://www.arkansas.lions.com)

Services: Local Lion's Clubs will sometimes help with glasses/exams.

Call the state office to obtain the number of the Lion's Club in your area.

Closed on Fridays

### **Arkansas School for the Blind**

2600 W. Markham

Little Rock, AR 72203

**Contact:** (501) 296-1810

Website: [www.arkansaschoolfortheblind.org](http://www.arkansaschoolfortheblind.org)

Services: Serves children ages 3-21

### **River City Ministry**

1021 East Washington

North Little Rock, AR 72114

**Contact:** (501) 376-6694

Services: Appointments required, Saturdays, 8:00 – 12:00, wait list.

# **FINANCIAL, UTILITY ASSISTANCE CONSUMER CREDIT COUNSELING SERVICE**

## **Central Arkansas Development Council**

**Contact:** (501) 778-1113

Website: <http://cadc.com/index2.php>

Services: CADC is a federally funded, non-profit community action agency that helps to alleviate poverty in Southwestern Arkansas. We were created when President Johnson initiated the war on poverty in 1964. In our 12 county area we offer services such as public transportation, Head Start, LIHEAP and many others. Please visit our [services page](#) to get a description of all our services that we offer.

### **Jacksonville CADC**

2 Crestview Plaza

Jacksonville, AR 72076

**Contact:** (501) 457-5621

### **Little Rock CADC**

5401 South University Avenue

Little Rock, AR 72209

**Contact:** (501) 603-0909

### **North Little Rock CADC**

3901 McCain Park Road

North Little Rock, AR 72116

**Contact:** (501) 771-0745

## **A.C.O. Arkansas Community Organization**

2101 South Main Street

Little Rock, AR 72206

**Contact:** (501) 376-7151

Website: [www.facebook.com](http://www.facebook.com)

Services: Empowering low income families thru credit counseling, home ownership counseling, income tax preparation, financial literacy and counseling

## **Centerpoint Energy (Gas)**

Customer Service

**Contact:** (800) 992-7552

## **Entergy (Electricity)**

Customer Service

**Contact:** (800) 368-3749

**North Little Rock Administrative Office**

4504 Burrow Drive  
North Little Rock, AR 72116

**Contact:** (501)753-0202

Fax: (501)812-4309

Email: [cccs@fsainc.org](mailto:cccs@fsainc.org)

Website: <http://www.helpingfamilies.org>

Services: Consumer Credit Counseling Service is a private, nonprofit community service that provides money management assistance to individuals and families, assisting them in arranging mutually acceptable debt repayment plans with their creditors. CCCS counselors will help you plan a monthly budget that fits your needs and suggest methods to improve money management and spending habits. For more information on CCCS counseling or to schedule an appointment, call the office closest to your home or place of work.

**Saint Francis House – The Benefit Bank of Arkansas**

2701 South Elm Street  
Little Rock, AR 72209

**Contact:** (501) 664-5036 Ext. 229

Services: Assistance with utility bills by appointment only, call between 8:30 – 1:00am. Must provide photo ID, Social Security card, and proof of income.

**Helping Hand of Greater Little Rock**

1601 Marshal Street  
Little Rock, AR 72206

**Contact:** (501) 372-4388

Services: Open Monday thru Thursday, 9:00 – 1:00pm. If funds are available, may provide up to \$15.00 in support, Social Security card required

## **FOOD PANTRIES**

### **Airport Church of Christ**

8501 Fourche Dam Pike  
Little Rock, AR 72206

**Contact:** (501) 490-9800

Services: Open Wednesdays 9:00 – 1:00pm. ID required, may be served only once per month

### **Amboy Community Food Pantry**

100 Auburn Drive  
North Little Rock, AR 72118

**Contact:** (501) 753-2777

Services: Open Monday & Thursday 9:00 – 12:00pm. Proof or residency in North Little Rock is required. Delivery may be available to shut-ins in emergency situations only.

### **Bullock Temple**

1513 South Park Street  
Little Rock, AR 72202

**Contact:** (501) 375-1581

Services: Monday 10:00 – 1:00pm or by appointment, ID Required.

### **Calvary Baptist Church**

5025 Lynch Drive  
North Little Rock, AR 72117

**Contact:** (501) 945-4174

Services: Open 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays 1:00 – 3:00pm. For Rose City residents ONLY. Proof of address required.

### **Capitol City Free Freewill Church**

6724 West 32<sup>nd</sup> Street  
Little Rock, AR 72204

**Contact:** (501) 562-7158

Services: Open 2<sup>nd</sup> Wednesday of each month 10:00-4:00pm

### **Central Baptist Church of North Little Rock**

6103 Carnegie  
North Little Rock, AR 72120

**Contact:** (501) 771-1125

Services: Food pantry, open Wednesdays, 3:30 – 5:30pm. Located off Landers Road, NOT at the church.

**Christ Temple Outreach Center**

1923 South Arch Street

Little Rock, AR 72206

**Contact:** (501) 376-1664

Services: Open Tuesday & Thursday 10:00 – 1:00pm

**Church at Rock Creek**

11500 West 36<sup>th</sup> Street

Little Rock, AR 72211

**Contact:** (501) 221-1051

Services: Open Monday thru Friday. Call in the mornings between 7:30 & 11:30am to schedule an afternoon appointment. Photo ID required. First time recipients need utility bill to verify address and birth certificates or SS cards for any children under 18. Services available for each person/family at intervals of 5-weeks.

**East Gate Fishing Center**

1900 Pine Street

North Little Rock, AR 72114

**Contact:** (501) 812-0776

Services: Open Wednesday 9:00 – 11:30am

**First Baptist Church**

2015 Main Street

North Little Rock, AR 72114

**Contact:** (501) 758-1525

Services: Open by appointment only.

**First Christian Church Food Pantry**

1500 North Mississippi Street

Little Rock, AR 72207

**Contact:** (501) 225-5656

Services: Open Fridays, 10:30 – 12:00pm. Picture ID required.

**First Christian Church of Sherwood**

2803 East Kiehl Avenue

Sherwood, AR 72120

**Contact:** (501) 835-5505

Services: Open Friday 10:30 – 12:00pm. Picture ID Required.

**First Pentecostal Church Food Pantry**

1401 Calvary Road

North Little Rock, AR 72116

**Contact:** (501) 758-3090



Services: Open Fridays, 1:00 – 5:00pm. Picture ID required.

**First United Methodist Church**

6701 John F. Kennedy Blvd.  
North Little Rock, AR 72116

**Contact:** (501) 835-2201

Services: Open Tuesday 9:30 – 11:00am. Services for North Little Rock and Sherwood residents ONLY! 2 forms of ID required. Vouchers only, \$20.00 for Kroger, \$10.00 for Goodwill.

**Friendly Chapel Church of the Nazarene**

116 South Pine Street  
North Little Rock, AR 72114

**Contact:** (501) 371-0912

Services: Open to all residents of inner-city North Little Rock, call for appointment.

**Gardner Memorial Methodist Food Pantry**

1723 Schaer Street  
North Little Rock, AR 72114

**Contact:** (501) 374-9520

Services: Open Monday & Thursday 1:00 – 3:00pm. Picture ID Required. Serves ONLY residents of North Little Rock.

**Geyer Springs United Methodist Church**

5500 Geyer Springs Road  
Little Rock, AR 72209

**Contact:** (501) 565-3175

Services: Open 2<sup>nd</sup> & 3<sup>rd</sup> Thursday 9:00-12:00pm. Serves residents of the 72209 zip code ONLY. Picture ID required.

**Greater Second Care Center**

5615 Geyer Springs Road  
Little Rock, AR 72209

**Contact:** (501) 569-9988

Services: Open Tuesday thru Thursday 8:00 – 4:00pm. Picture ID required.

**Greater South Temple, (COGIC)**

2326 South Arch Street  
Little Rock, AR 72209

**Contact:** (501) 375-2880

Services: 3<sup>rd</sup> Thursday of each month 4:00 – 5:00pm. Picture ID required.

**Greater Trinity Church of God in Christ**

2400 Wright Avenue

Little Rock, AR 72202

**Contact:** (501) 375-4336

Services: Open 2<sup>nd</sup> Thursday, 9:30 – 12:00pm

**Helping Hand of Greater Little Rock**

1601 Marshall Street

Little Rock, AR 72206

**Contact:** (501) 372-4388

Services: Open Monday – Thursday 9:00 – 1:00pm. Must bring social security Card. Food and inexpensive thrift store clothing available.

**Hunter United Methodist Church & Angel Food Ministries**

3301 Romine Road

Little Rock, AR 72204

**Contact:** (501) 225-7683

Services: Open 3<sup>rd</sup> Saturday 7<sup>00</sup> – 12:00pm

**Immanuel Baptist Church**

10500 West Markham Street

Little Rock, AR 72211

**Contact:** (501) 376-3071 / 225-9013

Services: Open Tuesday 10:00 – 2:00pm. ID and proof of residence required. For children, must prove child is in school.

**Ironton Baptist Church**

14718 Ironton Cutoff

Little Rock, AR 72206

**Contact:** (501) 888-2693

Services: Open 3<sup>rd</sup> Tuesday 9:00 – 12:00pm & the 4<sup>th</sup> Saturday 9:00 – 12:00pm. ID required.

**Jacksonville Care Center**

105 West Main Street

Jacksonville, AR 72076-

**Contact:** (501) 982-4647

Services: Open Monday, Wednesday, & Friday 10:00 – 1:00pm. Serves residents of Jacksonville and surrounding areas 72076 zip code area ONLY. To qualify one must be on food stamps. Must bring proof of Jacksonville residency, Social Security card or birth certificates of each listed family member, pay stubs, and food stamp approval letter.

**Lakeshore Drive Baptist Church**

21 Lakeshore Drive  
Little Rock, AR 72204

**Contact:** (501) 565-5536

Services: Open 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month, ID and proof of address, i.e. utility bill required.

**Life Unlimited Christian Fellowship**

7001 Asher Street  
Little Rock, AR 72204

**Contact:** (501) 568-3600

Services: Open Wednesdays 9:00 – 11:30am. ID required and Social Security cards needed for all family members.

**Little Rock Church – The Benefit Bank of Arkansas**

10701 West Baseline Road  
Little Rock, AR 72209

**Contact:** (501) 455-0900

Services: Open Monday 5:00 – 6:30pm they run a van Sunday mornings between the church and the corner of baseline and Guyer Springs Road to pick people up for breakfast, showers and worship service.

**Little Rock Compassion Center**

3618 West Roosevelt  
Little Rock, AR 72204

**Contact:** (501) 296-9114 / 296-3291

Services: Open Tuesday and Thursday 9:00 – 11:30am & 1:15 – 3:45pm.

**M.L.K. Heritage and Enrichment, Inc.**

3012 MLK Drive  
Little Rock, AR 72206

**Contact:** (501) 244-2041

Services: Call for appointment, can deliver food to low income seniors.

**Mosaic Church of Central Arkansas**

6420 Colonel Glenn Road, Suite #1  
Little Rock, AR 72204

**Contact:** (501) 562-3336

Services: Open Tuesday 1:30pm, must prove that you reside in the 72204 zip code.

**Mount Zion Baptist Church**

908 Cross Street

Little Rock, AR 72202

**Contact:** (501) 374-5832

Services: Open Wednesday 11:00 – 2:00pm & Saturday 10:00 – 12:00pm

### **New Hope Community Outreach**

1851 Howard Street

Little Rock, AR 72202

**Contact:** (501) 376-2164

Services: Open Wednesday, 4:00 – 6:00pm, call ahead to confirm date and time.

### **Park Hill Christian**

4400 John F. Kennedy

North Little Rock, AR 72117

**Contact:** (501) 753-1109

Services: Open Tuesday 10:00 – 12:00pm. Serving North Little Rock residents

### **Promiseland Church Ministries**

3700 West 65<sup>th</sup> Street

Little Rock, AR 72209

**Contact:** (501) 570-0048

Services: By appointment only. ID required. Must complete application.

### **Pulaski Heights United Methodist Church**

4823 Woodlawn Drive

Little Rock, AR 72205

**Contact:** (501) 664-3600

Services: Works to deliver food to needy families on Saturdays. Only delivers to those who have applied for and have been accepted into the food stamp program but have not yet received food stamps. Services solely based on referrals from school counselors and from DHS. Limited to those within the Little Rock city limits.

### **Quapaw United Methodist Church Food Pantry**

1601 South Louisiana

Little Rock, AR 72206

**Contact:** (501) 375-1600

Services: Open 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays 1:00 – 3:00pm. Must bring photo ID.

### **River City Ministries**

1021 East Washington

North Little Rock, AR 72114

**Contact:** (501) 376-6694

Services: Open Tuesdays & Thursdays 9:30 – 10:30am. Must provide photo ID.

**Saint Francis House – The Benefit Bank of Arkansas**

2701 South Elm Street

Little Rock, AR 72209

**Contact:** (501) 664-5036

Services: Open Monday thru Friday 9:00 – 11:00am & 1:00 – 3:00pm.  
Must provide photo ID, Social Security card, and proof of income.

**Saint John Baptist Church, Unto Others**

2501 South Main Street

Little Rock, AR 72206

**Contact:** (501) 975-0900

Services: Open Thursday 8:30am.

**Second Baptist Church**

1709 John Barrow Road

Little Rock, AR 72204

**Contact:** (501) 223-2323

Services: Open Tuesday & Wednesdays 10:00 – 12:00pm, Photo ID required.

**Solid Rock Baptist Church**

5305 Mabelvale Pike

Little Rock, AR 72206

**Contact:** (501) 565-7206

Services: Open Saturday 9:00 – 11:00am.

**Sylvan Hills Community Church Crisis Corner**

8019 Hwy 107

Sherwood, AR 72120

**Contact:** (501) 835-1612

Services: Open Tuesday 10:00 – 12:00pm.

**Temple Baptist Church – Manna from Heaven Food Pantry**

10710 Interstate 30

Little Rock, AR 72209

**Contact:** 501) 537-5793 or (501) 565-4966

Services: Open every other Monday 6:00pm

**Union AME Church Food Cooperative**

1825 South Pulaski Street

Little Rock, AR 72206

**Contact:** (501) 374-3528

Services: Open Wednesday after the 1<sup>st</sup> Sunday & Wednesday before the 4<sup>th</sup> Sunday 1:00pm.

### **Watershed**

3701 Springer Blvd.

Little Rock, AR 72206

**Contact:** (501) 378-0176

Services: Open Monday thru Friday 8:00am – 5:00pm. Call before coming to make sure food is available. Appointments and referrals are preferred. Social Security card or number is preferred.

### **FOOD STAMPS**

#### **Arkansas Department of Human Services**

1101 Dr. Martin Luther King Drive

Little Rock, AR 72202

**Contact:** (501) 682-9200

Website: <http://www.arkansas.gov/dhs/homepage.html>

Services: There are several different locations in Pulaski County; you should apply according to your zip code. Submit an application and within a few weeks you may receive food assistance, felons with drug convictions are excluded.

## **FURNITURE**

### **Saint James United Methodist Church**

321 Pleasant Valley Drive

Little Rock, AR 72212

**Contact:** (501) 225-7372

Website: [www.jefferyje@gmail.com](mailto:www.jefferyje@gmail.com)

### **S.O.A.R. Network**

4524 West 10<sup>th</sup> Street

Little Rock, AR

**Contact:** (501) 255-0529

Website: [www.dennis@soarnetwork.org](mailto:www.dennis@soarnetwork.org) &

<http://www.soarnetwork.org/content>

Services: The SOAR Network is an ambitious initiative that seeks to bring together service agencies, churches and congregations, businesses, volunteers, and the homeless to develop a customer driven, comprehensive, coordinated approach to the problem of homelessness in our community.

### **Union Rescue Mission**

2921 Confederate Blvd

Little Rock, AR 72204

**Contact:** (501) 374-1109

Services: Emergency referral due to fires from RED CROSS with the client's fire report.

## HEALTHCARE SERVICES

### **ARKids First**

**Contact:** 888-474-8275(English), 800-482-8988(Spanish)

Website: <http://www.arkidsfirst.com/home.htm>

Services: ARKids First provides health insurance to children who otherwise might not get medical care. The program offers two coverage options.

ARKids A offers low-income children a comprehensive benefits package.

ARKids B provides limited coverage for slightly higher income families.

ARKids B requires a small co-pay for most services.

### **Arkansas Health Care Access Foundation Inc.**

P.O. Box 56248

Little Rock, AR 72215

**Contact:** (501) 221-3033

Services: Open Monday thru Friday 8:30 – 5:00pm. For low income, medically uninsured Arkansans. Go to your County Health Department to begin the application process. Process takes 5 – 7 working days.

### **Arkansas Children’s Hospital**

#### **General Pediatric & After Hours Clinic**

800 Marshal Street

Little Rock, AR 72202

**Contact:** (501) 364-1202

Services: Open Monday thru Friday, for children, hours of operation vary, Saturday & Sunday, 9:00 – 8:00pm

### **Center for Health Advancement**

A. Maternal and Child Health, LR (501) 661-2199

B. WIC, LR (501) 661-2079

C. Immunizations, LR (501) 661-2169

D. AIDS/STD, LR (501) 661-2408

E. Center for Health Protection (501) 661-2243

**Contact:** 1-800-275-1131 or call your local county Health Department

Website: [www.healthylarkansas.com](http://www.healthylarkansas.com)

### **Christian Community Care Clinic**

220 West South Street (Exit #116)

Benton, AR 72205

**Contact:** (501) 776-1703

Services: Appointment required, uninsured Saline County residents ONLY, ID required, Call for appointments and requirements.



**College Station Clinic**

4206 Frazier Pike

College Station, AR 72053

**Contact:** (501) 490-2240

Services: Open Mondays, 8:00 – 6:30pm, Tuesday thru Thursday, 8:00–5:00pm, Friday, 8:00 – 12:30pm, appointments recommended, proof of income and two forms of ID required. Minimum co-pay of \$15.00 depending on income

**Esperanza “Hope” Clinic (Spanish)**

6111 West 83<sup>rd</sup> Street

Little Rock, AR 72209

**Contact:** (501) 240-8439

Services: Primary care clinic, open Thursday, 6:00 – 9:00 pm, primarily serving clients in the 72209 zip code area.

**Harmony Clinic**

201 East Roosevelt Road

Little Rock, AR 72206

**Contact:** (501) 375-4400

Services: Open Thursdays, 9:00 - 4:00pm, Saturdays: 8:00 – 4:00pm, appointments required, proof of income and ID required

**John L. McClellan Veterans Hospital**

4300 West 7<sup>th</sup> Street

Little Rock, AR 72205

**Contact:** (501) 257-1000

Services: Medical care and treatment for veterans ONLY.

**Maumelle Medical Center**

501 Millwood Circle, Suite E

Maumelle, AR 72113

**Contact:** (501) 803-9990

Services: Open Monday thru Friday, 9:00 – 5:00pm

**Network of Wellness**

801 Scott Street

Little Rock, AR 72201

**Contact:** (501) 221-7238

Services: Open Monday thru Friday 8:00am – 5:00pm, specializing in geriatric psychiatry.

**Open Hands Clinic**

1225 Martin Luther King Jr. Drive  
Little Rock, AR 72202

**Contact:** (501) 244-2121

Services: Open Monday thru Friday, 8:30 – 5:00pm. Appointments preferred, proof of income & ID required, must be homeless, in shelter, or in transitional housing.

**Pulaski County Central Health Unit**

3915 West 8<sup>th</sup> Street  
Little Rock, AR 72204

**Contact:** (501) 280-3100

Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Free or low cost health screenings, birth control, STD, HIV / AIDS testing and referrals. No physicals.

**Jacksonville Health Unit**

3000 North 1<sup>st</sup> Street  
Jacksonville, AR 72076

**Contact:** (501) 982-7477

Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Free or low cost health screenings, birth control, STD, HIV / AIDS testing and referrals. No physicals.

**North Little Rock City Health Department**

2800 North Willow  
North Little Rock, AR 72114

**Contact:** (501) 791-8551

Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Low cost health screenings, minimum \$5.00 fee birth control, STD, HIV / AIDS testing immunizations, and referrals. No physicals.

**River City Ministry**

1021 East Washington  
North Little Rock, AR 72114

**Contact:** (501) 376-6694

Services: Open Monday & Thursday, 9:00 – 3:00pm, Sunday, 1:30 – 4:30pm, appointment only, Call Monday at exactly 9:00am for appointments, eligibility; adults, no insurance, no Medicare or VA benefits, & income below 200% of poverty level

**Saint Francis House**

2701 South Elm Street  
Little Rock, AR 72204

**Contact:** (501) 664-5036

Services: Open Monday thru Friday 9:00 – 11:00am & 1:00 – 3:00pm. Will fill prescriptions or refill from the bottles if refills are warranted. Must provide photo ID, Social Security card, and proof of income

**Saint Francis House Clinic**

2701 South Elm Street, 3<sup>rd</sup> floor  
Little Rock, AR 72204

**Contact:** (501) 664-5036

Services: Appointments required, call 552-3241 on Fridays. Appointments available Tuesdays 10:00 – 2:00pm, Wednesdays, 8:30 – 1:30pm. Proof of income and ID required

**Saint Vincent - Gardner Memorial Community Clinic**

1723 Schaer Street  
North Little Rock, AR 72114

**Contact:** (501) 374-8852 or (501) 374-9520

Services: Appointments encouraged, Mondays 9:00 – 2:00pm Serves uninsured or underinsured ONLY.

**Saint Vincent - Glenview Community Clinic**

4800 East 19<sup>th</sup> Street  
North Little Rock, AR 72117

**Contact:** (501) 945-7743

Services: Appointments required, call 552-3241 on Fridays. Appointments available Thursdays, 9:00 – 2:00pm. Proof of income and ID required.

**Saint Vincent Health Clinic East**

2500 East 6<sup>th</sup> Street  
Little Rock, AR 72202

Contact: (501) 552-4710 / 552-3241

Services: Open Monday thru Thursday, 8:00 – 4:30pm, Friday, 8:00 – 12:00pm, fees based on sliding scale, proof of income required \$30.co-pay

**Shepherds Hope, Neighborhood Health Center**

2404 Tyler Street  
Little Rock, AR 72204

**Contact:** (501) 614-9523

Services: Appointments only, open Thursday 5:30 – 9:00pm, 4<sup>th</sup> Tuesday Women's Gynecology Clinic, 6:00 – 9:00pm, serving the 72204 zip code. Proof of residency required

**Stew Pot, First Presbyterian Church**

800 Scott Street

Little Rock, AR 72201

**Contact:** (501) 372-1804

Services: Medical screenings with a Dr. and a nurse Friday, 12:00–1:00pm

**Timber Ridge Ranch NeuroRestorative Services**

15000 Highway 298

Benton, AR 72019-9282

**Contact:** (800)743-6802

Email: [neuroinfo@thementornetwork.com](mailto:neuroinfo@thementornetwork.com)

Website: <http://www.neurorestorative.com/locations/arkansas/timber-ridge>

Services: NeuroRestorative Timber Ridge offers a continuum of community-based, inpatient treatment and supported living programs for children and adults with brain injury and other neurological challenges. Established in 1984, NeuroRestorative Timber Ridge is one of the largest pediatric brain injury facilities in the country and has helped hundreds of children and adolescents receive the specialized supports, therapies and education they need in a setting that promotes growth and independence.

**Tobin Healthcare & VA Medical Center**

2200 Fort Roots Drive

North Little Rock, AR 72114

**Contact:** (501) 257-1000

Services: Medical care, treatment and domicile available to veterans ONLY.

**UAMS Clinics**

4301 West Markham

Little Rock, AR 72205

**Contact:** (501) 686-8000 Ext. 2

Website: [www.uams.edu](http://www.uams.edu)

Services: Open Monday thru Friday, 7:30 – 5:00pm, appointments required, proof of income and ID required, co-pay of \$50.00 required

**Westside Free Clinic**

2000 Aldersgate Road

Little Rock, AR 72205

**Contact:** (501) 664-0340

Services: Hours of operation vary, appointments required, language help available.

## **HIV/AIDS TESTING AND RESOURCES**

### **The Arkansas AIDS Foundation**

PO Box 1208

LR AR 72203

**Contact:** (501) 376-6299

Services: Help find housing for people with AIDS, to those 18+.

Open: 8:00 am -5:00 pm

### **Planned Parenthood**

5921 W 12th Street Suite B & C

Little Rock, AR 72204

**Contact:** (501) 801-0001

Fax: (501) 801.205

Website: <http://www.plannedparenthood.org/health>

Services: HIV Testing to those 13+. **English; Spanish;** Interpretation by telephone available for other languages. If you need translation services for any language besides Spanish, please call our health center at least three days before your appointment so that we can make the proper arrangements.

Open: Monday: 10 am to 7 pm, and Tuesday thru Friday from 8 am to 5pm

### **Pulaski County Central Health Unit**

3915 West 8th

Little Rock AR 72204

**Contact:** (501) 280-3100

Fax: (501) 280-3352

Services: Walk-ins welcome, proof of income and ID required. Free or low cost STD, HIV / AIDS testing and referrals. HIV testing from 8-9:30 and from 12:30 to 1:30 to those 13+.

Open: Monday thru Friday, 8:00 am – 4:30 pm

### **Pulaski County STD Clinic**

3915 West 8<sup>th</sup> Street

Little Rock, AR 72204

**Contact:** (501) 280-3100

Services: Walk-ins welcome, proof of income and ID required. Free or low cost STD, HIV / AIDS testing and referrals.

Open: Monday thru Friday, 8:00 – 4:30pm, HIV testing from 8-9:30 and from 12:30 to 1:30 to those 13+.

**Helping People with AIDS**

1021 Jessie Rd. Suit Q

Little Rock AR 72202

**Contact:** (501) 666-6900

Services: Utility and Rental Assistance from 11-4 to those 18+.

**Open Hands Center**

1225 Martin Luther King Dr.

Little Rock AR 72202

**Contact:** (501) 224-2121

Services: HIV Testing as well as regular clinical checks (high blood pressure, diabetes, physicals etc)

Open: HIV Testing on the 2<sup>nd</sup> or 4<sup>th</sup> Tuesday 9 am - 11 am

**Any Lab Test Now**

17200 Chenal Pky Suite 160

Little Rock AR, AR. 7223-5960

**Contact:** (501) 821-1177

Services: Blood, DNA, STD, Paternity Testing Center

Open: Weekdays 8:30 am- 6:30pm; Sat 9 am-2 pm

**HIV, DNA, STDS**

Private Testing Center

**Contact:** 1 (888) 249-6716

Open: 7:00 -9:00 Monday-Thurs, 7:00-7:00 Fri, Sat 7:00-4:00

**Rapid HIV Testing**

**Contact:** (866) 867-0393

Open: Varies

**STD Test Express**

**Contact:** (888) 215-3543

Open: 8:00-6:00

## **HOUSING & SHELTERS**

### **ABBA House**

1012 South Oak  
Little Rock, AR 72204

**Contact:** (501) 666-9718

Services: Provides shelter for homeless and/or pregnant women, Non-pregnant women can stay up to 3-months, pregnant women can stay up to 2-4 weeks after the child is born, no drug problems or mental illness, Administered by Missionaries of Charity.

### **The Center Youth Emergency Shelter**

6425 West 12<sup>th</sup> Street  
Little Rock, AR 72204

**Contact:** (501) 666-8686

Services: Shelter for homeless and runaway youth, ages 8 to 18, wheelchair accessible, and children can stay up to 45 days

### **Dorcas House - A Division of Union Rescue Mission**

823 South Park Street  
Little Rock, AR 72202

**Contact:** (501) 374-4022

Services: We provide emergency services like food, shelter, clothing and crisis intervention to more than 400 women and children annually. We offer a nine month Domestic Violence Recovery Program led by licensed Christian therapists for women and children in domestic abuse situations, male children allowed up through 17 years of age. 50 beds available for women and children.

Recovery Program: 9 month recovery program for women with substance or alcohol addiction. Children are NOT permitted to remain with women in the Recovery Program. Wheelchair accessible.

### **Firm Foundation Ministries**

2200 East Broadway  
North Little Rock, AR 72114

**Contact:** (501) 945-7412

Services: Men's homeless shelter and half way house. Day labor and job placements for residents ONLY.

### **Florence Crittenden Home**

3600 W. 11<sup>th</sup>  
Little Rock, AR 72204

**Contact:** (501) 663-0772

Services: Emergency shelter for DHS children ages 6-17

**Freewill Baptist Family Ministries.**

3600 West 11<sup>th</sup> Street  
Little Rock, AR 72204

**Contact:** (501) 663-3129

Services: Emergency shelter for DHS involved children ages 6 to 17, open 24 hours, serves males & females, serves sibling groups, must have IQ above 70 and be able to attend school, open 24 hours. Formerly Florence Crittenton Services.

**Gaines House**

1702 Gaines Street  
Little Rock, AR 72206

**Contact:** (501) 376-4015

Services: Transitional home for women with disabilities. Call for cost and other information.

**Hicks Mattie Sober Living Home for Women**

2020 South Main Street  
Little Rock, AR

**Contact:** (501) 374-0015

Services: Women's Rehab center and shelter.

**Hoover Treatment Center**

4000 West 13<sup>th</sup> Street  
Little Rock, AR 72204

**Contact:** (501) 663-9621

Services: Shelter for post-treatment drug addicted clients, outpatient treatment available

**Little Rock Compassion Center (Men's)**

3618 West Roosevelt Road  
Little Rock, AR 72204

**Contact:** (501) 296-9114

Services: Men's homeless shelter must have ID and be over 18

**Little Rock Compassion Center (Women's)**

4210 Asher Avenue  
Little Rock, AR 72204

**Contact:** (501) 663-2972

Services: Women's homeless shelter must have an ID and be over 18

**Little Rock Housing Authority**

100 Arch Street  
Little Rock, AR 72201



**Contact:** (501) 340-4821

Services: Must meet HUD and Public Housing Authority requirements as to income, citizenship status. Those with a misdemeanor conviction are not eligible to apply for 3 years and those with a felony conviction are not eligible to apply for 7 years. No sex offenders.

**Cumberland Towers**

311 East 8<sup>th</sup> Street

Little Rock, AR 72202

**Contact:** (501) 340-4724

Services: Must be over 50 years of age with no dependants.

**Fred W. Paris Towers**

1800 South Broadway

Little Rock, AR 72206

**Contact:** (501) 340-4752

Services: Must be over 50 years of age with no dependants.

**Jesse Powell Towers**

1010 Wolfe Street

Little Rock, AR 72206

**Contact:** (501) 340-4766

Services: Must be over 18 years of age with no dependants.

**Sunset Terrace**

2800 Battery Street

Little Rock, AR 72206

**Contact:** (501) 340-4730

**Mission Global Ministries**

3719 East Broadway

North Little Rock, AR 72114

**Contact:** (501) 945-2645 / 945-0339

Services: Men's homeless shelter & halfway house for men on parole

**Missionaries of Charity**

1014 South Oak

Little Rock, AR 72204

**Contact:** (501) 663-3596

Services: Provides administrative support for the women's shelter ABBA House.

**Nehemiah House**

A Division of Union Rescue Mission

3000 Confederate Blvd  
Little Rock, AR 72206

**Contact:** (501) 374-1108 or (501) 607-3837

Website: [www.urmission.org](http://www.urmission.org)

Services: Men's homeless shelter, 4-free days per month, after that \$6.00 per day includes breakfast and dinner.) You must be out of the building daily by 7:00am. Once in at night you cannot leave and re-enter. Smoking, cell phones, drugs and alcohol not permitted on the property.

Work Program – 24 bed facility for working homeless – This program is 6 months and for the working homeless. The facility is a smoke free facility and campus. \$6/day cost after 4 free days per month

Recovery Program – 32 bed facility – 9 month recovery program that is Christian in nature. Non smoking

### **North Little Rock Housing Authority**

2201 Division

North Little Rock, AR. 72114

**Contact:** (501) 758-8911

Services: Our mission is to provide decent, safe and sanitary housing within the financial reach of low-income families, and elderly and disabled persons.

### **Pulaski County Tennant Based Rental Assistance Program**

South Broadway

Little Rock, AR 72205

**Contact:** (501) 340-8230 or (501) 340-6157

Service: Emergency rental assistance.

### **Our House**

302 East Roosevelt

Little Rock, AR 72206

**Contact:** (501) 375-2416 / 374-7383

Services: Working shelter for men, women, and families, wheelchair accessible, long term shelter available (up to 2-years). Many educational programs, meals, clothing and classes available, domestic violence recovery. Must be working a minimum of 32 hours a week soon after moving in.

### **Saint Francis House**

2710 South Elm Street

Little Rock, AR 72204

**Contact:** (501) 664-5036

Services: Homeless shelter for veterans, administered thru the VA Drop in house

**Salvation Army**

1111 West Markham

Little Rock, AR 72201

**Contact:** (501) 374-8636

Services: Emergency shelter for men, women, and families, opens at 4:30pm

**Simone's Home**

P.O. Box 45964

Little Rock, AR 72214

**Contact:** (501) 772-4987

Website: [www.simoneshome.com](http://www.simoneshome.com)

Services: Residence for girls ages 12 – 18 programs to help them become self-sufficient women after leaving foster care. Life skill classes, career preparation programs, and mentoring.

**Sober Living**

4201 John Barrow Road

Little Rock, AR 72204

**Contact:** (501) 562-0507

Services: In patient drug and alcohol abuse treatment facility. Minimum stay of 6- months, fee based programs. Court approved alternative to incarceration.

**VA Drop-in Center**

1101 West Center

Little Rock, AR 72201

**Contact:** (501) 257-4499

Services: Provides access for veterans to VA programs including the Saint Francis House listed below.

**Women and Children First**

Address Withheld

Little Rock, AR

**Contact:** (501) 376-3219

Website: [www.wcfarkansas.org](http://www.wcfarkansas.org)

Services: Shelter for women and children in domestic abuse situations, male children allowed up to age 18, must be drug and alcohol free, women must be over 18 or emancipated

## **INTERNAL REVENUE SERVICE (IRS)**

700 West Capitol, Room 1201

Little Rock, AR 72201

**Contact:** (800) 829-1040

Website: [www.irs.gov](http://www.irs.gov)

Services: The IRS is responsible for collecting taxes and the interpretation and enforcement of the IRC (Internal Revenue Code). If you need to resolve a tax problem, have questions about how the tax law applies to your individual tax return, or you're more comfortable talking with someone face-to-face, visit your local Taxpayer Assistance Center where you can spread out your records and talk with an IRS representative across the counter. No appointment is necessary - just walk in

Open: Monday thru Friday 8:30 – 4:30pm

## **LATINO SERVICES**

### **Hola! Arkansas Hispanic Media & Publishing Co., LLC**

P.O. Box 25743

Little Rock, Arkansas 72221-5743

**Contact:** (501) 771-5007 or (877) 568-1206

Website: <http://www.hola-arkansas.com>

Services: Hola! Arkansas is a newspaper covering race & ethnic society and culture. Hola! Arkansas provides both English and Spanish language news and views to the Hispanic community of Little Rock.

### **Little Rock Mexican Consulate**

3500 S. University Ave.

Little Rock, AR 72204

**Contact:** (501) 372-6933

Fax: (501) 372-6109

Email: [consulmexlir@sbcglobal.net](mailto:consulmexlir@sbcglobal.net)

## LEGAL SERVICES

### **ACLU American Civil Liberties Union**

904 West 2<sup>nd</sup> Street  
Little Rock, AR 72201

**Contact:** (501) 374-2660

Services: The Provides Legal Representation in selected Cases involving a violation of Civil Liberties. The ACLU and ACLUF are dedicated to promoting, defending and expanding civil liberties in Arkansas. These liberties include free speech, religious freedom, racial and ethnic justice, due process, privacy, LGBT (Lesbian Gay Bisexual Transgender) rights, and reproductive freedom.

### **Arkansas Legal Services Partnership**

303 West Capitol Avenue, Suite #200  
Little Rock, AR 72201

**Contact:** (800) 952-9243 or (501) 376-3423

Website: [www.arlegalservices.org](http://www.arlegalservices.org)

Services: Free legal assistance to low income people in non-criminal cases, call help line Monday thru Friday, 9:00 – 11:00am & 1:00 – 3:00pm

### **Disability Rights Center**

1100 North University Avenue, Suite #201  
Little Rock, AR 72207

Services: Free legal assistance to people with disabilities

**Contact:** (501) 296-1775 or (800) 482-1174

On-Line Information on Free Legal Services in Arkansas

[www.usattorneylegalservices.com/free-legal-aid-Arkansas.html](http://www.usattorneylegalservices.com/free-legal-aid-Arkansas.html)

### **UALR, William H. Bowen School of Law**

Legal Clinic  
1201 McMath Avenue  
Little Rock, AR 72202-5142

**Contact:** (501) 324-9441

Website: [www.law.ualr.edu/academics/clinical\\_programs/](http://www.law.ualr.edu/academics/clinical_programs/)

Services: Free legal assistance to people with disabilities, tax services, Divorce cases involving abuse. Usually January or August (at the beginning of each semester). Free mediation clinic for special education students and their families.



## **Mail Service**

### **Downtown Post Office**

600 East Capitol Avenue  
Little Rock, AR 72202

**Contact:** (501) 375-5155

Services: Have your incoming mail addressed to you care of (C/O)  
Downtown Post Office, Little Rock, AR 72202

### **River City Ministry**

1021 East Washington  
North Little Rock, AR 72114

**Contact:** (501) 376-6694

Services: Mail may be received here by prior arrangement.



## **MEALS**

### **Friendly Chapel Church of the Nazarene**

116 South Pine Street  
North Little Rock, AR 72114

**Contact:** (501) 371-0912

Services: Lunch served November thru March & June thru August 11:00 – 12:00pm

### **Levy Baptist Church**

3501 Pike Avenue  
North Little Rock, AR 72115

**Contact:** (501) 753-7347

Services: Snack lunches served Monday thru Friday 8:00 – 3:00pm

### **Quapaw Quarter United Methodist Church**

Stone Soup Hot Meals  
1601 South Louisiana Street  
Little Rock, AR 72206

**Contact:** (501) 375-1600

Services: Meal service Sundays only 3:00pm

### **River City Ministry**

1021 East Washington Avenue  
North Little Rock, AR 72214

**Contact:** (501) 376-6694

Services: Monday thru Thursday Bible Study and Lunch 11:30- 12:30pm

### **Salvation Army**

1111 West Markham Street  
Little Rock, AR 72203

**Contact:** (501) 375-5625

Services: Breakfast served Monday thru Friday, 6:00 – 7:00am

Dinner served Monday thru Friday, 5:30 – 6:30pm

Breakfast served Monday thru Friday, 7:00 – 8:00am

Lunch served Saturday & Sunday, 11:30 – 12:30pm

Dinner served Saturday and Sunday, 5:30 – 6:30pm

### **Stew Pot, First Presbyterian Church**

800 Scott Street  
Little Rock, AR 72201

**Contact:** (501) 372-1804

Services: Free lunch served Monday thru Friday, 12:00 – 1:00pm. Not handicapped accessible.

**St. Marks Baptist Church**

5722 West 12<sup>th</sup> Street

Little Rock, AR 72204

**Contact:** (501) 663-3955

Website: <http://www.smark.org/content>

Services: Open 2<sup>nd</sup> Saturday of each month 10:00 – 1:00pm

# **PULASKI COUNTY CIRCUIT COURTS JUVENILE DIVISION - JUVENILE**

## **JUSTICE COMPLEX**

3001 W. Roosevelt Road  
Little Rock, AR. 72204

**Contact:** (501) 340-6700

**Services:** The juvenile division of the circuit courts handles cases involving juveniles and their families relating to dependency/neglect, delinquency, truancy, paternity and FINS (Family in Need of Services).

**Process:** When a complaint is filed, an intake officer reads the complaint to the juvenile whom the complaint has been filed against and his/her parents/guardians. The juvenile tells his/her side of the story and they all discuss the behavior and possible consequences. The intake officer completes the investigation and sends it to the prosecuting attorney's office. An attorney reviews the information and decides whether or not to take the juvenile to court.

## **FINS**

FINS stands for Family In Need of Services. A FINS petition is a lawsuit filed by a family member or other concerned person against a juvenile asking the court for help. The purpose of the FINS is to offer court assistance to the juvenile and the family. An at-risk juvenile is a family problem and usually requires family participation to help solve it.

# **SOCIAL SECURITY ADMINISTRATION**

## **Little Rock Social Security Office**

700 West Capitol, Room 1201

Little Rock, AR 72201

**Contact:** 1-866-772-1213 - 1-800-772-1213

Website: <http://www.ssa.gov>

Services: For general information and services, call 7:00 – 7:00pm. Provides Social Security cards and social security benefits. Open Monday thru Friday 9:00 – 4:00pm

## **Sherwood Social Security Office**

3608 East Kiehl

Sherwood, AR 72120

**Contact:** (501) 833-9520

Services: Open Monday thru Friday 9:00 – 4:00pm.

# **SUBSTANCE ABUSE**

## **List of State-approved Providers**

<http://www.arkansas.gov/dhs/dmhs/ADAP%20Providers.htm>

### **Inpatient Treatment Facilities (Short Term)**

#### **Arkansas Cares**

4301 West Markham Street, Lot 711-1  
Little Rock, AR 72205

**Contact:** (501) 661-7979

Website: <http://www.methodistfamily.org/>

Services: Inpatient and long term treatment for women with children.  
Children must fit age requirement.

Fees: Call for fees and restrictions

#### **Baptist Medical Center**

9601 Interstate 630  
Little Rock, AR 72204

**Contact:** (501) 202-2893

Website: [www.baptist-health.com](http://www.baptist-health.com)

Services: Inpatient detox and dual diagnosis treatment for all drugs and alcohol. NO METHADONE. If client is indigent, must be screened through ER. Cannot go in asking for detox—present to ER with symptoms and allow psych screener or ER staff to make that referral for indigent clients. May want to ensure that client's private insurance covers substance abuse otherwise they are indigent for this type of treatment.

Fees: Medicaid, Medicare, or private insurance needed.

#### **Bridgeway Hospital**

21 Bridgeway Road  
North Little Rock, AR 72113

**Contact:** (501) 771-1500

Website: <http://www.thebridgeway.com/>

Services: Inpatient detox and dual diagnosis treatment for all drugs and alcohol including methadone.

Fees: Medicare and private insurance only. May want to ensure that client's private insurance covers substance abuse otherwise; they are indigent for this type of treatment.

#### **Hoover Treatment Center**

4000 West 13th Street  
Little Rock, AR 72204

**Contact:** (501) 663-4774

Website: <http://www.bcdinc.org/>

Services: Inpatient/long term residential treatment and out-patient for Drug and Alcohol (Accepts amphetamines, meth, and cocaine). NO DETOX.

Program has enhancement services, such as work program. You must call for entry. Fees: call for fees

### **Horizon (Western Arkansas Counseling and Guidance Center, Inc.)**

Fort Smith, AR. (Sebastian County)

**Contact:** (479)478-6664

Website: <http://www.wacgc.org/>

Services: Comprehensive in scope, utilizes a strong interdisciplinary approach in the treatment of co-occurring psychiatric and substance abuse problems.

### **Light House Mission (Male Only, Residential Treatment/Drug and Alcohol)**

4800 Confederate Blvd.

Little Rock, AR 72206

**Contact:** 501-374-5399

Website: [www.lhmm.org](http://www.lhmm.org)

### **Mid-Arkansas Substance Abuse Services**

4601 West 7th Street

Little Rock, AR 72205

**Contact:** (501) 686-9393

Website: [www.littlerockcommunityhealth.org](http://www.littlerockcommunityhealth.org)

Services: Detox center for Pulaski, Lonoke, Prairie, and Saline Counties. Provide seven day detox for alcohol and opiates, and twenty-three hour observation for meth, amphetamines, and cocaine. Twenty one day treatment for court ordered clients. NO METHADONE. Must call to complete phone screening prior to admittance, no walk-ins are accepted. Must have ID, and proof of income. If client has history of DT's or other medical problems when detoxing, refer to ER or hospital as this is a "drying center" and has no medical capabilities. We will not accept clients who are suicidal. If client has mental illness or other physical illness, must have medications. If a client lives outside Pulaski, Lonoke, Prairie, or Saline Counties, they would be serviced by a different detox facility.

Fees: \$25 admittance fee. Other fees may be assessed depending on client's ability to pay.

### **Veterans Substance Abuse Treatment Services**

2200 Fort Root Drive  
North Little Rock, AR 721189

**Contact:** (501) 257-1000

Services: Must be processed through Veteran's ER. Veterans ONLY!  
Co-ed facility.

Fee: call for fees

## **Substance Abuse: Long Term Treatment Facilities**

### **Chance Sobriety**

12127 Gabriel Lane  
North Little Rock, AR 72118

**Contact:** (501) 851-8484

Services: Long term treatment a coed facility with work program. Client must be able to work or have a job. Program will transport client to and from work as needed. Fee: call for fees

### **Compassion Center**

3618 West Roosevelt Road  
Little Rock, AR 72204

**Contact:** (501) 296-9114

Website: <http://www.lrcompassioncenter.org/>

Services: Long term treatment facility for men and women. You must speak with shelter staff to enter program. Fee: 75% of income if working or on disability. Chores are done in shelter in exchange for fee if unemployed.

### **Deborah G. Dunston Center (Quapaw House Inc.)**

179 Dunston Rd.  
Mt. Ida AR 71957 (Montgomery County)

**Contact:** (870) 867-2266

Website: <http://www.quapawhouseinc.org/>

Services: Substance abuse and rehabilitation center, counseling, education and mental health services to ages 13–18. In-patient program open 8-4:30, and available by phone 24/7.

### **Dorcus House**

A Division of Union Rescue Mission  
823 South Park Street  
Little Rock, AR 72202

**Contact:** (501) 374-4022

Services: Long term treatment for women (8 month program). You must complete interview with facility before entering program.

Fee: \$75 deposit which is returned if client completes program

**Gyst House (In and Out-Patient)**

8101 Frenchmans Lane  
Little Rock, AR 72209

**Contact:** (501) 568-1682

Services: Coed long term treatment facility. Must not need detox and must be able to work. They will take parolees and court ordered clients.

Fees: \$250 entry fee

**Hazelstreet Recovery Center (Long-Term Treatment for Adolescent Males)**

1217 Hazel Street  
Texarkana, TX. 75501 (Bowie County)

**Contact:** (903) 791-0385

Fax: (903) 791-0743

Website: [www.hazelstreetrecoverycenter.com](http://www.hazelstreetrecoverycenter.com)

Services: The Hazel Street Recovery Center is a 24 bed adolescent treatment center for young men ages 14 through 18 years of age. At Hazel Street Recovery Center, we believe treatment must address the needs of the whole person and their family. Chemical Dependency is a primary disease with biological, psychological and social components. Treatment of the adolescent population further necessitates intervention in the dimensions of family issues and academic progress. We must meet these needs through a variety of tasks and activities.

**Little Rock Outreach (Long-Term Treatment for Adolescent Females)**

100 South University, Suite 206  
Little Rock, AR. 72205

**Contact:** (501) 804-5242

Website: [www.littlerockoutreach.com](http://www.littlerockoutreach.com)

Services: The Little Rock Outreach Foundation was founded with a single purpose, to provide financial support to those who want to fight the growing addiction issues in Arkansas. *Fair Park House* provides a residential environment for young women ages 17-27. *Summit House* is for women who have demonstrated the skills necessary to maintain sobriety and begin to be more self sufficient.

**Nehemiah House**

A Division of Union Rescue Mission  
3000 Confederate Blvd  
Little Rock, AR 72216

**Contact:** (501) 370-0808 ext. 102

Website: [www.urmission.org](http://www.urmission.org)



Services: Long term treatment for men (8 month program)  
Fee: \$75 deposit which is returned if client completes program

### **Quality Living**

3925 Asher Avenue  
Little Rock, AR 72204

**Contact:** (501) 663-3490 Fax: (501) 663-3446

Website: <http://www.qualitylivingcenter.org/>

Services: Long term coed treatment facility. Hours of operation: Monday-Friday, 8 a.m. — 5 p.m. Fees: call for fees

### **Recovery Centers of Arkansas Recovery Residence/Housing Program**

#### **-Williamsburg**

6301 Father Tribou  
Little Rock, AR 72205

**Contact:** (501) 907-7490

#### **-Steeplechase Apartments**

6225 Father Tribou  
Little Rock, AR 72205

**Contact:** (501) 907-7495

#### **-Riverbend**

1201 River Road  
North Little Rock, AR 72114

**Contact:** (501) 372-4611

Website: [www.rcfa.org](http://www.rcfa.org)

**Services:** Recovery Centers of Arkansas provides Chemical free living space to adults progressing successfully in recovery. The goal of the program is to provide a clean, safe, drug-free environment for individuals in substance abuse treatment. Weekly contact with the staff is provided to ensure continued eligibility and encourage behaviors consistent with the goals of the program.

**Fees:** call for fees.

### **Rivendell Behavioral Health Services (In-Patient)**

100 Rivendell Drive  
Benton, AR 72019 (Saline County)

**Contact:** 501-316-1255 / 1-800-264-5640

Website: <http://rivendellofarkansas.com/>

### **Serenity Park**

2801 West Roosevelt Road

Little Rock, AR 72204

**Contact:** (501) 663-7627

Website: <http://www.serenitypark.org/>

Services: Long term treatment for men and women. Must detox first! Client must complete interview before entering program. Indigent beds available each month. Seeker must call and request indigent bed for client at beginning of the month.

Fees: call for fees.

### **Sober Living**

4201 Borrow Road

Little Rock, AR 72204

**Contact:** (501) 562-0507

Services: Long term coed treatment facility.

Fees: call for fees

### **The Recover (Baptist)**

9601 I-630

Little Rock AR

**Contact:** (501) 202-4636

Services: Offers treatment for Alcohol, opiates, barbiturates, and prescription narcotics addiction. Offers short term (3-5 days) and outpatient counseling/treatment. 24/7 and 18+

## **Substance Abuse Outpatient Treatment Facilities**

### **Hoover Treatment Center**

4000 West 13th Street

Little Rock, AR 72204

**Contact:** (501) 663-4774

Website: <http://www.bcdinc.org/>

Services: Inpatient/long term residential treatment and out-patient for Drug and Alcohol (Accepts amphetamines, meth, and cocaine). NO DETOX.

Program has enhancement services, such as work program. You must call for entry. Fees: call for fees

### **Catar Clinic**

1401 South University

Little Rock, AR 72204

**Contact:** (501) 664-7833

Website: <http://www.catarclinic.com/>

Services: Outpatient methadone treatment

**Counseling Clinic, Inc.**

**Community Mental Health Center**

307 East Sevier Street

Benton, AR 72015 Jim Gregory, Executive Director

E-Mail: [jgregory@cc-inc.org](mailto:jgregory@cc-inc.org)

Joyce Schimenti, Site Supervisor

E-Mail: [jschimenti@cc-inc.org](mailto:jschimenti@cc-inc.org)

Phone: 501-315-4224

Fax 501-776-0411

**Family Counseling & Recovery Centers**

7509 Cantrell Rd, Suite 213

Little Rock, AR 72207

**Contact:** (501) 501-663-3260

**Services:** Outpatient alcohol, drug, group, and mental health counseling.  
Open 8:30-5:00 serving clients 10 and older.

**Family Service Agency Counseling & Education Program (Family Service Agency)**

628 W. Broadway, Suite 300,  
North Little Rock

**Contact:** (501) 372-4242 Fax: 501-372-6565

**Website:** <http://www.helpingfamiliesfirst.org/>

**Services:** Offers counseling for clinical issues, driving while intoxicated, anger management, debt management, and multiple offenders. Open 8:00-5:00, Monday-Friday, clients must be 17+.

**Mid-Arkansas Substance Abuse Services (Sobering Center)**

4601 West 7th

Little Rock, AR 72205

**Contact:** (501) 686-9380 / Emergency (501) 686-9784

**Services:** Drug Treatment Centers, Alcohol Rehab, Dual-Diagnosis, and Addiction Recovery: Arkansas Substance Abuse Services. We provide drug rehab, sober living, sex addiction, detoxification, alcohol rehab and drug. Outpatient initial detoxification.

**Recovery Centers of Arkansas**

**-Williamsburg**

6301 Father Tribou

Little Rock, AR 72205

**Contact:** (501) 907-7490

**-Riverbend**

1201 River Road

North Little Rock, AR 72114

**Contact:** (501) 372-4611

**Website:** [www.rcfa.org](http://www.rcfa.org)

**Services:** Recovery Centers of Arkansas provides Chemical free living space to adults progressing successfully in recovery. The goal of the program is to provide a clean, safe, drug-free environment for individuals in substance abuse treatment. Weekly contact with the staff is provided to ensure continued eligibility and encourage behaviors consistent with the goals of the program.

**Fees:** call for fees.

### **Step Up Support Center (Teens)**

9010 Hilario Springs

Little Rock, AR 72209

**Contact:** (501) 565-1333

**Services:** After school and summer program, homework assistance, tutoring, mentoring, safe haven, gang prevention and intervention, substance abuse education, outpatient for adults and youth. Open 8-5, main clients ages 6-19 years old.

### **UAMS Adolescent Substance Abuse Treatment Program (Teens)**

4224 Shuffield Drive, Second Floor

Little Rock, AR 72205-7199

**Contact:** 501-526-8446

**Services:** Comprehensive assessment and intervention at No Cost Confidential Treatment for Marijuana, Alcohol, and other Substance Abuse

### **UAMS Substance Abuse Treatment Center:**

#### **Chemical Dependency Outpatient Program and Methadone Clinic**

4301 West Markham

Little Rock, AR 72205

**Contact:** (501) 526-8410

**Website:** [www.uamshealth.com](http://www.uamshealth.com)

**Services:** Outpatient counseling and methadone/buprenorphine treatment.

### **United Family Services**

1202 W 6th St.

Little Rock AR 72201

**Contact:** (501) 244-0062

**Services:** Outpatient therapy and counseling. Open 8:00-5:00, Monday - Friday. Clients must be 12-18 years old.

## **Substance Abuse -Support Services**

**Alcoholics Anonymous**

Arkansas Central Office of Alcoholics Anonymous  
7509 Cantrell Road, Suite 106, Little Rock, AR 72207

**Hotline** 501.664.7303 -Business 501.664.6042

**Find a meeting:** [www.arkansascentraloffice.org/](http://www.arkansascentraloffice.org/)

**MADD**

10515 West Markham St. #121

**Contact:** 501376-

Little Rock, AR. 72205

**Fax:** (501)376-0009

**Email:** [ar.state@madd.org](mailto:ar.state@madd.org)

**Website:** <http://www.armadd.org/>

**Services:** "To aid the victims of crimes performed by individuals driving under the influence of alcohol or drugs, to aid the families of such victims and to increase public awareness of the problem of drinking and drugged driving."

**Narcotics Anonymous**

**Find a meeting:** <http://www.caasc.org/>

(501) 373-8683 Little Rock

(866) 754-2579 Toll Free Central Arkansas Area

(800) 338-8750 Toll Free Statewide

**Wolfe Street Center (AA)**

1201 Wolfe Street

Little Rock AR 72204

**Contact:** (501) 372-5662

**Website:** <http://www.wolfestreet.org/>

**Services:** Meeting place for AA meetings, treatment group and support for alcoholics and those affected by alcoholism.

## **TRANSPORTATION**

### **(CAT) Central Arkansas Transit**

310 East Capitol Street

Little Rock, AR 72202

**Contact:** (501) 375-1163

Services: Open 7:00am – 6:00pm. One ride \$1.35, all day pass \$3.75, 31 day pass \$36.00.

### **SOAR Shuttle**

**Contact:** (501) 255-0529

Services: Call to make an appointment for free shuttle service for job interviews, doctor's appointments, DHS or SSI interviews. Must be approved or referred by an agency in the SOAR Network. Call for more information.

## **Veterans Care and Services**

### **VA Drop-In Day Treatment Center**

1101 West 2nd Street  
Little Rock, AR 72201

**Contact:** (501) 255-0529

Services: Shuttle service available by appointment for veterans with the VA Drop-IN House ONLY.

### **John L. McClellan Veterans Hospital**

4300 West 7<sup>th</sup> Street  
Little Rock, AR 72205

**Contact:** (501) 257-1000

Services: Medical care and treatment for veterans ONLY.

### **St. Francis House**

2701 South Elm  
Little Rock, AR 72204

**Contact:** (501) 664-5036

Services: Veteran's residential treatment facility. Accessed only thru the VA Drop-in Day Treatment Center.

### **Tobin Healthcare & VA Medical Center**

2200 Fort Roots Drive  
North Little Rock, AR 72114

**Contact:** (501) 257-1000

Services: Medical care, treatment and domicile available to veterans ONLY.

### **VA Drop-In Day Treatment Center**

1101 West 2nd Street  
Little Rock, AR 72201

**Contact:** (501) 257-4499

Services: Comprehensive homeless center for veterans ONLY. Providing laundry & shower facilities, shuttle service, breakfast & lunch, case management and a broad range of special programs. Available to veterans ONLY.

## Volunteer Programs

### Arkansas Children Hospital

1 Children's Way

Little Rock, AR 72202

Main #: (501) 340-1100

**Contact:** (501) 364- 1825

Website: <http://www.archildren.org/Supporters/Volunteer-Services/Volunteer-at-ACH.aspx>

Services: The ACH Junior Volunteer Program introduces high school students (ages 14-18) to the world of volunteering and health care careers. Junior volunteers gain new skills, meet new people, and help make a difference in the community!

### Arkansas Foodbank Network

8121 Distribution Drive

Little Rock, AR 72209

**Contact:** (501) 565-8121 or (877) 565-8124

Fax: (501) 565-0180

Website: [www.arkansasfoodbank.org](http://www.arkansasfoodbank.org)

Services: The Arkansas Foodbank Network supplies food to many people throughout the year and during the holiday season. They need donations of food and money but they also need help in their warehouse sorting and repackaging food, labeling items, stocking shelves and more.

### Arkansas Arts Center

501 East 9th Street

Little Rock, AR 72202

**Contact:** (501) 372-4000

Website: [www.arkarts.com](http://www.arkarts.com)

Services: There are many opportunities to give to the Arkansas Arts Center through volunteering. Thanks to the contributions of individuals, corporations and foundations, the Arts Center is able to present exhibitions, public programs and outreach activities that serve the State.

### Arkansas Rice Depot

3801 W 65th Street

Little Rock, AR 72209

Contact: (501) 565-8855

Website: [www.ricedepot.org](http://www.ricedepot.org)

Services: Provides for Arkansas kids, seniors and other disadvantaged Arkansans.

### City Connections, Inc.



200 South Commerce, Suite 100  
Little Rock, AR 72201-1728  
Located in the Charles A. Frueauff Foundation Center  
Jeff Spry, President

Email: [Jeff@CityConnectionsInc.org](mailto:Jeff@CityConnectionsInc.org)

Website: <http://www.cityconnectionsinc.org>

Services: To build a strong and vibrant collaboration in our city between all the varied church communities; helping agencies; federal, state, and local governmental agencies; the private sector; schools of higher learning; and all civic & community groups. Nothing short of this collaboration will enable us to achieve the goal of transforming our city into a true "model community" – one which will impact every facet of life in every home in every neighborhood in our city.

### **Heifer Village Youth and Family Programs**

#### **Heifer International**

1 World Avenue

Little Rock, AR/USA 72202

**Contact:** (877) 870-COWS (2697) or (501) 907-8800

Website: <http://www.heifer.org/site>

Services: Heifer Village on the Heifer International Campus in downtown Little Rock, Arkansas, introduces visitors to the possibility of a world free of hunger and poverty.

### **Mayor's Office of Volunteer Services**

401 W. Pershing

North Little Rock, AR 72114-2145

Contact:

Services: Recruit, train and place unpaid volunteers in various municipal departments. Promote volunteerism within the City of North Little Rock, AR. Work with professional volunteer agencies to promote volunteerism state-wide.

### **Pulaski County CASA (Court Appointed Special Advocates)**

3001 West Roosevelt Road

Little Rock, AR 72204

**Contact:** (501) 340-6946

Michelle Trulsrud, Director

Email: [mtrulsrud@pulaskiountycasa.com](mailto:mtrulsrud@pulaskiountycasa.com)

Website: [www.pulaskiountycasa.org](http://www.pulaskiountycasa.org)

Services: CASA is a program where trained court appointed volunteers represents the best interest of an abused or neglected child for whom a placement is being determined by the juvenile court. A CASA volunteer acts as a fact finder of the child's best interest, providing a judge with valuable

information on the child to help the court make a sound decision about the child's future.

If you are looking for an exciting volunteer opportunity to help children, contact us

**Pulaski County Circuit Courts - Juvenile Division  
Volunteer Probation Officer Program**

3001 West Road – 2<sup>nd</sup> Floor

Little Rock, AR 72204

**Contact:** (501) 340-6676

Traci Weaver, Volunteer Probation Officer Coordinator

Website: <http://www.co.pulaski.ar.us/volprobation.shtml>

Email: [tweaver@pulaskimail.net](mailto:tweaver@pulaskimail.net)

Services: Want to make a Difference in the lives of the youth in your community? Become a Volunteer Probation Officer.

WHAT IS A VPO?

Being a VPO means giving of yourself to troubled youth in our community and receiving a true feeling of accomplishment. This is an opportunity to use your special talent to show a young person you care.

The mission of the Volunteer Probation Officer (VPO) Program is to provide juveniles with increased caring, one-on-one adult supervision in order to prevent future delinquency and to encourage positive, appropriate behaviors that will lead them successfully into adulthood.

**United Way, Heart of Arkansas United Way**

516 Pershing Blvd.

North Little Rock, AR 72114

**Contact:** (501) 376-4567

Fax: (501) 376-7607

Services: The United Way Volunteer Center has more than 190 agencies in Pulaski County that each have opportunities for volunteer work. They will match your strengths and interests with volunteer opportunities. You can fill out a form online or call 501-376-4567



## YOUTH INITIATIVE PROJECTS

### **Big Brothers Big Sisters of Central Arkansas**

312 West Pershing North Little Rock 72114

**Contact:** (501) 374-6661

Website: <http://www.bbbsca.org>

Services: Mentoring Organization. Appointments required. Serving youth primarily ages 6-14.

### **Better Community Developers (Girls)**

3805 West 12th Street

Little Rock, AR 72204

**Contact:** (501) 379-1538

Fax: (501) 379-1577

Cellular: (501) 612-0746

Deborah Bell, Director (379-1538)

Email: [danitapaige@yahoo.com](mailto:danitapaige@yahoo.com)

Email: [dbell@bcdinc.org](mailto:dbell@bcdinc.org)

Email: [bcdinc@aristotle.net](mailto:bcdinc@aristotle.net)

### **Better Community Developers (Boys)**

3805 West 12th Street

Little Rock, AR 72204

**Contact:** (501) 379-1538

Fax: (501) 379-1577

Cell: (501) 744-3570

Email: Charlie Bruce, YIP Coordinator [cbjr1372@hotmail.com](mailto:cbjr1372@hotmail.com)

### **Brothers United/Kareem Brown McNeal Foundation**

415 Main Street

Little Rock, AR 72201

**Contact:** (501) 801-1975

Fax: (501) 399-9280

Site: Philander Smith College

One Trudie Kibbe Reed Drive

Little Rock, AR 72202

Email: Dwight Hall, YIP Coordinator

[dwight.w.hall@gmail.com](mailto:dwight.w.hall@gmail.com)

Email: Sylvester Smith, Exec. Secretary

[Sylvester.smith3@gmail.com/A](mailto:Sylvester.smith3@gmail.com/A)

### **Greater Second Care Center (SW/Female)**

5615 Geyer Springs Road

Little Rock, AR 72209

**Contact:** (501)569-9988/569-9054  
Fax: (501) 570-0000/569-9304  
Email: Fred C. Harvey, Vice Chair  
[fharvey@greatersecond.org](mailto:fharvey@greatersecond.org)  
Email: Velma Randolph, Administrative Assistant  
[vrandolph@greatersecond.org](mailto:vrandolph@greatersecond.org)

***Go Girl! Youth Initiative Program***

**Contact:** (501) 563-3349 or (501) 569-9054  
Fax: (501) 570-0000  
Gerry Stewart, YIP Coordinator  
Email: [Yip@greatersecond.org](mailto:Yip@greatersecond.org)

***Boyz 2 Men Youth Initiative Program***

**Contact:** (501) 541-4425  
Fax: (501) 570-0000  
Cell (501) 541-4425  
Delwin Slater, YIP Coordinator  
Email: [Boyz2men@greatersecond.org](mailto:Boyz2men@greatersecond.org)

***YIP- Hamilton Learning Academy (Females)***

3301 S. Bryant  
Little Rock, AR  
**Contact:** (501)447-3400 (W.D. Hamilton Learning Academy)  
Gerry Stewart, Female YIP Coordinator  
Email: [Yip@greatersecond.org](mailto:Yip@greatersecond.org)  
Mr. Kelan Watson, Interim Principal

***Hunter UMC/TIPS, Inc. (Female)***

3301 Romine Road  
Little Rock, AR 72204  
**Contact:** (501) 225-7683  
Cell (501) 993-1985  
Fax: (501) 225-1726  
Melvin Moss, Program Site Director  
[msmoss@yahoo.com](mailto:msmoss@yahoo.com)  
Shay White, YIP Coordinator  
[shay.white@yahoo.com](mailto:shay.white@yahoo.com)

***Hunter UMC/TIPS, Inc. (Male)***

3301 Romine Road  
Little Rock, AR 72204  
**Contact:** (501) 225-7683  
Cell (501) 993-1985

Fax: (501) 225-1726  
Melvin Moss, Dir. Of Community Development  
Kevin Ellis, YIP Coordinator  
Email: [ellisjr.kevin@yahoo.com](mailto:ellisjr.kevin@yahoo.com)

**Little Rock Boys/Girls Clubs, Administrative Office  
see Youth Programs in next section for list of sites**

1616 West 3rd St.  
Little Rock, AR 72201  
**Contact:** Cindy Doramus, Chief Executive Officer  
[cdoramus@arclubs.org](mailto:cdoramus@arclubs.org)

**Promiseland CDC (Call Me Mister) (SW-Male)**

3700 W. 65th St.  
Little Rock, AR 72209  
**Contact:** (501) 570-0048  
Fax: (501) 325-2851  
Cellular: (501) 563-2066  
Antoinne Scruggs, Program Director  
[Apromise1@aol.com](mailto:Apromise1@aol.com) C-626-7120)  
YIP Coordinator  
[promesayip@aol.com](mailto:promesayip@aol.com)

**Promiseland CDC**

**Girls After-School Academy (GASA) (Female)**

3700 W. 65th St.  
Little Rock, AR 72209  
Contact: (501) 570-0048  
Fax: 325-2851  
Cellular: (501) 563-2066  
Antoinne Scruggs, Program Director  
[Apromise1@aol.com](mailto:Apromise1@aol.com) C-626-7120)  
YIP Coordinator  
[promesayip@aol.com](mailto:promesayip@aol.com)

**Step Up Center (Male)**

9010 Hilaro Springs Road  
Little Rock, AR 72209  
**Contact:** (501)565-1333 or (501) 565-1653  
Ruth Nash, Interim Exec. Director  
Email: [stepup1333@yahoo.com](mailto:stepup1333@yahoo.com)  
William Young, YIP Coordinator

**Step Up Center (Hispanic-Male)**

9010 Hilario Springs Road  
Little Rock, AR 72209  
**Contact:** (501) 565-1333/565-1653  
Ruth Nash, Interim Exec. Director  
Email: [stepup1333@yahoo.com](mailto:stepup1333@yahoo.com)  
William Young, YIP Coordinator

## YOUTH SERVICES

### **Arkansas Sheriffs' Youth Ranches**

P.O. Box 3964

100 Saint Vincent Place

Batesville, AR 72503

**Contact:** (870) 793-6841

Fax: (870) 793-9012

Website: [www.youthranches.com](http://www.youthranches.com)

Services: The Arkansas Sheriffs' Youth Ranches Inc. is a 501(c)(3) not-for-profit corporation and licensed child-care facility serving the state of Arkansas. It is our belief that every child has a birthright to health care, educational opportunities, a safe home and a loving environment with people who care for him or her. Whether in a residential setting or the outreach services division, programs at the Ranch are designed to provide each child with the opportunities and tools he needs to recognize his individual assets and work to achieve his goals. The goal of the Ranch's program is to provide loving care with therapeutic intervention, because we believe, "It is better to build a child than to repair an adult."

### **Arkansas National Guard, Youth Challenge/NGe Program**

Bldg. 16414 Box

Camp J. T. Robinson Road

North Little Rock, Arkansas 72199-9600

**Contact:** (501) 212-5360

Website: <http://www.ngycp.org/AR/index.asp?Id=2004>

Services: A structured 17 ½ month military-style, alternative GED program that provides opportunities for personal growth, self improvement and academic achievement for high school dropouts in Arkansas. YC is a "FREE" highly structured non-traditional environment; we provide training, mentoring and diverse educational activities and career opportunities.

### **4-H Youth Development**

4-H Afterschool Program

Pulaski

2901 West Roosevelt Rd

Little Rock, AR 72204

**Contact:** (501) 340-6650

Website: <http://www.uaex.edu/pulaski/>

4-H Afterschool programs foster a unique combination of fun and learning that helps youth develop lifelong skills, such as leadership, critical thinking and teamwork. The programs address a growing need for quality after-school programming in the U.S., where as many as 15 million children come home to empty houses after school. Research shows that latchkey youth are



at a higher risk for violent crimes, substance abuse, antisocial behavior, poor academic performance and becoming school dropouts.

To combat this, 4-H Afterschool programs offer a wealth of research-based, ready-to-use "learning by doing" curricula on a wide variety of topics. 4-H tailors programs to each urban, suburban or rural community, supporting programs in many shapes and sizes, depending on the needs and interests of local communities and the youth and adults involved.

## **BOOST**

501 Sherman

Little Rock, AR 72202

**Contact:** (501) 447-2988

Fax: (501)447-2951

Website: <http://www.lrsd.org>

Services: BOOST, The Little Rock School District Homeless Education Program, is designed to provide year round services and support to students identified as homeless based on the federal definition of homelessness.

BOOST arranges transportation for the students as well as insure that they have free lunch eligibility. All services and programs are provided year round in both school and community settings.

For more information about the program or how you can help, please contact Nina Scaife, Homeless Coordinator at (501) 447-2988 or Linda Jones, (501) 447-2961.

## **Centers for Youth and Families**

**Contact:** (501) 666-6833

Website: <http://centersforyouthandfamilies.org/>

Services: Centers for Youth and Families provides an extensive continuum of mental health care for children ages 3-20 along with prevention services and a wide variety of resources for parents.

*Outpatient clinic* in Little Rock provides treatment services for children and youth who are experiencing emotional or behavioral problems. Clients can receive individual, family and group therapies as well as psychiatric consultation, evaluation and medication management.

*School-Based* mental health services are provided in many area schools providing better access to needed treatment for children experiencing emotional or behavioral problems. The professional staff are able to help in linking interventions across home and school.

*Therapeutic Family Homes Program* recruits, trains and approves families to serve as therapeutic foster parents for emotionally and behaviorally disturbed children and youth. Children are placed with specially trained families who can provide intensive support and supervision for children in a home/community based setting. Additional services provided include individual, family and/or group therapy, crisis intervention, case

management, psychiatric evaluation/consultation, medication management, and advocacy services. Below is the form required to make a referral.

Therapeutic Foster Care Referral Application

If you are interested in information about becoming a foster parent, please click the form below.

Therapeutic Foster Parent Inquiry Form

The *Emergency Shelter* provides immediate temporary shelter to youth in crisis age 8 - 18. The shelter provides a stable environment as well as safety and compassionate support for youth who are in state custody or are considered homeless or runaways.

The *Transitional Therapeutic Living Center* provides comprehensive mental health services, 24 hour a day staff access and transportation to adolescents between ages 15-21 with the goal of helping them become self-sufficient. Staff supervises youth in a home-like setting with program rules and guidelines, incentive programs and behavioral programming.

TTLIC Admit Packet

*Day Treatment* allows children and youth with social, emotional or behavioral problems, who can no longer function in a regular academic setting, continue their education and learn to succeed in an academic environment. Referrals are made by the school district in which the child is enrolled.

*Residential Care* is available for children and youth who have serious emotional or behavioral problems and have not responded to outpatient services. These children continue their education and are given intensive help through our residential programs.

*The Elizabeth Mitchell Children's Center* treats children ages 5-11 and also has a specialized track for children with sexually reactive behavior. *The Elizabeth Mitchell Adolescent Center* treats youth ages 11-17. Our *Monticello Facility* provides this same service to children and adolescents. Please contact our Access office with any questions.

*Community Support Services* are designed to coordinate and plan for community-based services for children and adolescents with severe emotional disturbance and their families. The consumer/family case manager relationship is primary and essential and community integration/reintegration is fostered by assertive outreach.

*Prevention Services* include a *Parent Center* which provides community-based parent education programs, weekly parenting classes, single workshops and specialized seminars that address the issues of today's parents. Topics include parenting the strong-willed child, managing ADHD, blending stepfamilies and much more.

*The Young Moms/Dads - Healthy Families* program reaches out to teen moms and teen dads with support services so they can complete their education, be self-sufficient and provide the best care possible for their children. *The Parent Resource Center* gives parents access to evidence-based, well researched publications on parenting, including books,

magazines, brochures, facts sheets and access to the Internet. The Center also evaluates children with suspected learning disabilities.

*Services for Children of Prisoners and Their Families* offers four distinct interventions to help children heal from multiple traumas associated with a parent in prison, reconnect with their parents and stabilize the family. Comprehensive services offered in 10 statewide sites include parenting classes, mentoring and literacy education.

*Camp Believe*, our *after school program* is an afterschool and summer program for children with and without physical disabilities. Participants receive assistance with homework and participate in recreational activities. Participants with physical disabilities interact with those who don't which is great for both populations. The Community Center is available for swimming and special activities. *Camp Believe* is primarily for elementary and middle school children although vouchers are accepted for ages 4-12. Payment is either private pay or childcare vouchers.

*CPR/FIRST AID* and *HANDLE WITH CARE* and *CPI* trainings are offered by Centers for Youth and Families at a reduced rate. We will also negotiate with other agencies who have similar training needs to share training costs. CPR/First Aid classes are provided each Thursday on the Centers campus from 9-3 or alternative dates may be scheduled, including weekends or evenings. Preregistration is required. To preregister or for more information contact us at 666-8686, ext. 1529.

### **CARE Program**

4800 West 26th

Little Rock, AR 72204

Supervisor: Martha Rogers

**Contact:** (501) 447-1880

Fax: (501) 447-1881

Website: <http://www.lrsd.org>

Services: The CARE Program is a non-profit, self-supporting program of child care provided for elementary age students and parents of the Little Rock School District. The program operates before and after school and all day on most school holidays. The CARE Program provides a structured program of creative activities and recreation in a nurturing environment

### **DREAMS**

4424 Highway 161 North Little Rock 72117

**Contact:** (501) 945-7774

Services: Kingergarten readiness program, after school staff, tutoring homework assistance, and social skills. Open 7:30-6:00 and serves children to fifth grade.

**Dunbar Community Center**

1001 West 16th Street,  
Little Rock, AR 72202  
**Contact:** (501) 376-1084

**East Little Rock Community Center**

2500 East 6th Street  
Little Rock, AR 72202  
Contact: (501) 374-2881

**Hope through Housing**

10434 West 36th Little Rock AR 72204

**Contact:** (501) 225-2911

Website: <http://www.hopethroughhousing.org/index.html>

Services: Offers social services to people on property, senior wellness programs, and afterschool programs for ages K-12.

Services: After school services, summer programming, neighborhood programming, all day child care. Open 8:00-5:00 Monday through Friday. Programming from ages 6-19.

**Heifer Village Youth and Family Programs****Heifer International**

1 World Avenue  
Little Rock, AR/USA 72202

**Contact:** (877) 870-COWS (2697) or (501) 907-8800

Website: <http://www.heifer.org/site>

Services: Heifer Village on the Heifer International Campus in downtown Little Rock, Arkansas, introduces visitors to the possibility of a world free of hunger and poverty.

A hands-on, global education facility, Heifer Village is home to interactive exhibits that provide a stimulating and challenging educational experience for people of all ages.

**Inner City FutureNet**

15th and Bishop St, Little Rock AR 72202

**Contact:** (501) 370-9720

Services: Partner of Heifer Project International, allows at risk youth to come and earn extra money while learning entrepreneurial skills.

Open 8-5 and serving youth ages K-12.

**Joseph Pfeifer Kiwanis Camp**

5512 Ferndale Cutoff  
Little Rock, AR 72223

**Contact:** (501) 821-3714

Fax: (501) 821-2629

Sanford Tollette, Executive Director

Email: [Sanford@Pfeifercamp.com](mailto:Sanford@Pfeifercamp.com)

Website: [www.pfeifercamp.com](http://www.pfeifercamp.com)

Services: Pfeifer Kiwanis Camp is a people place offering programs for youth from across ...

### **Kaleidoscope Grief Center**

**Contact:** (501) 661-0720

Website: <http://www.kaleidoscopekids.org>

Services: Serving critically ill and grieving children, teens, and their families through education, therapeutic and recreational services, grief support programs.

### **"Let Our Violence End" (L.O.V.E.)**

P.O. Box 3050

Little Rock, AR 72260

**Contact:** (501) 516-1602

Fax: (501) 833-3250

Robert Holt, Executive Director

Website: [www.the-solution.org](http://www.the-solution.org)

Email: [r-kholt@worldnet.att.net](mailto:r-kholt@worldnet.att.net)

Services: L.O.V.E. staff and volunteers currently work with more than 6,000 youth in Arkansas through L.O.V.E. Teams, which provide peer support groups and emphasize community service. L.O.V.E. also provides behavior modification and academic support programs through In-School Suspension and "GENESIS" the Alternative School re-entry programs for the Little Rock School District and other districts throughout the country.

### **LIFE Champs**

12115 Hinson Road Suite 200

Little Rock, AR 72212

**Contact:** (501) 255-0950

Services: Youth sports organization focused on creating champions for life. Focuses on athletic instruction, competition, character and education. Serves youth ages four to thirteen.

### **LITTLE ROCK BOYS/GIRLS CLUBS**

Administrative Office

1616 West 3rd St.

Little Rock, AR 72201

**Contact:** (501)666-8816

Email: Cindy Doramus, Chief Executive Officer [cdoramus@arclubs.org](mailto:cdoramus@arclubs.org)

Jeany Muncy, Fiscal  
Debra Nagge, Development Asst.

**Site: Mitchell Unit (Mid-west of Woodrow) (6-11yrs)**

3107 West Capitol

Little Rock, AR 72202

**Contact:** (501) 666-9486 Fax: 666-9486

Margaret Lewis, Unit Director

Jamie Brock, Site Coordinator

Email: [jrbrock@ualr.edu](mailto:jrbrock@ualr.edu)

Email: [brock12003@yahoo.com](mailto:brock12003@yahoo.com)

**Site: Penick Unit (West-east of Barrow Road) (6-11yrs)**

1201 Leisure Place

Little Rock, AR 72205

**Contact:** (501) 666-5494 Fax: (501) 666-7460

Greg Morse, Unit Director

Dedra Hood, Site Coordinator

Email: [dedrahood2003@yahoo.com](mailto:dedrahood2003@yahoo.com)

**Site: Penick Unit (West-east of Barrow Road) (12-17yrs)**

1201 Leisure Place

Little Rock, AR 72205

**Contact:** (501) 666-5494 Fax: (501) 666-7460

Kristine Jones, Site Coordinator

Email: [kjones@arclubs.org](mailto:kjones@arclubs.org)

**Site: Thrasher Unit (Central-ages 6-11yrs)**

3301 State Street

Little Rock, AR 72206

**Contact:** (501) 562-4082 Fax: 562-2594

Paul Armstrong, Unit Director

**Site: Thrasher Unit (Central-ages 12-17yrs)**

3301 State Street

Little Rock, AR 72206

**Contact:** (501) 562-4082 Fax: (501) 562-2594

Paul Armstrong, Unit Director

**Promiseland CDC - NBP-Promise University**

3700 W. 65th Street (SW 6-11 year olds)

Little Rock, AR 72209

**Contact:** (501) 570-0048 Fax: (501) 570-0090/325-2851

Antoinne Scruggs, Chief Executive Officer

Email: [Apromise1@aol.com](mailto:Apromise1@aol.com)

Marlean Acker, Director Of Operations  
Email: [marleanacker@aol.com](mailto:marleanacker@aol.com)

**Promiseland CDC - NBP- Above the Curve**

3700 W. 65th Street (SW 12-17 year olds)  
Little Rock, AR 72209

**Contact:** (501) 570-0048 Fax: (501)570-0090 or (501) 325-2851

Antoinne Scruggs, Chief Executive Officer

Email: [Apromise1@aol.com](mailto:Apromise1@aol.com)

Marlean Acker, Dir. Of Operations

Email: [marleanacker@aol.com](mailto:marleanacker@aol.com)

**New Futures for Youth, Inc.**

323 Center Street, Suite 1275  
Little Rock, AR 72201

**Contact:** (501) 374-1011

Website: <http://www.newfuturesforyouth.org>

Services: New Futures for Youth was established in 1988 as a collaborative of public and private, community and institutional representatives committed to improved outcomes for youth. New Futures conducts research on issues affecting youth and families and provides training and technical assistance to individuals and organizations. New Futures also facilitates joint planning by community-based organizations, agencies, and institutions regarding strategies for addressing youth issues and implementing youth services. In addition, staff and collaborative members assist public officials in developing policies that are supportive of enhanced outcomes for youth, families, and communities.

New Futures values cultural strengths, racial equity, community involvement, youth leadership development, and broad-based collaboration to enhance healthy development of young people and the systems that affect them.

**Outward Bound of Little Rock**

904 Autumn Rd., Suite 500  
Little Rock, AR 72211

**Contact:** (501) 202-4375

**Janae Turner**, Project Manager

Email: [jturner@outwardbound.org](mailto:jturner@outwardbound.org)

Website:

[http://www.outwardbound.org/index.cfm/do/obyc.little\\_rock\\_courses](http://www.outwardbound.org/index.cfm/do/obyc.little_rock_courses)

Services: Outward Bound, in partnership with the Little Rock Parks and Recreation and Byrd's Adventure Center, presents 4 to 14-day expeditions for both adults and youth (ages 14 to 17) across Arkansas during the spring and summer of 2010. These courses feature backpacking and climbing in the

Ozark Mountains of Arkansas. Courses are varied but always follow our powerful leadership curriculum and include lessons in Leave No Trace™, camping, equipment set up and safety standards, navigation using map and compass, journaling, personal reflection, and how to be of service in meaningful ways.

### **PARK**

6915 Geyer Springs Rd  
Little Rock AR 72209

**Contact:** (501) 562-5223

Services: After school program for 7-12 graders, academic assistance, ministry (focuses on dealing with the whole person) and college assistance. GPA needs to be between 1.5-2.5 and seeking applicants willing to make a five year commitment to the program.

Open Tuesday through Friday after school from four to seven. Summer program serves youth grades 7-12 and from 8:30-4:00.

### **PULASKI COUNTY YOUTH SERVICES**

201 S. Broadway, Suite 220  
Little Rock, AR 72201

**Contact:** (501) 340-8250

Charles Mobley – Director [cmobley@co.pulaski.ar.us](mailto:cmobley@co.pulaski.ar.us)

Email: [juvserv@co.pulaski.ar.us](mailto:juvserv@co.pulaski.ar.us) or [ourclub@co.pulaski.ar.us](mailto:ourclub@co.pulaski.ar.us)

Services: Identify, coordinate and develop an adequate range of support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

*Mission Statement:* Establish, solidify and strengthen the county-wide effort of mobilizing talent, technology, services, resources and volunteers necessary to improve the quality of educational opportunities for high risk youth in Pulaski County and work in partnership with the neighborhoods and communities to establish high profile, quality Our Clubs for children, youth and families who live in Pulaski County.

*Goals:* Take a holistic approach to curb the problems of gangs, violence, crime and substance abuse while enhancing the safety and well-being of the community, children, youth and families by getting parents and community members involved in the lives of children and youth.

Identify, coordinate and develop an adequate range of support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

### **CLUB SITES**

Youth Services identifies, coordinates, and develops an adequate range of



support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

**Brushey Island Our Club**

8226 Hills Rd.  
North Little Rock, AR 72117

**College Station Our Club**

4710 Frazier Pike  
Little Rock, AR 72053

**Henderson Middle School**

401 Barrow Rd.  
Little Rock, AR 72205

**Higgins Our Club**

3528 Slinker Rd.  
Little Rock, AR 72206

**Jacksonville Our Club**

201 Martin Street  
Jacksonville, AR 72076

**McAlmont Our Club**

1824 East 46th Street  
North Little Rock, AR 72117

**Our House**

302 E. Roosevelt Rd.  
Little Rock, AR 72206  
Ozell Snider / Rosalind Jones

**Project Give Back**

9700 Highway 365 South  
Little Rock, AR 72206

**Step Up Support Center**

9010 Hilario Springs Rd.  
Little Rock, AR 72209

**Sweet Home Our Club**

3911 Hampton  
Little Rock, AR 72206

**Watershed Our Club**

3701 Springer Blvd.  
Little Rock, AR 72206

**100 Black Men of Greater Little Rock**

Services: Our most important challenge is to create in each student a mind set that motivates them to change their lifestyle. We must help them understand how important it is to eat healthy, to make good grades, to help their friends and family through good citizenship and to give back once they have developed successful careers. As part of this initiative, we will exhaust every effort to involve the community especially parents.

**Website:** <http://jaxonit.com/100blackmenglr>

**Say It Loud**

Since 1997 the Say It Loud! Readers and Writers Series provided an opportunity for Little Rock youth ages 12-18 to participate in activities designed to enhance their appreciation for literature as a tool for personal, educational and career development. Over 3000 youth and adults have participated in numerous workshops and lectures at various venues sponsored by Say It Loud! It should also be noted that Say It Loud! Members are enrolled in colleges around the country. The program has featured noted individuals such Dr. Julianne Malveaux, Dr. Na'im Akbar, Haki R. Madhubuti, Dr. Tony Medina, Dr. Beverly Guy-Sheftall, Kevin Powell, Patrice Gaines and others.

**Website:** <http://www.speakloudly.com>

**Southwest Community Center**

6401 Baseline Rd., Suite A  
Little Rock, AR 72209  
Contact: (501) 918-3975

**Stephens Community Center**

3720 West 18th Street,  
Little Rock, AR 72205  
Contact: (501) 603-9377

**Teen Challenge Ranch of NW Arkansas**

PO Box 20  
Morrow, AR 72749  
**Contact:** (479) 848-3105  
Fax: (888) 844-1669

Email: [mail@arkansasteenchallenge.org](mailto:mail@arkansasteenchallenge.org)

Website: <http://arkansasteenchallenge.org>

Services: Teen Challenge Ranch of NW Arkansas is dedicated to helping troubled boys get a new start in life. Boys ages 14-17 come to Teen Challenge from across the United States. They are young men in need of help and assistance. They often struggle with issues such as: drug & alcohol abuse, anger & depression, legal problems, and behavioral problems. At Teen Challenge, we offer students hope and the chance for a new life. We encourage them to apply faith-based solutions to life's problems, and we actively teach that a personal relationship with God is the primary means and source of power to change. We endeavor to help young people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.

### **Teen MOPS, Mosaic Church**

6240 Colonel Glen, Suite 1  
Little Rock, AR 72204

Website: [www.mosaicchurch.net](http://www.mosaicchurch.net)

Services: Supportive, and nonjudgmental environment where teen mothers can come together with others who are in a similar life situation. Through the relationships formed at Teen MOPS, young moms gain confidence, learn about mothering, and grow personally.

13000 Quail Run Dr  
Little Rock, AR 72210

**Contact:** (501) 455-3571

Website: <http://www.ottercreekfbc.org>

Meets: 2nd & 4th Tuesday at 9:30 AM- 11:30 AM

### **THEA Foundation**

401 Main Street, Suite 100 NLR, AR 72114

**Contact:** (501) 379-9512

Services: Advocates the importance of art to youth development through promotional and educational development.

Open: Tuesday-Thursday – 9:00 a.m. – 4:00 pm

### **VIPS - Volunteers in Public Schools**

**Director VIPS & PIE**

**Fair Park ECC**

616 North Harrison  
Little Rock, AR 72205

**Contact:** (501) 447-4450

Fax: (501) 447-4451

Email: [Debbie Milam](mailto:Debbie.Milam)

Services: VIPS was founded in 1972 to provide assistance to teachers and other staff members of the LRSD by promoting school volunteerism. ViPS

serves as a link between the District and the community while providing patrons and citizens an opportunity to be significantly involved in the education of children.

Volunteers in Public Schools (VIPS) provides support and coordination for school volunteer programs and for connecting students to volunteers in the community. Programs include VIPS, Partners In Education, Vital Link, Project Mentor, field trips and classroom speakers.

## **MISCELLANEOUS / GENERAL SERVICES**

### **Arkansas Department of Human Services**

#### **DHS Division of Aging and Adult Services**

P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437

**Contact:** 1-800-482-8049

Email: [aging.services@arkansas.gov](mailto:aging.services@arkansas.gov)

Website: [www.state.ar.us/dhs/aging](http://www.state.ar.us/dhs/aging)

Services: Provides access to food stamps, Medicaid, & support for women and families.

#### **East Little Rock DHS**

1424 East 2<sup>nd</sup> Street

Little Rock, AR 72203

**Contact:** (501) 371-1300

#### **North Little Rock DHS**

1900 East Washington

North Little Rock, AR 72114

**Contact:** (501) 682-0100

#### **South Little Rock DHS**

1105 Dr. Martin Luther King Jr. Drive

Little Rock, AR 72203

Contact: (501) 682-9200

#### **South West Little Rock DHS**

6801 Baseline Road

Little Rock, AR 72209

**Contact:** (501) 371-1100

#### **Jacksonville DHS**

2636 West Main

Jacksonville, AR 72076

Contact: (501) 371-1200

#### **City Connections, Inc.**

200 South Commerce, Suite 100

Little Rock, AR 72201-1728

Located in the Charles A. Frueauff Foundation Center

Jeff Spry, President

Email: [Jeff@CityConnectionsInc.org](mailto:Jeff@CityConnectionsInc.org)

Website: <http://www.cityconnectionsinc.org>

Services: To build a strong and vibrant collaboration in our city between all the varied church communities; helping agencies; federal, state, and local

governmental agencies; the private sector; schools of higher learning; and all civic & community groups. Nothing short of this collaboration will enable us to achieve the goal of transforming our city into a true “model community” – one which will impact every facet of life in every home in every neighborhood in our city.

### **Goodwill**

1110 West 7<sup>th</sup> Street

Little Rock, AR 72201

**Contact:** (501) 372-5100

Website: [www.GoodwillAR.org](http://www.GoodwillAR.org)

Services: Self-directed employment services, Job search strategies and job applications, Resume and cover letter writing, Interviewing Skills, Mock Interviews, Job Readiness Training, Access to career reference materials, Internet listing of employment opportunities, Information about upcoming employment event, career fairs, on-site interviews, Computer Access, Soft Skills training, Job Placement

Goodwill may connect you with other service providers such as:

Medical, Dental, and Vision, Referral Assistance, Substance Abuse Treatment, Free Tax Preparation, Health Clinic, Food Services

*Ticket to Work:* A program to give disabled workers the tools and opportunities to become self sufficient in the workplace.

*Re-Entry Assistance:* A program designed to help persons facing significant and often multiple barriers to education and employment.

*T.E.O. Transition Employment Opportunity:* A program for felons or X-Offenders. Free GED classes and career counseling. Job placement assistance. Job coaching. Certified Microsoft testing site.

### **River City Ministry, Free Homeless Resource Center**

1021 East Washington

North Little Rock, AR 72114

**Contact:** (501) 376-6694

Website: [www.rivercityministry.org](http://www.rivercityministry.org)

Food Pantry: Tuesday & Thursday 9:30 – 10:30am (once a month only)

Meal Service: Monday thru Thursdays, following 11:30am devotional Social

Services: Monday thru Thursday, 9:30 – 3:30pm

Medical Services: By appointment only, Call Monday at exactly 9:00am for appointments, eligibility; adults, no insurance, no Medicare or VA benefits, & income below 200% of poverty level

Pharmacy Services: Call in for refills or bring in new prescriptions on Tuesday, 9:30 – 11:15am, Pick up medication, Sundays 2:00 – 4:00pm & Thursdays 11:30 – 1:00pm, must be a registered RCM patient

Dental Services: Extractions only and by appointment only, dental roster is made on the 1<sup>st</sup> Thursday of each month, call for details

Eye Clinic: Exams & eye glasses, Saturdays, by appointment only  
Clothes Closet: 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays, 8:30 – 11:00am  
Laundry Service: Monday thru Friday 8:30-12:30pm  
Showers: Monday thru Friday, 8:30-3:00pm  
FAX & Phone Service: (501) 376-6695, Monday thru Thursday 8:30-3:30am  
Mail Service: 1021 East Washington, North Little Rock, AR 72114  
Resource Counseling: Monday thru Friday, 8:30 – 4:30pm  
Benefit Bank: Mondays, 9:00 – 12:00pm  
Spiritual Services: Counseling, Monday thru Thursday, 8:30 – 3:30pm  
Bible study Tuesday & Thursday, 10:00am, lunch devotional Monday thru Thursday 11:30am, food & fellowship Sundays 2:00pm, Breaking Free pick-up, Mondays 5:30pm, adult bible study, Tuesday 6:00pm  
Most services require Pulaski County residency, picture I.D., and Social Security card

**Watershed, Human and Community Development Agency Inc.**

3701 Springer Boulevard  
Little Rock, AR 72206

**Contact:** (501) 376-6694

Website: [www.nebowatershed.com](http://www.nebowatershed.com)

Services: Arkansas Birthing Project, women's program for newborns  
Child Development Center, full child care services

Youth Services: Get ready, Watershed's own at-risk program for youth.

Helping Youth Help Themselves for at-risk youth ages 12-17. Our Club, after school program for youth ages 6-12

Fatherhood Initiative, for single men ages 15-35 Children and Family Services / Family Resource: Food assistance, Clothing assistance, Utility assistance, Transportation and special outreach for the disabled, Holiday meals and toy baskets, Educational Services- access to tutoring and GED classes, Working to Find Work- workforce and employment assistance, Disaster Relief Services

Other On-Going Services

Friends and Family of Incarcerated Persons, helping families deal when loved ones are in jail or prison.

Health Promotion / Advocacy, AIDS awareness, substance abuse counseling; promotion of nutrition and fitness; liaison with local clinics.

Community socialization, special celebrations & community get-togethers.

Open 8:00 – 5:00pm

