Pulaski County
Community Resource Directory
A guide to Pulaski County’s Service Agencies
Little Rock & Pulaski County, Arkansas
Prepared by:
“iBelieve” Team
Pulaski County Community Resource Directory

This directory contains listings of area social, health, support, educational and employment services in Pulaski County, Arkansas. It was compiled by the “iBelieve” team to coordinate the health and human services of Pulaski County to meet the needs of our children and families. The organization does not assume responsibility for omissions nor for the accuracy of the information offered in this directory.

The services/organizations are listed in alphabetical order in the directory. The table of contents lists the services/organizations alphabetically.

For further information, contact “iBelieve” at 000-000 (telephone number here) or email address.

The directory is also available online at www.ibelieve which will reflect updates since the publication of this booklet.

January 2011
“iBelieve” Team
<table>
<thead>
<tr>
<th>Service</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult and Child Protective Services</td>
<td></td>
</tr>
<tr>
<td>Alcohol Treatment</td>
<td></td>
</tr>
<tr>
<td>Child Protective Services</td>
<td></td>
</tr>
<tr>
<td>Child Support</td>
<td></td>
</tr>
<tr>
<td>Clothing</td>
<td></td>
</tr>
<tr>
<td>Counseling Services and Mental Health Resources</td>
<td></td>
</tr>
<tr>
<td>Daycare</td>
<td></td>
</tr>
<tr>
<td>Dental Clinics</td>
<td></td>
</tr>
<tr>
<td>Drug and Alcohol Treatment</td>
<td></td>
</tr>
<tr>
<td>Education &amp; Literacy</td>
<td></td>
</tr>
<tr>
<td>Employment</td>
<td></td>
</tr>
<tr>
<td>EX-Offender Programs</td>
<td></td>
</tr>
<tr>
<td>Eye Care</td>
<td></td>
</tr>
<tr>
<td>Financial Assistance (Utilities, Credit, etc.)</td>
<td></td>
</tr>
<tr>
<td>Food Assistance / Meals / Food Stamps</td>
<td></td>
</tr>
<tr>
<td>Furniture</td>
<td></td>
</tr>
<tr>
<td>Government Client Assistance</td>
<td></td>
</tr>
<tr>
<td>Healthcare Services</td>
<td></td>
</tr>
<tr>
<td>HIV/AIDS</td>
<td></td>
</tr>
<tr>
<td>Housing &amp; Shelters</td>
<td></td>
</tr>
<tr>
<td>Internal Revenue (IRS)</td>
<td></td>
</tr>
<tr>
<td>Latino Services</td>
<td></td>
</tr>
<tr>
<td>Legal Services</td>
<td></td>
</tr>
<tr>
<td>Mental Health (Counseling)</td>
<td></td>
</tr>
<tr>
<td><strong>Mentoring Programs...need to create</strong></td>
<td></td>
</tr>
<tr>
<td>Miscellaneous</td>
<td></td>
</tr>
<tr>
<td>Pulaski County Circuit Courts - Juvenile Division</td>
<td></td>
</tr>
<tr>
<td>Social Security Benefits &amp; Offices</td>
<td></td>
</tr>
<tr>
<td>Substance Abuse Treatment</td>
<td></td>
</tr>
<tr>
<td>Transportation</td>
<td></td>
</tr>
<tr>
<td>Volunteer Programs</td>
<td></td>
</tr>
<tr>
<td>Youth Initiatives and Programa</td>
<td></td>
</tr>
<tr>
<td>Miscellaneous General Service Agencies and Programs</td>
<td></td>
</tr>
</tbody>
</table>
ADULT and CHILD PROTECTIVE SERVICES

DHS Division of Aging and Adult Services
P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437
Contact: 1-800-482-8049
Email: aging.services@arkansas.gov
Website: www.state.ar.us/dhs/aging
Services: A Statewide program available to clients 18 and older, who are endangered and unable to comprehend their danger. Services include investigation of complaints of abuse, neglect or exploitation and, where no family support is available, temporary custody of the clients. Reports should be made to the 24-hour hotline. All information is confidential.

American Red Cross Greater Arkansas
401 South Monroe
Little Rock, AR 72205
Contact: (501) 748-1030
Email: careyc@arkansasredcross.org
Website: www.redcrosslittlerock.org
Services: Emergency Assistance Information

Arkansas Department of Human Services
P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437
Contact: 1-800-482-5964
Website: http://www.arkansas.gov/reportARchildabuse/report_child_abuse.html
Services: Under Arkansas law, anyone who suspects that child abuse or child maltreatment is occurring has the right to report it to the proper authorities. Individuals who have a professional responsibility, such as social workers, doctors, teachers and school counselors are required by law to report any suspicions they have of child maltreatment.

Reports can be made 24 hours a day, 7 days a week via a phone number (1-800-482-5964) or via the Internet at http://www.arkansas.gov/reportARchildabuse/. Hotline operators are always working. If all operators are busy, you may have to wait. The name and information of the person who made the report is kept confidential and will only be revealed to proper authorities.
**Safe Places**  
1609 Broadway  
Little Rock AR 72206  
**Contact:** (501) 374-7233  
Email: kfindley@safeplaceslr.org  
Website: [http://www.centerforhealingandhope.com/Index.html](http://www.centerforhealingandhope.com/Index.html)  
Services: Serve as advocates and offer both 1 on 1 and group counseling on issues such as domestic abuse, sexual assault (formerly rape crises), and anger management in outpatient setting. Offers domestic and violence support groups. 8:30-5 M-F, on call 3+  

**Youth Bridge**  
Fayetteville Administrative Office  
2153 E. Joyce Blvd., Suite 201  
Fayetteville, AR 72703  
**Contact:** (479) 575-9471  
Website: [www.youthbridge.com](http://www.youthbridge.com)  
Services: Youth Bridge is a non-profit, for impact agency that serves teens and their families in the areas of abuse, neglect, addiction, homelessness, mental health issues and behavioral problems. We do this through outpatient, residential, outreach and emergency services.  
If you think you can benefit from our services, or need to give a referral, please call our clinical office in Fayetteville at 479-521-1532 during regular business hours. Or you can reach us any time toll free at 1-800-628-2260. The administrative office number is 479-575-9471. If you have a mental health emergency, please call 1-888-518-0108.  

Text the word SAFE and your current location to 69866 for finding an immediate safe youth shelter.  

**Fayetteville Clinical Office**  
4171 N. Crossover Road  
Fayetteville, AR 72703  
**Contact:** (479)521-1532 or 1-800-628-2260  

**Rogers Clinical Office**  
1200 W. Walnut St.  
Suite 1500  
Rogers, AR 72756  
**Contact:** (479) 636-0083
Berryville Office
1004 S. Main St.
Berryville AR, 72616
Contact: (870) 423-1077

Harrison Office
107 East Crandall Ave
Harrison, AR 72601
Contact: (870)741-8484

Mountain Home Office
706 S. Main St. Suite 1
Mountain Home, AR 72653
Contact: (870) 425-5644

Benton County Emergency Shelter
250 E. Centerton Blvd.
Centerton, AR 72719
Contact: (479)795-0503

Washington County Emergency Shelter
4626 Zion Road
Springdale, AR 72764
Contact: (479)927-0577 or 1-800-628-2260
CHILD SUPPORT

Child Support Enforcement Office
400 East Capitol
Little Rock, AR 72203
Contact: (501) 371-5400
Mailing Address: P.O. Box 8057
Little Rock, AR 72203
Email: support.littlerock@ocse.arkansas.gov
Website: http://www.dfa.arkansas.gov/Pages/ocseOffices.aspx
Services: Establish and enforce court orders involving non-custodial
parental child support. Counties serve: Pulaski and Perry
DAYCARE CENTERS

A Class Scholars Child Center
1701 N Mississippi Street
Little Rock, AR 72207
Contact: (501) 661-9835
Services: Basic childcare for children aged 6wks to 12 years
Open: 6:30 am to 12 pm. 6:30 am-12 pm

Above and Beyond Childcare Center
80 Westminster Dr.
Little Rock AR 72209
Contact: (501)568-4785
Services: Basic childcare for children aged 6wks to 12 years
Open: 6:30 am to 12 pm.

Adkins Infant and Child Center
9222 Chicot Road
Little Rock, AR. 72209
Contact: (501) 562-2147
Services: Basic childcare for infants to age 4 years
Open: 7:00 am to 5:45 pm

Adventureland Academy
1015 Autumn Road
Little Rock AR. 72211
Contact: (501) 227-0880
Services: Summer camp and childcare for children 6weeks to 11 years
Open: 6:30 am -6:00 pm

Darnall School
1816 Hinson Loop Road
Little Rock, AR. 72211
Contact: (501) 225-4462
Services: Offers in house speech therapy, music, Spanish, sign language, 
gymnastics, kindergarten readiness to infants to preschool 4 years
Open: 6:30 am- 6:00 pm

Karri's Kaptives Preschool
19630 Arch St Pike
Little Rock AR. 72206
Contact: (501) 261-7860
Services: Offers childcare for children 6wks to 12 years
Open: 5:30 am- 6:00 pm
Kidco Early Education and Learning Center
10700 Kanis Rd
Little Rock AR. 72211
Contact: (501) 223-3337
Services: Offers kindergarten readiness program and childcare for children ages 6wks- 6 years
Website: http://www.kidcoearlyed.com
Open: 6:30 am - 6:00pm Monday-Friday

Kidz Country Early Education and Learning Center
306 N Shackleford Rd.
Little Rock AR. 72211
Contact: (501) 224-0978
Email: kidzcountry@sbcglobal.net
Website: http://www.kidzcountryearlyed.com
Services: Kidz Country strives to facilitate the development of trust, autonomy, and initiative in each child, fostering the development of trust by being responsive to children's needs. We structure each room to facilitate activities that encourage exploration and children are encouraged to become responsible for tasks they are developmentally ready to handle. At Kidz Country, we believe appropriate child care practices and positive experiences lead to a child's success.
Kidz Country provides child care for over one hundred children and their families. Both Kidz Country locations offer care for children 6 weeks to 6 years of age.
Open: 6:30 am - 6:00 pm Monday through Friday

Little Scholars Learning Centers
8619 Stanton Rd
Contact: (501) 562-2774
Services: Private school offering superior academic services for children 15 months to Grade 7
Open: 8:30 am - 3:30 pm

One 2 Grow On Childcare
900 W 36th
North Little Rock, 722118
Contact: (501) 771-4769
Services: Offers childcare and a three year old program when schools starts to children 6wks to 12 years
Open: 6 am - 6 pm
St Augustines
1410 East 2nd Street,
North Little Rock, AR. 72114
Contact: (501)378-0940
Services: Basic childcare to youth 6wks to 5 years
Open: 6:30 am - 5:30 pm

The Children's Center
11501 Interstate 30
Little Rock, AR. 72209
Contact: (501) 455-2690
Services: Offers a curriculum based for each age, pick up at local area schools, part time and full time care for children 6 months to 12 years
Open: 6:00 am - 6:00 pm

Tiny Tots
3323 Fair Park Blvd
Little Rock AR 72204
Contact: (501) 568-2544
Services: Offers childcare and transportation for children ages 6wks to 13 years
Open: 6 am - 12 am.
CLOTHING

Central Baptist Church of North Little Rock
6103 Carnegie
North Little Rock, AR 72120
**Contact:** (501) 771-1125
Services: Open Wednesdays, 3:30 – 5:30pm. Located off Landers Road, NOT at the church.

Dress for Success, Lakeshore Baptist Church
1423 South Maine Street (Village Commons Complex, in the back)
Little Rock, AR 72202
**Contact:** (501) 562-4571
Services: Open Saturday, 10–2pm. *Job interview clothing* for women must have interview before receiving clothes, referral is required, 1 outfit for job interview a weeks worth of clothing if you get the job.

First Presbyterian Church
800 Scott Street
Little Rock, AR 72201(501) 372-1804
**Contact:** (501) 372-1804
Services: Open Thursday 12:00 – 1:00pm

Friendly Chapel Church of the Nazarene
116 South Pine Street
North Little Rock, AR 72114
**Contact:** (501) 371-0912
Services: Thrift shop open Saturday 9:00 – 11:00 a.m., nothing over $1.00, indoor sale of furniture and appliances once a month, call for details

Goodwill Industries, Main Office
1110 West 7th Street
Little Rock, AR 72201
**Contact:** (501) 372-5100
Services: Open by appointment for registered clients ONLY. *Job interview clothing* for men & women must have interview before receiving clothes, referral is required, 1 outfit for job interview a weeks worth of clothing if you get the job.

Goodwill Industries, Thrift Stores
9700 North Rodney Parham Road, Suite F
Little Rock, AR 72227
**Contact:** (501) 224-6221
Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm
2904 South University Avenue  
Little Rock, AR 72204  
**Contact:** (501) 568-5313  
Services: Monday - Saturday, 9:00–7:00pm, Sunday, 10:00–6:00pm

109 Gregory Place  
Jacksonville, AR 72076  
**Contact:** (501) 985-2645  
Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm

303 South East Street  
Benton, AR 72015  
**Contact:** (501) 778-9345  
Services: Monday - Saturday, 9:00–7:00pm, Sunday, 10:00–6:00pm

6929 John F. Kennedy Blvd., Suite 112  
North Little Rock, AR 72116  
**Contact:** (501) 835-5286  
Services: Monday - Saturday, 9:00–8:00pm, Sunday, 10:00–6:00pm

Greater Second Care Center  
5615 Geyer Springs Road  
Little Rock, AR 72209  
**Contact:** (501) 569-9988  
Services: Open by appointment.

Helping Hand of Greater Little Rock  
1601 Marshal Street  
Little Rock, AR 72206  
**Contact:** (501) 372-4388  
Services: Open Monday thru Thursday, 9 – 1pm. Available inexpensive thrift store clothing.

Mosaic Church of Central Arkansas  
6420 Colonel Glenn Road, Suite #1  
Little Rock, AR 72204  
**Contact:** (501) 562-3336  
Services: Open Tuesday 2–6pm

Promiseland Community Development Corp.  
3700 West 65th Street  
Little Rock, AR 72209
Contact: (501) 562-9952
Website: www.promiselandcdc.com
Services: Ministry of Compassion clothing assistance, call for appointment.

River City Ministry
1021 East Washington Avenue
North Little Rock, AR 72214
Contact: (501) 376-6694
Services: Open 1st & 3rd Wednesdays of the month, 9:00 – 11:00am.

Saint Francis House
2701 South Elm Street
Little Rock, AR 72204
Contact: (501) 664-5036
Services: Open Monday – Friday, 9:00 – 11:00am & 1:00 – 3:00pm. Must provide photo ID, Social Security card, and proof of income. Free clothing.

Saint John Baptist Church Clothes Closet
2501 South Main Street
Little Rock, AR 72206
Contact: (501) 975-2014
Services: Open Tuesday - Thursday 11:00 – 4:00pm and on the 1st Saturday of each month 9:00 – 12:00pm, ID Required.

Salvation Army
1111 West Markham Street
Little Rock, AR 72203
Contact: (501) 374-9296
Services: Vouchers are available for the homeless, Thrift store at 65th and Geyer Springs Road, Little Rock, Monday thru Saturday, 10:00 – 5:00pm.

Stew Pot, First Presbyterian Church
800 Scott Street
Little Rock, AR 72201
Contact: (501) 372-1804
Services: Open Thursday, 12:00 – 1:00pm.

Sylvan Hills Church of Christ, Clothes Bus
9213 Highway 107
North Little Rock, AR 72120
Contact: (501) 835-4141
Services: Open Thursday, 9:00 - 12:00 or by appointment
**Union Rescue Mission**  
2921 Confederate Blvd.  
Little Rock, AR 72204  
**Contact:** (501) 374-1108  
Services: Clothing vouchers are issued on Wednesday ONLY though our Social worker located at 3000 Confederate Blvd.

**Watershed**  
3701 Springer Blvd.  
Little Rock, AR 72206  
**Contact:** (501) 378-0176  
Services: Open Monday - Friday, 8:00 – 5:00pm. Free clothing for infants to adults, household items when available, ID required.
COUNSELING SERVICES AND MENTAL HEALTH RESOURCES

Arkansas Psychiatric Clinic PA
Adults, Children, Adolescents, and Seniors
28 Rahling Cir.
Little Rock, AR 72223
Contact: (501) 448-0060
Fax: (501)448-0066
Website: www.apclr.com
Services: The Arkansas Psychiatric Clinic exists to assist consumers in achieving optimal mental health assessment and treatment utilizing integrated and individualized psychiatric and psychotherapeutic expertise. Our providers represent a diverse group of specialists that are committed to putting the patient’s best interest first by using methods backed by a solid educational foundation while maintaining honesty, integrity, compassion and empathy.

Arkansas State Hospital Admissions Office
305 S. Palm Street
Little Rock, AR 72205
Contact: (501) 686-9000
Charles Smith, Administrator- (501) 683-6922
Steven Domon, M. D., Medical Director- (501) 686-9354
Website: http://www.arkansas.gov/dhs/dmhs/ar_state_hospital.htm
Services: The Arkansas State Hospital (ASH) is a component of the Division of Behavioral Health Services. ASH is licensed by the Arkansas Department of Health and the Centers for Medicare and Medicaid Services, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). ASH operates a total of 234 patient beds in three service areas: General Adult, Forensic, and Adolescent.

General Adult Service
The General Adult Service is comprised of three 30-bed units for persons 18 years of age and older. All admissions to these units must first be screened by one of the 15 community mental health centers (CMHC’s) to assure appropriateness of admission, continuity of care, and treatment within the least restrictive setting. Each CMHC offers an array of services from brief intervention therapies to long-term community support services. The CMHC’s offer 24-hour emergency care and persons in need of more restrictive care may be treated in a local hospital or crisis unit, where possible. It is the philosophy of the Division of Behavioral Health Services that responsibility, authority, and accountability for client services should be at the local level.
Adolescent Service
The Adolescent Service is comprised of three units: an 18-bed coeducational program for adolescents 13-17 years of age who are in need of acute or residential care; an 18-bed program for adolescent male sexual offenders 13-17 years of age; and a 16-bed program for adolescent males 13-17 years of age who have mental health problems and developmental disabilities. Patients may be referred by local CMHC’s, other divisions of the Department of Human Services, private treatment providers, or the juvenile

Arkansas Voices for Children Left Behind
1818 North Taylor St. #140
Little Rock AR 72207
**Contact:** (501) 366-3647
Email: deeann@arkansasvoices.org
Website: [http://www.arkansasvoices.org](http://www.arkansasvoices.org)
Services: Serves children who are left behind by incarcerated parents, foster parents, undocumented parents who are arrested, parental addiction etc. Call 24/7 and serves children ages 0-18.

Bridgeway Hospital
21 Bridgeway Road
North Little Rock, AR 72113
**Contact:** (501) 771-1500
Website: [http://www.thebridgeway.com/index.html](http://www.thebridgeway.com/index.html)
Services: The BridgeWay offers a continuum of services designed to help children, adolescents and adults who are experiencing those behavioral, emotional or addictive problems that can lead to fractured lives. Our team of professionals includes board-certified child/adolescent and adult psychiatrists, master’s-level clinical therapists, case managers, and nurses and mental health associates who are here to help people reconnect with their families, friends and employers so that they may lead productive lives. Private inpatient hospital, some payment required.

Center for Youth and Families
5905 Forest Pl
Little Rock, AR 72205
**Contact:** (501) 666-4949
**Contact:** (501)666-8686 or toll free 1-888-868-0023
Website: [http://centersforyouthandfamilies.org](http://centersforyouthandfamilies.org)
Services: We offer treatment in the form of outpatient counseling, school-based therapy, case management, day treatment, an emergency shelter and independent living programs in addition to therapeutic foster care and
residential services in Central Arkansas as well as in Monticello, Arkansas. Parent Center offers parenting classes and support groups and a Parent Resource Center where parenting videos, books and websites along with other information can be accessed free of charge. Our Community Center not only offers a fitness center and swimming pool but an excellent locale for community meetings, classes and activities.

**Outpatient Counseling**  
Judye Ebanks (501) 666-8686 or 666-4949

**School Based Services**  
Judye Ebanks (501) 666-4949

**Day Treatment Services**  
Judye Ebanks (501) 374-3686

**Therapeutic Foster Care**  
Leah Williams (501) 666-8686, ext. 1101

**Independent Living Program**  
Access Office (501) 666-8686 or 1-888-868-0023  
Anita Singleton ext. 1240 or Craig Robinett ext. 1241

**Emergency Services**  
(501) 666-8686 or 1-888-868-0023

**Emergency Shelter**  
Jan Sims (501) 666-7233

**Parent Center**  
Pam Plummer (501) 666-6833

**Centers’ Bess Chisum Stephens Community Center**  
Rosalie Shahan (501) 664-4268

**Family Therapy of Little Rock**  
Children and Families  
10800 Financial Centre Parkway, Suite 490  
Little Rock, AR. 72211

**Contact:** (501) 228-0288  
Fax: (501)228-8189  
Website: [www.familytherapylr.com](http://www.familytherapylr.com)

Services: FTLR provides individual and family therapy to both children and adults in a secure and inviting environment. We also provide a support group through the Grief Recovery Institute in which we help adults with grief issues. Ann Camferdam Wrotny, LCSW, the lead therapist at Family Therapy of Little Rock, has an extensive history in working with children and adults. She is also certified by the Grief Recovery Institute as a Grief Recovery Specialist.
Family Service Agency
628 W. Broadway
North Little Rock, AR 72114
**Contact:** (501)372-4242
Website: [http://www.helpingfamiliesfirst.org](http://www.helpingfamiliesfirst.org)
Services: Providing counseling for marriage, group, family, substance abuse, crime victims, finances, debt management, alcohol and drug abuse, and many more issues.
Services: Mental health counseling for depression, grief, domestic violence, marital problems, there is a sliding scale fee with a minimum payment of $30.00 per session required.

Family Therapy Services
2 Inwood Circle
Little Rock, AR.
**Contact:** (501) 954-7470
Fax: (501) 954-7420
Website: [www.youthhome.org](http://www.youthhome.org)
Services: Youth Home provides a professional therapeutic environment for teenagers with emotional and behavioral problems.

Grace Meadow Counseling Services
Individuals, Families and Groups
Locations:
- 18156 Congo Ferndale Road, Little Rock, AR
- 1511 W. Sevier St., Suite C, Benton, AR
Mailing Address:
Grace Meadow
C/O Jim Flowers
P.O. Box 2477
Bryant, AR 72089
**Contact:** (501)920-1901
Website: [www.gracemeadow.com](http://www.gracemeadow.com)
Services: Provide independent, professionally excellent, Christian counseling/therapy service.

Haas Psychiatric Services, PA
2001 Club Manor Drive
Maumelle, AR 72113
**Contact:** (501)687-0488
Services: Christian Based Clinic - Adults and Children

Lakewood Behavioral Health Associates
4020 Richards – Suite F
North Little Rock, AR  
**Contact:** (501)-753-1616  
**Website:** [www.lakewoodbehavioralhealth.com](http://www.lakewoodbehavioralhealth.com)  
**Services:** Individual, Couples, Children, Adolescents, Family, Group and Medication  
**Interests:** Couples Counseling, Addictions, Anger Management, Group Therapy and Mood Disorders

**Len Lowman, LCSW, PA Counseling Services**  
Men’s Groups, Sexual Addiction, Marital, Family, and Individuals  
10810 Executive Center Dr. Suite 100  
**Contact:** (501)664-0246  
**Services:** Family, individual and marital counseling/therapy. Men's issues, addictions (sexual, chemical, relationships), mental health issues.

**Little Rock Community Mental Health Center**  
4440 Shuffield Drive  
Little Rock, AR 72205  
**Contact:** (501) 686-9300  
**Services:** Mental health counseling, there is a sliding scale fee, financial interview and triage will be done over the phone, Monday thru Friday, 8:00 – 5:00pm.

**Methodist Family Health Counseling Clinic**  
Children and Families  
2002 S. Fillmore St.  
**Contact:** (501) 661-0720 or 1-800-756-3709  
**Website:** [www.methodistfamily.org](http://www.methodistfamily.org)  
**Services:** Methodist Family Health provides the only comprehensive behavioral healthcare system to children and families of Arkansas, through myriad services. It brings value to the state and the communities it serves in many ways.

**Millcreek of Arkansas**  
P.O. Box 727  
Fordyce, AR 71742  
**Contact:** (870) 352 – 8203  
**Fax:** (870) 352- 8299  
**Website:** [http://www.millcreekofarkansas.com/](http://www.millcreekofarkansas.com/)  
**Services:** Millcreek is a privately licensed Intermediate Care Facility for the Mentally Retarded (ICF/MR), Psychiatric Residential Treatment Facility (PRTF) and Special Education School for child and adolescents age 6-21 years all over the state of Arkansas.
Napa Valley Counseling Services
12115 Hinson Road, Ste. 400
Contact: (501) 224-0318
Fax: (501)224-0354
Website: www.napavalleycounseling.com
Services: Individual Counseling, Marital counseling, Family Counseling, Child/Adolescent Counseling, Group Therapy, Pre-marital Counseling, Men's and Women's Issues, Counseling for Depression or Anxiety, Stress Management, Anger Management, Counseling for Eating Disorders, Counseling for Adult Survivors of Abuse, Counseling for Addictive and Compulsive Behaviors and Grief Counseling

Pinnacle Pointe Behavioral HealthCare System (In and Out-Patient)
11501 Financial Centre Parkway
Little Rock, AR 72211
Contact: (501)223-3322 or (800)880-3322
Website: www.pinnaclepointehospital.com
Services: Located in Little Rock, Ark., Pinnacle Pointe Hospital offers psychiatric services for children and adolescents. Our 102-bed hospital for children ages 5-17 offers: Acute services (short-term stay, 2-14 days), Residential services (longer term program, 2-6 months), Outpatient services, Licensed by the state Department of Health and K-12 school approved by the Arkansas State Department of Education. Pinnacle Pointe provides its patients with the support they need to make their stay a life-altering experience.

Professional Counseling Associates
Administration Office
3601 Richards Road
North Little Rock, AR 72117
Contact: (501) 221-1843
Website: www.pca-ar.org
Services: Our goal and mission is to offer pathways to wholeness, healing and hope through caring and effective mental health services.
Services: Mental health counseling, there is a sliding scale fee, financial interview and triage will be done over the phone. Satellite clinics at:
Contact: Jacksonville - (501) 982-7515, Sherwood- (501) 955-7600
North Little Rock- (501) 955-7600, South West Little Rock- (501) 568-4294
Locations:
9110 Geyer Springs Rd.
Little Rock, AR 72209
Contact: (501) 568-4294
7800 John F. Kennedy Blvd.
North Little Rock, AR.
**Contact:** (501) 835-4174

Springhill - North Little Rock
4354 Stockton Dr.
North Little Rock, AR 72117
**Contact:** (501) 955-7600

7800 Hwy 107
Sherwood, AR 72120
**Contact:** 501-835-4174

**Richard Miller, LCSW, LMFT, D.Min**
1215 Breckenridge
Little Rock, AR. 72205
**Contact:** (501) 580-2308
Website: [www.richardhmiller.org](http://www.richardhmiller.org)
Services: Individual, Couples, Youth and Families

**Timber Ridge Ranch NeuroRestorative Services**
15000 Highway 298
Benton, AR 72019-9282
**Contact:** (800)743-6802
Email: neuroinfo@thementornetwork.com
Website: [http://www.neurorestorative.com/locations/arkansas/timber-ridge](http://www.neurorestorative.com/locations/arkansas/timber-ridge)
Services: NeuroRestorative Timber Ridge offers a continuum of community-based, inpatient treatment and supported living programs for children and adults with brain injury and other neurological challenges. Established in 1984, NeuroRestorative Timber Ridge is one of the largest pediatric brain injury facilities in the country and has helped hundreds of children and adolescents receive the specialized supports, therapies and education they need in a setting that promotes growth and independence.

**UAMS Psychiatry- Walker Family Clinic**
4301 W. Markham St.
Little Rock, AR 72205
**Contact:** (501) 526-8200
Website: [www.uams.edu](http://www.uams.edu)
Hours: 8-4:30
Services: Young Adult and Adult Counseling and Psychiatric Services. Ages of 14 and above. Personalized care in a supportive and confidential environment includes the following:
• Psychiatric evaluation
• Medication management
• General psychological and neuropsychological testing
• Individual, family and group psychotherapy
• Case management

Specialty services for clients with developmental disorders, substance use disorders (alcohol and drug abuse) and eating disorders (anorexia and bulimia) are available.

**UAMS Strive Program**
4701 Fairway Avenue
North Little Rock, Arkansas 72116
**Contact:** (501) 771-8261
**Website:** [http://www.uamshealth.com/STRIVE](http://www.uamshealth.com/STRIVE)

**Services:** STRIVE is a school-based community outreach program located at Pine Street in North Little Rock. The goal of this program is to provide intensive outpatient therapy for students who are at risk for out-of-home placement due to emotional and behavioral problems, helping them develop a positive identity and value system. Hours are from 8:00 a.m. - 4:30 p.m. Monday – Friday.

**UAMS Child Study Center**
Arkansas Children's Hospital, 5th Floor
1120 Marshall St.
**Contact:** 501-364-5150
**Hours:** 8-4:30

**Services:** This clinic primarily treats children of ages pre-school through 13, along with parents or guardians. Patients are typically referred directly for initial assessment, which consists of clinical interviews, mental status exams and reviews of existing evaluation or historical data. Based on this assessment, appropriate referrals are made for psychological evaluations and subsequent treatment plan recommendations, or treatment is initiated. Consultation from a child psychiatrist, psychiatric social worker or other mental health specialist is available as needed.

Outpatient diagnostic services include the following:
- Individual, group and family therapy
- Behavior management techniques
- Parent education and training
- Medication consultation and treatment

**Youth Home, Inc.**
Teens and Families
20400 Colonel Glenn Rd.
Little Rock AR
**Contact:** (501) 821-5500 or 1-800-728-6452
Fax: (501) 821-5580
Email: info@youthhome.org
Website: [www.youthhome.org](http://www.youthhome.org)
**Services:** Youth Home provides a professional therapeutic environment for teenagers with emotional and behavioral problems.

**Youth Villages Operations Center**
3320 Brother Blvd
Memphis, TN 38133
**Contact:** (901) 251-5000
Fax: (901) 251-5001
Website: [http://www.youthvillages.org/arkansas-loc.aspx](http://www.youthvillages.org/arkansas-loc.aspx)
**Services:** Youth Villages has built a national reputation for offering the most effective programs and services to help emotionally troubled children and their families. A private nonprofit organization, we provide a fully integrated continuum of counseling services and programs designed to help children with emotional and behavioral problems overcome their challenges and live successfully with their families. We believe therapy for children should be provided in the least restrictive setting possible, preferably in their own homes.
DENTAL CLINICS

Arkansas Donated Dental Services
Betty Danielson or Pat Keller
PO Box 56248
Little Rock, AR 72215
**Contact:** (501)221-0280 or 1-800-932-8247
Email: betty@ahcaf.org
Website: [http://nfdh.org/joomla_nfdh/content/view/](http://nfdh.org/joomla_nfdh/content/view/)
Services: DDS serves those Arkansas who are disabled, elderly or medically compromised who cannot afford needed dental treatment and have no other way of receiving help. These patients must need extensive treatment, not just cleaning and checkup.

Arkansas Health Care Access Foundation Inc.
P.O. Box 56248
Little Rock, AR 72215
**Contact:** (501) 221-3033
Website: [http://www.ahcaf.org](http://www.ahcaf.org)
Services: Open Monday thru Friday, 8:30–5:00pm. For low income, medically uninsured Arkansans. Go to your County Health Department for the application. Process takes 5 to 7 working days.

Christian Community Care Clinic
220 West South Street
Benton, AR 72205
**Contact:** (501) 776-1703
Services: Appointment required, uninsured Saline County residents ONLY, ID required, Call for appointments and requirements.

College Station Clinic
4206 Frazier Pike
College Station, AR 72053
**Contact:** (501) 490-2240
Services: Open Monday, Tuesday and every other Wednesday 8:00 – 3:30pm, appointments recommended, proof of income and two forms of ID required. Minimum co-pay of $25.00 depending on income

Harmony Health
201 East Roosevelt Road
Little Rock, AR 72206
**Contact:** (501) 375-4400
Services: Appointments required, proof of income and ID required
River City Ministry
1021 East Washington
North Little Rock, AR 72114
**Contact:** (501) 376-6694
Services: Appointments required, call the first Thursday of the month to make at 8:30am to schedule an appointment, and be put on the wait list. Dental services scheduled Mondays, Thursdays and Fridays, as scheduled

Saint Vincent Health Clinic East
2500 East 6th Street
Little Rock, AR 72202
**Contact:** (501) 552-4710
Services: Open Monday thru Thursday 1:00 the first two walk-ins will be seen, Friday 8:00am the first 6 walk-ins will be seen. Simple extractions $55.00 surgical extractions $110.00. Walk-in only, no appointments accepted for extractions. Appointments required for fillings $35.00 and cleaning $50.00. Call for appointments for fillings and cleaning. Proof of income required.

Shepherds Hope Neighborhood Health Center
2404 Tyler Street
Little Rock, AR
**Contact:** (501) 614-9523
Services: Proof of residency required, serving the 72204 and 72209 zip codes. Extractions only and appointments only.

UAMS, Dental Hygiene School
4301 West Markham, Slot 609
Little Rock, AR 72205
**Contact:** (501) 686-5734
Services: The UAMS Department of Dental Hygiene maintains a clinic which provides select dental hygiene services to the public while providing clinical experience for students enrolled in the program. Dental hygiene services are provided by students under the direct supervision of faculty dental hygienists and dentists. An appointment is required and can be made by calling 501-686-5733. Please note, the clinic does not provide restorative services (fillings, crowns, etc.) or tooth extractions.
EDUCATION & LITERACY

Arkansas Rehabilitation Services
26 Corporate Hill Drive
Little Rock, AR 72205
Contact: (501) 686-2800
Email: aging.services@arkansas.gov
Website: www.state.ar.us/dhs/aging
Services: Prepares people with disabilities to enter the work force thru education, social and accessibility support. Hearing aids and prosthetics provided.

College Station, Community Development Corp.
P.O. Box 540
College Station, AR 72053
Director: Woodrow Keown
Email: wkeown@cei.net
Contact: (501) 490-1058
Fax: (501) 490-0833

Goodwill, Good Guides
1110 West 7th Street
Little Rock, AR 72201
Contact: (501) 372-5100 Ext. 133
Services: Good Guides is a national mentoring program for at-risk children ages 12 to 17.

Job Corps
6900 Scott Hamilton
Little Rock, AR 72201
Contact: (501) 618-2500
Fax: (501) 570-0410
Website: http://littlerock.jobcorps.gov
Website: http://www.jobcorps.gov/home.aspx
Services: Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a good job. For eligible youth at least 16 years of age, Job Corps provides the all-around skills needed to succeed in a career and in life.

Cass
21424 N. Highway 23
Ozark, AR 72949
Contact: (479) 667-3686
Fax: (479) 667-3989
Website: [http://cass.jobcorps.gov](http://cass.jobcorps.gov)

**Ouachita**
570 Job Corps Road
Royal, AR 71968
**Contact:** (501) 767-2707
Fax: (501) 321-3798
Website: [http://ouachita.jobcorps.gov](http://ouachita.jobcorps.gov)

**Lewis-Burnett Employment Finders Inc.**
7123 I-30
Little Rock, AR 72209
**Contact:** (501) 565-3410 or (501) 565-3413
Website:
Services: Free GED preparation program, service, primarily focused on finding employment for released felons.

**Literacy Action of Central Arkansas**
100 Rock Street Suite 403 (Inside Main Public Library)
Little Rock, 72203
**Contact:** (501) 372-7323
Fax: (501) 371-9888
Email: Clif Ford, Executive Director cford@LiteracyLittleRock.org
Email: Mary Givens, Literacy Coordinator mgivens@LiteracyLittleRock.org
Website: [http://www.literacylittlerock.org](http://www.literacylittlerock.org)
Services: Teach adults to read in preparation for GED, & English as a second language. Parking is available across from the library. Office hours: 9 A.M to 5 P.M., Monday – Thursday 9 A.M. to 1 P.M. Friday

**Little Rock Adult Ed. Center**
4800 West 26th Street
Little Rock, AR 72204
**Contact:** (501) 447-1850
Richard Jones, Director
Email: ae@rjones.org
Linda Kindy, ESL Coordinator
Email: linda.kindy@lrsd.org
Fax: (501) 447-1897

**Little Rock Goodwill**
1110 West 7th Street
Little Rock, AR 72201
Gretchen Jarman
Email: gretchengarman@sbcglobal.net
Contact: (501) 372-5100
Fax: (501) 372-5100

**Little Rock Our House Learning Center**
302 East Roosevelt
Little Rock, AR 72206
Brenda Reagan and Charsa Wright
Email: charsawright@yahoo.com
**Contact:** (501) 374-9675
Fax: (501)374-9675

**Adult Education Center**
4300 Haywood Street
North Little Rock, AR 72117
Vilicia Bester
Email: vb1234@hotmail.com
Melissa Fetherston
Email: melfetherston@yahoo.com
Director: Jolla Robinson
Email: jollarobinson@hotmail.com
**Contact:** (501) 945-6055
Fax: (501) 945-6088

**Indian Hills Goodwill**
6929 JFK Blvd.
North Little Rock, AR 72116
Kenneth Bunch
Email: kenibunch@gmail.com
**Contact:** (501)835-5286
Fax: (501)835-5286

**North Little Rock Workforce Center**
3901 McCain Mall Park Drive
North Little Rock, AR 72116
Caroline Howard
Email: lrarjdh@hotmail.com
**Contact:** (501)376-4119
Fax: (501)376-4119

**PCAE Wage-Jacksonville**
104 South 1st Street
Jacksonville, AR 72076
Carol Hilliard
Email: hilliardcarol@hotmail.com
Director: Jolla Robinson  
Email: jollarobinson@hotmail.com  
**Contact:** (501) 985-3560  
Fax: (501) 985-1464

**Shorter College Adult Education**  
604 North Locust Street  
North Little Rock, AR 72114  
Lloyd Huskey, Director  
Email: lh3721547@sbcglobal.net  
**Contact:** (501) 372-1547  
Fax: (501) 372-1573

**Metropolitan Vocational Center**  
7701 Scott Hamilton Drive  
Little Rock, AR 72209  
**Contact:** (501) 565-8465

**Our House Learning Center**  
302 East Roosevelt  
Little Rock, AR 72206  
**Contact:** (501) 374-7383  
Website: www.ourhouseshelter.org  
Services: Open to community members for GED prep, basic literacy classes, TABE testing, career readiness certificate preparation and testing, and more.

**Promise Christian Academy**  
3700 West 65th Street  
Little Rock, AR 72209  
**Contact:** (501) 570-0048  
Services: Preschool, before and after school programs for children. Transportation is provided from local elementary schools. Summer camp program for children from kindergarten thru high school. DHS vouchers accepted, call for fees and daily rates.

**Simone’s Home**  
P.O. Box 45964  
Little Rock, AR 72214  
**Contact:** (501) 772-4987  
Website: www.simoneshome.com  
Services: Resource center for girls ages 12 – 18 to help them become self-sufficient women after leaving foster care. Life skill classes, career preparation programs, and mentoring.
S.T.E.P. Ministries
P.O. Box #122
North Little Rock, AR 72115
**Contact:** (501) 758-4054
Services: Tutoring in the public schools for at risk children.

The Learning Center of North Little Rock
P.O. Box 976
1900 N. Pine St.
North Little Rock, AR 72115
Tara Harrison, Director
Email: nlrlearn@aol.com
**Contact:** (501) 753-5858
Fax: (501) 812-0915

University of Arkansas
2801 South University Avenue
Little Rock, AR 72204
**Contact:** (501) 569-3127
Website: [http://apply.ualr.edu](http://apply.ualr.edu)
Services: The University of Arkansas offers **FREE** tuition of Arkansas residents over the age of 60. Older residents may receive a waiver of all tuition and general student fees on a space-available basis. All other fees, including admissions, facilities, technology, health, athletic, business technology, and other specific fees will not be waived. Students qualifying for this waiver will only be allowed to register on the last day of regular registration and during the late registration period.

VA Drop-In Day Treatment Center
1101 West 2nd Street
Little Rock, AR 72201
**Contact:** (501) 257-4499
Services: Comprehensive homeless center for veterans ONLY. Providing a broad range of education and special programs. Available to veterans ONLY.

Watershed Child Development Center
Human and Community Development Agency Inc.
3701 Springer Boulevard
Little Rock, AR 72206
**Contact:** (501) 376-6694
Website: [www.nebowatershed.com](http://www.nebowatershed.com)
Services: Open 6:30am – 6:30pm Monday thru Friday, child development center, youth services: Watershed’s own at-risk program for youth, Helping Youth Help Themselves for at-risk youth ages 12-17, Our Club, after school
program for youth ages 6-12, Educational Services, access to tutoring and GED classes. DHS Vouchers accepted.
EMPLOYMENT

Arkansas Department of Workforce Services
5401 South University Avenue
Little Rock, AR 72209
Mailing Address: P.O. Box 4970,
Little Rock, AR 72214
Contact: (501) 682-0228, 682-8030
Fax Number: 501-682-7797
Website: http://www.arkansas.gov/esd
Services: Employment Assistance, Unemployment Insurance, Health Related Assistance, Educational Assistance, Welfare and Food Stamps Assistance, Transitional Employment Assistance (TEA), Medicaid, Child Care and Housing Assistance, Utilities Assistance, Counseling Assistance, and Training Assistance. Employer Assistance, including registration, job orders, recruitment, selection, referral, testing, on-the-job training, employer tax information, interview scheduling, labor force statistics, occupational employment projections, growth occupations in Arkansas, licensed occupational information and local employer advisory committee information. Hours of Operation Monday thru Friday, 8:00 – 4:30pm, unemployment office, FAX, phone, copy machine, job search related use only.
Counties Served: Pulaski (south of the Arkansas River)
Classroom Instruction: Monday-Thursday -- 8:00 am until 8:00 pm

Brennan Re-Entry Program Management
P.O. Box 25231
Little Rock, AR 72221
Contact: (800) 557-1677
Website: jbrennen@brennansc.com
Services: Brennan Re-Entry Program Management works with state and local government agencies to realize structural rehabilitation and/or construction by hiring for construction and building trades.

Command Labor
601 West 2nd Street
Little Rock, AR 72201
Contact: (501) 372-7000
Services: Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

Goodwill Industries Main Office
1110 West 7th Street
Little Rock, AR 72201
Contact: (501) 372-5100

**Labor Finders**
P.O. Box 191803
Little Rock, AR 72219
Contact: (501) 565-9632
Services: Located at 7223 Geyer Springs Road. Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

**Labor Ready**
1400 South University Avenue
Little Rock, AR 72204
Contact: (501) 562-6111
Services: Day labor coordinators. First fill out their forms then arrive early in the morning and wait to find daily work.

**Lewis-Burnett Employment Finders Inc.**
7123 I-30
Little Rock, AR 72209
Contact: (501) 565-3410 or (501) 565-3413
Services: Primarily focused on finding employment for released felons.

**Pride Industries**
700 West Capitol Avenue, Suite B-125
Little Rock, AR 72201
Contact: (501)374-8087
Email: Joan.oconnor@prideindustries.com
Services: Hiring individuals with severe disabilities. Employing those with physical, mental, and developmentally disabilities ONLY.

**Watershed**
3701 Springer Blvd.
Little Rock, AR 72206
Contact: (501) 378-0176
Services: “Working to find work” Job guidance counseling, employment assistance. Job preparedness classes Tuesday thru Thursday 10:00 – 12:00
EX-OFFENDER (FELON) PROGRAMS

Arkansas C.U.R.E.
P.O. Box 56001
Little Rock, AR 72215
Contact: (501) 223-2620 or (501) 519-0064
Services: The local chapter of an international grass roots organization dedicated to reducing crime through reform of the criminal justice system.

Arkansas R.S.O.L.
P.O. Box #2764
Little Rock, AR 72203
Contact: (501) 563-2197
Services: The local chapter of a national advocacy group dedicated to addressing issues specific to registered sex offenders.

Brennan Re-Entry Program Management
P.O. Box 25231
Little Rock, AR 72221
jbrennen@brennansc.com
Contact: (800) 557-1677
Services: Brennan Re-Entry Program Management works with state and local government agencies by employing Ex-Offenders to realize structural rehabilitation and/or building trades.

F.E.I.P.A., Friends and Family of Ex-offenders and Incarcerated Persons Association
Watershed
3701 Springer Boulevard
Little Rock, AR 72206
Contact: (501) 378-0176
Services: Open 2nd & 4th Mondays at 6:30pm

Goodwill Industries
1110 West 7th Street
Little Rock, AR 72201
Contact: (501) 372-5100 Ext 177

Lewis-Burnett Employment Finders Inc.
7123 I-30
Little Rock, AR 72209
Contact: (501) 565-3410 or (501) 565-3413
Services: Free service, primarily focused on finding employment for released felons. Pre-employment training class Wednesday 9:30 am.

Under Grace Ministries
PO Box 17422
Little Rock AR 72212
Contact: (501) 690-1380
Services: Ministry working on development center for those getting out of DCC. Open 8-5 to those 18 and older.

VA Drop-In Day Treatment Center
1101 West 2nd Street
Little Rock, AR 72201
Contact: (501) 257-4499
Services: Incarcerated veterans’ re-entry program. For veterans ONLY.
**EYE CARE**

**Arkansas Lions State Office**
7430 North Hills Blvd.
North Little Rock, Arkansas 72116  
**Contact:** (501) 834-5111  
Email: arlions@sbcglobal.net  
Website: [www.arkansas.lions.com](http://www.arkansas.lions.com)  
Services: Local Lion’s Clubs will sometimes help with glasses/exams. Call the state office to obtain the number of the Lion’s Club in your area. Closed on Fridays.

**Arkansas School for the Blind**
2600 W. Markham  
Little Rock, AR 72203  
**Contact:** (501) 296-1810  
Website: [www.arkansasschoolfortheblind.org](http://www.arkansasschoolfortheblind.org)  
Services: Serves children ages 3-21

**River City Ministry**
1021 East Washington  
North Little Rock, AR 72114  
**Contact:** (501) 376-6694  
Services: Appointments required, Saturdays, 8:00 – 12:00, wait list.
FINANCIAL, UTILITY ASSISTANCE
CONSUMER CREDIT COUNSELING SERVICE

Central Arkansas Development Council
Contact: (501) 778-113
Website: http://cadc.com/index2.php
Services: CADC is a federally funded, non-profit community action agency that helps to alleviate poverty in Southwestern Arkansas. We were created when President Johnson initiated the war on poverty in 1964. In our 12 county area we offer services such as public transportation, Head Start, LIHEAP and many others. Please visit our services page to get a description of all our services that we offer.

Jacksonville CADC
2 Crestview Plaza
Jacksonville, AR 72076
Contact: (501) 457-5621

Little Rock CADC
5401 South University Avenue
Little Rock, AR 72209
Contact: (501) 603-0909

North Little Rock CADC
3901 McCain Park Road
North Little Rock, AR 72116
Contact: (501) 771-0745

A.C.O. Arkansas Community Organization
2101 South Main Street
Little Rock, AR 72206
Contact: (501) 376-7151
Website: www.facebook.com
Services: Empowering low income families thru credit counseling, home ownership counseling, income tax preparation, financial literacy and counseling

Centerpoint Energy (Gas)
Customer Service
Contact: (800) 992-7552

Entergy (Electricity)
Customer Service
Contact: (800) 368-3749

North Little Rock Administrative Office
4504 Burrow Drive
North Little Rock, AR 72116
Contact: (501)753-0202
Fax: (501)812-4309
Email: cccs@fsainc.org
Website: http://www.helpingfamilies.org
Services: Consumer Credit Counseling Service is a private, nonprofit community service that provides money management assistance to individuals and families, assisting them in arranging mutually acceptable debt repayment plans with their creditors. CCCS counselors will help you plan a monthly budget that fits your needs and suggest methods to improve money management and spending habits. For more information on CCCS counseling or to schedule an appointment, call the office closest to your home or place of work.

Saint Francis House – The Benefit Bank of Arkansas
2701 South Elm Street
Little Rock, AR  72209
Contact: (501) 664-5036 Ext. 229
Services: Assistance with utility bills by appointment only, call between 8:30 – 1:00am. Must provide photo ID, Social Security card, and proof of income.

Helping Hand of Greater Little Rock
1601 Marshal Street
Little Rock, AR 72206
Contact: (501) 372-4388
Services: Open Monday thru Thursday, 9:00 – 1:00pm. If funds are available, may provide up to $15.00 in support, Social Security card required
FOOD PANTRIES

Airport Church of Christ
8501 Fourche Dam Pike
Little Rock, AR 72206
Contact: (501) 490-9800
Services: Open Wednesdays 9:00 – 1:00pm. ID required, may be served only once per month

Amboy Community Food Pantry
100 Auburn Drive
North Little Rock, AR 72118
Contact: (501) 753-2777
Services: Open Monday & Thursday 9:00 – 12:00pm. Proof or residency in North Little Rock is required. Delivery may be available to shut-ins in emergency situations only.

Bullock Temple
1513 South Park Street
Little Rock, AR 72202
Contact: (501) 375-1581
Services: Monday 10:00 – 1:00pm or by appointment, ID Required.

Calvary Baptist Church
5025 Lynch Drive
North Little Rock, AR 72117
Contact: (501) 945-4174
Services: Open 2nd & 4th Tuesdays 1:00 – 3:00pm. For Rose City residents ONLY. Proof of address required.

Capitol City Free Freewill Church
6724 West 32nd Street
Little Rock, AR 72204
Contact: (501) 562-7158
Services: Open 2nd Wednesday of each month 10:00-4:00pm

Central Baptist Church of North Little Rock
6103 Carnegie
North Little Rock, AR 72120
Contact: (501) 771-1125
Services: Food pantry, open Wednesdays, 3:30 – 5:30pm. Located off Landers Road, NOT at the church.
Christ Temple Outreach Center
1923 South Arch Street
Little Rock, AR 72206
Contact: (501) 376-1664
Services: Open Tuesday & Thursday 10:00 – 1:00pm

Church at Rock Creek
11500 West 36th Street
Little Rock, AR 72211
Contact: (501) 221-1051
Services: Open Monday thru Friday. Call in the mornings between 7:30 & 11:30am to schedule an afternoon appointment. Photo ID required. First time recipients need utility bill to verify address and birth certificates or SS cards for any children under 18. Services available for each person/family at intervals of 5-weeks.

East Gate Fishing Center
1900 Pine Street
North Little Rock, AR 72114
Contact: (501) 812-0776
Services: Open Wednesday 9:00 – 11:30am

First Baptist Church
2015 Main Street
North Little Rock, AR 72114
Contact: (501) 758-1525
Services: Open by appointment only.

First Christian Church Food Pantry
1500 North Mississippi Street
Little Rock, AR 72207
Contact: (501) 225-5656
Services: Open Fridays, 10:30 – 12:00pm. Picture ID required.

First Christian Church of Sherwood
2803 East Kiehl Avenue
Sherwood, AR 72120
Contact: (501) 835-5505
Services: Open Friday 10:30 – 12:00pm. Picture ID Required.

First Pentecostal Church Food Pantry
1401 Calvary Road
North Little Rock, AR 72116
Contact: (501) 758-3090
Services: Open Fridays, 1:00 – 5:00pm. Picture ID required.

**First United Methodist Church**  
6701 John F. Kennedy Blvd.  
North Little Rock, AR 72116  
**Contact:** (501) 835-2201  
Services: Open Tuesday 9:30 – 11:00am. Services for North Little Rock and Sherwood residents ONLY! 2 forms of ID required. Vouchers only, $20.00 for Kroger, $10.00 for Goodwill.

**Friendly Chapel Church of the Nazarene**  
116 South Pine Street  
North Little Rock, AR 72114  
**Contact:** (501) 371-0912  
Services: Open to all residents of inner-city North Little Rock, call for appointment.

**Gardner Memorial Methodist Food Pantry**  
1723 Schaer Street  
North Little Rock, AR 72114  
**Contact:** (501) 374-9520  
Services: Open Monday & Thursday 1:00 – 3:00pm. Picture ID Required. Serves ONLY residents of North Little Rock.

**Geyer Springs United Methodist Church**  
5500 Geyer Springs Road  
Little Rock, AR 72209  
**Contact:** (501) 565-3175  
Services: Open 2nd & 3rd Thursday 9:00-12:00pm. Serves residents of the 72209 zip code ONLY. Picture ID required.

**Greater Second Care Center**  
5615 Geyer Springs Road  
Little Rock, AR 72209  
**Contact:** (501) 569-9988  
Services: Open Tuesday thru Thursday 8:00 – 4:00pm. Picture ID required.

**Greater South Temple, (COGIC)**  
2326 South Arch Street  
Little Rock, AR 72209  
**Contact:** (501) 375-2880  
Services: 3rd Thursday of each month 4:00 – 5:00pm. Picture ID required.
Greater Trinity Church of God in Christ  
2400 Wright Avenue  
Little Rock, AR 72202  
**Contact:** (501) 375-4336  
**Services:** Open 2\textsuperscript{nd} Thursday, 9:30 – 12:00pm

Helping Hand of Greater Little Rock  
1601 Marshall Street  
Little Rock, AR 72206  
**Contact:** (501) 372-4388  
**Services:** Open Monday – Thursday 9:00 – 1:00pm. Must bring social security Card. Food and inexpensive thrift store clothing available.

Hunter United Methodist Church & Angel Food Ministries  
3301 Romine Road  
Little Rock, AR 72204  
**Contact:** (501)  225-7683  
**Services:** Open 3\textsuperscript{rd} Saturday 7:00 – 12:00pm

Immanuel Baptist Church  
10500 West Markham Street  
Little Rock, AR 72211  
**Contact:** (501) 376-3071 / 225-9013  
**Services:** Open Tuesday 10:00 – 2:00pm. ID and proof of residence required. For children, must prove child is in school.

Ironton Baptist Church  
14718 Ironton Cutoff  
Little Rock, AR 72206  
**Contact:** (501) 888-2693  
**Services:** Open 3\textsuperscript{rd} Tuesday 9:00 – 12:00pm & the 4\textsuperscript{th} Saturday 9:00 – 12:00pm. ID required.

Jacksonville Care Center  
105 West Main Street  
Jacksonville, AR 72076-  
**Contact:** (501) 982-4647  
**Services:** Open Monday, Wednesday, & Friday 10:00 – 1:00pm. Serves residents of Jacksonville and surrounding areas 72076 zip code area ONLY. To qualify one must be on food stamps. Must bring proof of Jacksonville residency, Social Security card or birth certificates of each listed family member, pay stubs, and food stamp approval letter.
Lakeshore Drive Baptist Church
21 Lakeshore Drive
Little Rock, AR 72204
Contact: (501) 565-5536
Services: Open 2nd and 4th Tuesday of each month, ID and proof of address, i.e. utility bill required.

Life Unlimited Christian Fellowship
7001 Asher Street
Little Rock, AR 72204
Contact: (501) 568-3600
Services: Open Wednesdays 9:00 – 11:30am. ID required and Social Security cards needed for all family members.

Little Rock Church – The Benefit Bank of Arkansas
10701 West Baseline Road
Little Rock, AR 72209
Contact: (501) 455-0900
Services: Open Monday 5:00 – 6:30pm they run a van Sunday mornings between the church and the corner of baseline and Guyer Springs Road to pick people up for breakfast, showers and worship service.

Little Rock Compassion Center
3618 West Roosevelt
Little Rock, AR 72204
Contact: (501) 296-9114 / 296-3291
Services: Open Tuesday and Thursday 9:00 – 11:30am & 1:15 – 3:45pm.

M.L.K. Heritage and Enrichment, Inc.
3012 MLK Drive
Little Rock, AR 72206
Contact: (501) 244-2041
Services: Call for appointment, can deliver food to low income seniors.

Mosaic Church of Central Arkansas
6420 Colonel Glenn Road, Suite #1
Little Rock, AR 72204
Contact: (501) 562-3336
Services: Open Tuesday 1:30pm, must prove that you reside in the 72204 zip code.

Mount Zion Baptist Church
908 Cross Street
Little Rock, AR 72202
**Contact:** (501) 374-5832
**Services:** Open Wednesday 11:00 – 2:00pm & Saturday 10:00 – 12:00pm

**New Hope Community Outreach**
1851 Howard Street
Little Rock, AR 72202
**Contact:** (501) 376-2164
**Services:** Open Wednesday, 4:00 – 6:00pm, call ahead to confirm date and time.

**Park Hill Christian**
4400 John F. Kennedy
North Little Rock, AR 72117
**Contact:** (501) 753-1109
**Services:** Open Tuesday 10:00 – 12:00pm. Serving North Little Rock residents

**Promiseland Church Ministries**
3700 West 65th Street
Little Rock, AR 72209
**Contact:** (501) 570-0048
**Services:** By appointment only. ID required. Must complete application.

**Pulaski Heights United Methodist Church**
4823 Woodlawn Drive
Little Rock, AR 72205
**Contact:** (501) 664-3600
**Services:** Works to deliver food to needy families on Saturdays. Only delivers to those who have applied for and have been accepted into the food stamp program but have not yet received food stamps. Services solely based on referrals from school counselors and from DHS. Limited to those within the Little Rock city limits.

**Quapaw United Methodist Church Food Pantry**
1601 South Louisiana
Little Rock, AR 72206
**Contact:** (501) 375-1600
**Services:** Open 1st & 3rd Tuesdays 1:00 – 3:00pm. Must bring photo ID.

**River City Ministries**
1021 East Washington
North Little Rock, AR 72114
**Contact:** (501) 376-6694
Services: Open Tuesdays & Thursdays 9:30 – 10:30am. Must provide photo ID.

**Saint Francis House – The Benefit Bank of Arkansas**
2701 South Elm Street
Little Rock, AR  72209  
**Contact:** (501) 664-5036  
Services: Open Monday thru Friday 9:00 – 11:00am & 1:00 – 3:00pm. Must provide photo ID, Social Security card, and proof of income.

**Saint John Baptist Church, Unto Others**
2501 South Main Street
Little Rock, AR 72206  
**Contact:** (501) 975-0900  
Services: Open Thursday 8:30am.

**Second Baptist Church**
1709 John Barrow Road
Little Rock, AR 72204  
**Contact:** (501) 223-2323  
Services: Open Tuesday & Wednesdays 10:00 – 12:00pm, Photo ID required.

**Solid Rock Baptist Church**
5305 Mabelvale Pike
Little Rock, AR 72206  
**Contact:** (501) 565-7206  
Services: Open Saturday 9:00 – 11:00am.

**Sylvan Hills Community Church Crisis Corner**
8019 Hwy 107
Sherwood, AR 72120  
**Contact:** (501) 835-1612  
Services: Open Tuesday 10:00 – 12:00pm.

**Temple Baptist Church – Manna from Heaven Food Pantry**
10710 Interstate 30
Little Rock, AR 72209  
**Contact:** 501) 537-5793 or (501) 565-4966  
Services: Open every other Monday 6:00pm

**Union AME Church Food Cooperative**
1825 South Pulaski Street
Little Rock, AR 72206
Contact: (501) 374-3528
Services: Open Wednesday after the 1st Sunday & Wednesday before the 4th Sunday 1:00pm.

Watershed
3701 Springer Blvd.
Little Rock, AR 72206
Contact: (501) 378-0176
Services: Open Monday thru Friday 8:00am – 5:00pm. Call before coming to make sure food is available. Appointments and referrals are preferred. Social Security card or number is preferred.

FOOD STAMPS

Arkansas Department of Human Services
1101 Dr. Martin Luther King Drive
Little Rock, AR 72202
Contact: (501) 682-9200
Website: http://www.arkansas.gov/dhs/homepage.html
Services: There are several different locations in Pulaski County; you should apply according to your zip code. Submit an application and within a few weeks you may receive food assistance, felons with drug convictions are excluded.
**FURNITURE**

**Saint James United Methodist Church**  
321 Pleasant Valley Drive  
Little Rock, AR 72212  
**Contact:** (501) 225-7372  
Website: [www.jefferyje@gamail.com](mailto:www.jefferyje@gamail.com)

**S.O.A.R. Network**  
4524 West 10th Street  
Little Rock, AR  
**Contact:** (501) 255-0529  
Website: [www.dennis@soarnetwork.org](mailto:www.dennis@soarnetwork.org) & [http://www.soarnetwork.org/content](http://www.soarnetwork.org/content)  
Services: The SOAR Network is an ambitious initiative that seeks to bring together service agencies, churches and congregations, businesses, volunteers, and the homeless to develop a customer driven, comprehensive, coordinated approach to the problem of homelessness in our community.

**Union Rescue Mission**  
2921 Confederate Blvd  
Little Rock, AR 72204  
**Contact:** (501) 374-1109  
Services: Emergency referral due to fires from RED CROSS with the client’s fire report.
HEALTHCARE SERVICES

ARKids First
Contact: 888-474-8275(English), 800-482-8988(Spanish)
Website: [http://www.arkidsfirst.com/home.htm](http://www.arkidsfirst.com/home.htm)
Services: ARKids First provides health insurance to children who otherwise might not get medical care. The program offers two coverage options. ARKids A offers low-income children a comprehensive benefits package. ARKids B provides limited coverage for slightly higher income families. ARKids B requires a small co-pay for most services.

Arkansas Health Care Access Foundation Inc.
P.O. Box 56248
Little Rock, AR 72215
Contact: (501) 221-3033
Services: Open Monday thru Friday 8:30 – 5:00pm. For low income, medically uninsured Arkansans. Go to your County Health Department to begin the application process. Process takes 5 – 7 working days.

Arkansas Children’s Hospital
General Pediatric & After Hours Clinic
800 Marshal Street
Little Rock, AR 72202
Contact: (501) 364-1202
Services: Open Monday thru Friday, for children, hours of operation vary, Saturday & Sunday, 9:00 – 8:00pm

Center for Health Advancement
A. Maternal and Child Health, LR (501) 661-2199
B. WIC, LR (501) 661-2079
C. Immunizations, LR (501) 661-2169
D. AIDS/STD, LR (501) 661-2408
E. Center for Health Protection (501) 661-2243
Contact: 1-800-275-1131 or call your local county Health Department
Website: [www.healthyarkansas.com](http://www.healthyarkansas.com)

Christian Community Care Clinic
220 West South Street (Exit #116)
Benton, AR 72205
Contact: (501) 776-1703
Services: Appointment required, uninsured Saline County residents ONLY, ID required, Call for appointments and requirements.
College Station Clinic
4206 Frazier Pike
College Station, AR 72053
**Contact:** (501) 490-2240
Services: Open Mondays, 8:00 – 6:30pm, Tuesday thru Thursday, 8:00–5:00pm, Friday, 8:00 – 12:30pm, appointments recommended, proof of income and two forms of ID required. Minimum co-pay of $15.00 depending on income

**Esperanza “Hope” Clinic (Spanish)**
6111 West 83rd Street
Little Rock, AR 72209
**Contact:** (501) 240-8439
Services: Primary care clinic, open Thursday, 6:00 – 9:00 pm, primarily serving clients in the 72209 zip code area.

Harmony Clinic
201 East Roosevelt Road
Little Rock, AR 72206
**Contact:** (501) 375-4400
Services: Open Thursdays, 9:00 - 4:00pm, Saturdays: 8:00 – 4:00pm, appointments required, proof of income and ID required

John L. McClellan Veterans Hospital
4300 West 7th Street
Little Rock, AR 72205
**Contact:** (501) 257-1000
Services: Medical care and treatment for veterans ONLY.

Maumelle Medical Center
501 Millwood Circle, Suite E
Maumelle, AR 72113
**Contact:** (501) 803-9990
Services: Open Monday thru Friday, 9:00 – 5:00pm

Network of Wellness
801 Scott Street
Little Rock, AR 72201
**Contact:** (501) 221-7238
Services: Open Monday thru Friday 8:00am – 5:00pm, specializing in geriatric psychiatry.
**Open Hands Clinic**  
1225 Martin Luther King Jr. Drive  
Little Rock, AR 72202  
**Contact:** (501) 244-2121  
Services: Open Monday thru Friday, 8:30 – 5:00pm. Appointments preferred, proof of income & ID required, must be homeless, in shelter, or in transitional housing.

**Pulaski County Central Health Unit**  
3915 West 8th Street  
Little Rock, AR 72204  
**Contact:** (501) 280-3100  
Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Free or low cost health screenings, birth control, STD, HIV / AIDS testing and referrals. No physicals.

**Jacksonville Health Unit**  
3000 North 1st Street  
Jacksonville, AR 72076  
**Contact:** (501) 982-7477  
Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Free or low cost health screenings, birth control, STD, HIV / AIDS testing and referrals. No physicals.

**North Little Rock City Health Department**  
2800 North Willow  
North Little Rock, AR 72114  
**Contact:** (501) 791-8551  
Services: Open Monday thru Friday, 8:00 – 4:30pm, walk-ins welcome, proof of income and ID required. Low cost health screenings, minimum $5.00 fee birth control, STD, HIV / AIDS testing immunizations, and referrals. No physicals.

**River City Ministry**  
1021 East Washington  
North Little Rock, AR 72114  
**Contact:** (501) 376-6694  
Services: Open Monday & Thursday, 9:00 – 3:00pm, Sunday, 1:30 – 4:30pm, appointment only. Call Monday at exactly 9:00am for appointments, eligibility; adults, no insurance, no Medicare or VA benefits, & income below 200% of poverty level
Saint Francis House
2701 South Elm Street
Little Rock, AR 72204
**Contact:** (501) 664-5036
Services: Open Monday thru Friday 9:00 – 11:00am & 1:00 – 3:00pm. Will fill prescriptions or refill from the bottles if refills are warranted. Must provide photo ID, Social Security card, and proof of income

Saint Francis House Clinic
2701 South Elm Street, 3rd floor
Little Rock, AR 72204
**Contact:** (501) 664-5036
Services: Appointments required, call 552-3241 on Fridays. Appointments available Tuesdays 10:00 – 2:00pm, Wednesdays, 8:30 – 1:30pm. Proof of income and ID required

Saint Vincent - Gardner Memorial Community Clinic
1723 Schaer Street
North Little Rock, AR 72114
**Contact:** (501) 374-8852 or (501) 374-9520
Services: Appointments encouraged, Mondays 9:00 – 2:00pm Serves uninsured or underinsured ONLY.

Saint Vincent - Glenview Community Clinic
4800 East 19th Street
North Little Rock, AR 72117
**Contact:** (501) 945-7743
Services: Appointments required, call 552-3241 on Fridays. Appointments available Thursdays, 9:00 – 2:00pm. Proof of income and ID required.

Saint Vincent Health Clinic East
2500 East 6th Street
Little Rock, AR 72202
Contact: (501) 552-4710 / 552-3241
Services: Open Monday thru Thursday, 8:00 – 4:30pm, Friday, 8:00 – 12:00pm, fees based on sliding scale, proof of income required $30.co-pay

Shepherds Hope, Neighborhood Health Center
2404 Tyler Street
Little Rock, AR 72204
**Contact:** (501) 614-9523
Services: Appointments only, open Thursday 5:30 – 9:00pm, 4th Tuesday Women’s Gynecology Clinic, 6:00 – 9:00pm, serving the 72204 zip code. Proof of residency required
**Stew Pot, First Presbyterian Church**  
800 Scott Street  
Little Rock, AR 72201  
**Contact:** (501) 372-1804  
Services: Medical screenings with a Dr. and a nurse Friday, 12:00–1:00pm

**Timber Ridge Ranch NeuroRestorative Services**  
15000 Highway 298  
Benton, AR 72019-9282  
**Contact:** (800)743-6802  
Email: [neuroinfo@thementornetwork.com](mailto:neuroinfo@thementornetwork.com)  
Website: [http://www.neurorestorative.com/locations/arkansas/timber-ridge](http://www.neurorestorative.com/locations/arkansas/timber-ridge)  
Services: NeuroRestorative Timber Ridge offers a continuum of community-based, inpatient treatment and supported living programs for children and adults with brain injury and other neurological challenges. Established in 1984, NeuroRestorative Timber Ridge is one of the largest pediatric brain injury facilities in the country and has helped hundreds of children and adolescents receive the specialized supports, therapies and education they need in a setting that promotes growth and independence.

**Tobin Healthcare & VA Medical Center**  
2200 Fort Roots Drive  
North Little Rock, AR 72114  
**Contact:** (501) 257-1000  
Services: Medical care, treatment and domicile available to veterans ONLY.

**UAMS Clinics**  
4301 West Markham  
Little Rock, AR 72205  
**Contact:** (501) 686-8000 Ext. 2  
Website: [www.uams.edu](http://www.uams.edu)  
Services: Open Monday thru Friday, 7:30 – 5:00pm, appointments required, proof of income and ID required, co-pay of $50.00 required

**Westside Free Clinic**  
2000 Aldersgate Road  
Little Rock, AR 72205  
**Contact:** (501) 664-0340  
Services: Hours of operation vary, appointments required, language help available.
HIV/AIDS TESTING AND RESOURCES

The Arkansas AIDS Foundation
PO Box 1208
LR AR 72203
Contact: (501) 376-6299
Services: Help find housing for people with AIDS, to those 18+.
Open: 8:00 am -5:00 pm

Planned Parenthood
5921 W 12th Street Suite B & C
Little Rock, AR 72204
Contact: (501) 801-0001
Fax: (501) 801.205
Website: http://www.plannedparenthood.org/health
Services: HIV Testing to those 13+. English; Spanish; Interpretation by telephone available for other languages. If you need translation services for any language besides Spanish, please call our health center at least three days before your appointment so that we can make the proper arrangements.
Open: Monday: 10 am to 7 pm, and Tuesday thru Friday from 8 am to 5pm

Pulaski County Central Health Unit
3915 West 8th
Little Rock AR 72204
Contact: (501) 280-3100
Fax: (501) 280-3352
Services: Walk-ins welcome, proof of income and ID required. Free or low cost STD, HIV / AIDS testing and referrals. HIV testing from 8-9:30 and from 12:30 to 1:30 to those 13+.
Open: Monday thru Friday, 8:00 am – 4:30 pm

Pulaski County STD Clinic
3915 West 8th Street
Little Rock, AR 72204
Contact: (501) 280-3100
Services: Walk-ins welcome, proof of income and ID required. Free or low cost STD, HIV / AIDS testing and referrals.
Open: Monday thru Friday, 8:00 – 4:30pm, HIV testing from 8-9:30 and from 12:30 to 1:30 to those 13+.
Helping People with AIDS
1021 Jessie Rd. Suit Q
Little Rock AR 72202
Contact: (501) 666-6900
Services: Utility and Rental Assistance from 11-4 to those 18+.

Open Hands Center
1225 Martin Luther King Dr.
Little Rock AR 72202
Contact: (501) 224-2121
Services: HIV Testing as well as regular clinical checks (high blood pressure, diabetes, physicals etc)
Open: HIV Testing on the 2nd or 4th Tuesday 9 am - 11 am

Any Lab Test Now
17200 Chenal Pky Suite 160
Little Rock AR, AR. 7223-5960
Contact: (501) 821-1177
Services: Blood, DNA, STD, Paternity Testing Center
Open: Weekdays 8:30 am- 6:30pm; Sat 9 am-2 pm

HIV, DNA, STDS
Private Testing Center
Contact: 1 (888) 249-6716
Open: 7:00 -9:00 Monday-Thurs, 7:00-7:00 Fri, Sat 7:00-4:00

Rapid HIV Testing
Contact: (866) 867-0393
Open: Varies

STD Test Express
Contact: (888) 215-3543
Open: 8:00-6:00
HOUSING & SHELTERS

ABBA House
1012 South Oak
Little Rock, AR 72204
**Contact:** (501) 666-9718
Services: Provides shelter for homeless and/or pregnant women, Non-pregnant women can stay up to 3-months, pregnant women can stay up to 2-4 weeks after the child is born, no drug problems or mental illness, Administered by Missionaries of Charity.

The Center Youth Emergency Shelter
6425 West 12th Street
Little Rock, AR 72204
**Contact:** (501) 666-8686
Services: Shelter for homeless and runaway youth, ages 8 to 18, wheelchair accessible, and children can stay up to 45 days

Dorcas House - A Division of Union Rescue Mission
823 South Park Street
Little Rock, AR 72202
**Contact:** (501) 374-4022
Services: We provide emergency services like food, shelter, clothing and crisis intervention to more than 400 women and children annually. We offer a nine month Domestic Violence Recovery Program led by licensed Christian therapists for women and children in domestic abuse situations, male children allowed up through 17 years of age. 50 beds available for women and children.
Recovery Program: 9 month recovery program for women with substance or alcohol addiction. Children are NOT permitted to remain with women in the Recovery Program. Wheelchair accessible.

Firm Foundation Ministries
2200 East Broadway
North Little Rock, AR 72114
**Contact:** (501) 945-7412
Services: Men’s homeless shelter and half way house. Day labor and job placements for residents ONLY.

Florence Crittenden Home
3600 W. 11th
Little Rock, AR 72204
**Contact:** (501) 663-0772
Services: Emergency shelter for DHS children ages 6-17
Freewill Baptist Family Ministries.
3600 West 11th Street
Little Rock, AR 72204
**Contact:** (501) 663-3129
Services: Emergency shelter for DHS involved children ages 6 to 17, open 24 hours, serves males & females, serves sibling groups, must have IQ above 70 and be able to attend school, open 24 hours. Formerly Florence Crittenton Services.

Gaines House
1702 Gaines Street
Little Rock, AR 72206
**Contact:** (501) 376-4015
Services: Transitional home for women with disabilities. Call for cost and other information.

Hicks Mattie Sober Living Home for Women
2020 South Main Street
Little Rock, AR
**Contact:** (501) 374-0015
Services: Women’s Rehab center and shelter.

Hoover Treatment Center
4000 West 13th Street
Little Rock, AR 72204
**Contact:** (501) 663-9621
Services: Shelter for post-treatment drug addicted clients, outpatient treatment available

Little Rock Compassion Center (Men’s)
3618 West Roosevelt Road
Little Rock, AR 72204
**Contact:** (501) 296-9114
Services: Men’s homeless shelter must have ID and be over 18

Little Rock Compassion Center (Women’s)
4210 Asher Avenue
Little Rock, AR 72204
**Contact:** (501) 663-2972
Services: Women’s homeless shelter must have an ID and be over 18

Little Rock Housing Authority
100 Arch Street
Little Rock, AR 72201
Contact: (501) 340-4821
Services: Must meet HUD and Public Housing Authority requirements as to income, citizenship status. Those with a misdemeanor conviction are not eligible to apply for 3 years and those with a felony conviction are not eligible to apply for 7 years. No sex offenders.

Cumberland Towers
311 East 8th Street
Little Rock, AR 72202
Contact: (501) 340-4724
Services: Must be over 50 years of age with no dependants.

Fred W. Paris Towers
1800 South Broadway
Little Rock, AR 72206
Contact: (501) 340-4752
Services: Must be over 50 years of age with no dependants.

Jesse Powell Towers
1010 Wolfe Street
Little Rock, AR 72206
Contact: (501) 340-4766
Services: Must be over 18 years of age with no dependants.

Sunset Terrace
2800 Battery Street
Little Rock, AR 72206
Contact: (501) 340-4730

Mission Global Ministries
3719 East Broadway
North Little Rock, AR 72114
Contact: (501) 945-2645 / 945-0339
Services: Men’s homeless shelter & halfway house for men on parole

Missionaries of Charity
1014 South Oak
Little Rock, AR 72204
Contact: (501) 663-3596
Services: Provides administrative support for the women’s shelter ABBA House.

Nehemiah House
A Division of Union Rescue Mission
3000 Confederate Blvd
Little Rock, AR 72206
**Contact:** (501) 374-1108 or (501) 607-3837
Website:  [www.urmission.org](http://www.urmission.org)

**Services:** Men’s homeless shelter, 4-free days per month, after that $6.00 per day includes breakfast and dinner.) You must be out of the building daily by 7:00am. Once in at night you cannot leave and re-enter. Smoking, cell phones, drugs and alcohol not permitted on the property.

Work Program – 24 bed facility for working homeless – This program is 6 months and for the working homeless. The facility is a smoke free facility and campus. $6/day cost after 4 free days per month

Recovery Program – 32 bed facility – 9 month recovery program that is Christian in nature. Non smoking

---

**North Little Rock Housing Authority**
2201 Division
North Little Rock, AR. 72114
**Contact:** (501) 758-8911

**Services:** Our mission is to provide decent, safe and sanitary housing within the financial reach of low-income families, and elderly and disabled persons.

---

**Pulaski County Tennant Based Rental Assistance Program**
South Broadway
Little Rock, AR  72205
**Contact:** (501) 340-8230 or (501) 340-6157

**Service:** Emergency rental assistance.

---

**Our House**
302 East Roosevelt
Little Rock, AR 72206
**Contact:** (501) 375-2416 / 374-7383

**Services:** Working shelter for men, women, and families, wheelchair accessible, long term shelter available (up to 2-years). Many educational programs, meals, clothing and classes available, domestic violence recovery. Must be working a minimum of 32 hours a week soon after moving in.

---

**Saint Francis House**
2710 South Elm Street
Little Rock, AR 72204
**Contact:** (501) 664-5036

**Services:** Homeless shelter for veterans, administered thru the VA Drop in house
**Salvation Army**  
1111 West Markham  
Little Rock, AR 72201  
**Contact:** (501) 374-8636  
Services: Emergency shelter for men, women, and families, opens at 4:30pm

**Simone’s Home**  
P.O. Box 45964  
Little Rock, AR 72214  
**Contact:** (501) 772-4987  
Website: www.simoneshome.com  
Services: Residence for girls ages 12 – 18 programs to help them become self-sufficient women after leaving foster care. Life skill classes, career preparation programs, and mentoring.

**Sober Living**  
4201 John Barrow Road  
Little Rock, AR 72204  
**Contact:** (501) 562-0507  
Services: In patient drug and alcohol abuse treatment facility. Minimum stay of 6- months, fee based programs. Court approved alternative to incarceration.

**VA Drop-in Center**  
1101 West Center  
Little Rock, AR 72201  
**Contact:** (501) 257-4499  
Services: Provides access for veterans to VA programs including the Saint Francis House listed below.

**Women and Children First**  
Address Withheld  
Little Rock, AR  
**Contact:** (501) 376-3219  
Website: www.wcfarkansas.org  
Services: Shelter for women and children in domestic abuse situations, male children allowed up to age 18, must be drug and alcohol free, women must be over 18 or emancipated
INTERNAL REVENUE SERVICE (IRS)
700 West Capitol, Room 1201
Little Rock, AR 72201
Contact: (800) 829-1040
Website: www.irs.gov
Services: The IRS is responsible for collecting taxes and the interpretation and enforcement of the IRC (Internal Revenue Code). If you need to resolve a tax problem, have questions about how the tax law applies to your individual tax return, or you're more comfortable talking with someone face-to-face, visit your local Taxpayer Assistance Center where you can spread out your records and talk with an IRS representative across the counter. No appointment is necessary - just walk in
Open: Monday thru Friday 8:30 – 4:30pm
LATINO SERVICES

Hola! Arkansas Hispanic Media & Publishing Co., LLC
P.O. Box 25743
Little Rock, Arkansas 72221-5743
**Contact:** (501) 771-5007 or (877) 568-1206
Website: [http://www.hola-arkansas.com](http://www.hola-arkansas.com)
Services:  Hola! Arkansas is a newspaper covering race & ethnic society and culture.  Hola! Arkansas provides both English and Spanish language news and views to the Hispanic community of Little Rock.

Little Rock Mexican Consulate
3500 S. University Ave.
Little Rock, AR 72204
**Contact:** (501) 372-6933
Fax: (501) 372-6109
Email: consulmexlr@sbcglobal.net
LEGAL SERVICES

ACLU American Civil Liberties Union
904 West 2nd Street
Little Rock, AR 72201
Contact: (501) 374-2660
Services: The Provides Legal Representation in selected Cases involving a violation of Civil Liberties. The ACLU and ACLUF are dedicated to promoting, defending and expanding civil liberties in Arkansas. These liberties include free speech, religious freedom, racial and ethnic justice, due process, privacy, LGBT (Lesbian Gay Bisexual Transgender) rights, and reproductive freedom.

Arkansas Legal Services Partnership
303 West Capitol Avenue, Suite #200
Little Rock, AR 72201
Contact: (800) 952-9243 or (501) 376-3423
Website: www.arlegalservices.org
Services: Free legal assistance to low income people in non-criminal cases, call help line Monday thru Friday, 9:00 – 11:00am & 1:00 – 3:00pm

Disability Rights Center
1100 North University Avenue, Suite #201
Little Rock, AR 72207
Services: Free legal assistance to people with disabilities
Contact: (501) 296-1775 or (800) 482-1174

On-Line Information on Free Legal Services in Arkansas

UALR, William H. Bowen School of Law
Legal Clinic
1201 McMath Avenue
Little Rock, AR 72202-5142
Contact: (501) 324-9441
Website: www.law.ualr.edu/academics/clinical_programs/
Services: Free legal assistance to people with disabilities, tax services, Divorce cases involving abuse. Usually January or August (at the beginning of each semester). Free mediation clinic for special education students and their families.
Mail Service

Downtown Post Office
600 East Capitol Avenue
Little Rock, AR 72202
Contact: (501) 375-5155
Services: Have your incoming mail addressed to you care of (C/O)
Downtown Post Office, Little Rock, AR 72202

River City Ministry
1021 East Washington
North Little Rock, AR 72114
Contact: (501) 376-6694
Services: Mail may be received here by prior arrangement.
MEALS

Friendly Chapel Church of the Nazarene
116 South Pine Street
North Little Rock, AR 72114
Contact: (501) 371-0912
Services: Lunch served November thru March & June thru August 11:00 – 12:00pm

Levy Baptist Church
3501 Pike Avenue
North Little Rock, AR 72115
Contact: (501) 753-7347
Services: Snack lunches served Monday thru Friday 8:00 – 3:00pm

Quapaw Quarter United Methodist Church
Stone Soup Hot Meals
1601 South Louisiana Street
Little Rock, AR 72206
Contact: (501) 375-1600
Services: Meal service Sundays only 3:00pm

River City Ministry
1021 East Washington Avenue
North Little Rock, AR 72214
Contact: (501) 376-6694
Services: Monday thru Thursday Bible Study and Lunch 11:30- 12:30pm

Salvation Army
1111 West Markham Street
Little Rock, AR 72203
Contact: (501) 375-5625
Services: Breakfast served Monday thru Friday, 6:00 – 7:00am
Dinner served Monday thru Friday, 5:30 – 6:30pm
Breakfast served Monday thru Friday, 7:00 – 8:00am
Lunch served Saturday & Sunday, 11:30 – 12:30pm
Dinner served Saturday and Sunday, 5:30 – 6:30pm

Stew Pot, First Presbyterian Church
800 Scott Street
Little Rock, AR 72201
Contact: (501) 372-1804
Services: Free lunch served Monday thru Friday, 12:00 – 1:00pm. Not handicapped accessible.
**St. Marks Baptist Church**
5722 West 12th Street
Little Rock, AR 72204
**Contact:** (501) 663-3955
**Website:** [http://www.smark.org/content](http://www.smark.org/content)
**Services:** Open 2nd Saturday of each month 10:00 – 1:00pm
PULASKI COUNTY CIRCUIT COURTS JUVENILE DIVISION - JUVENILE

JUSTICE COMPLEX
3001 W. Roosevelt Road
Little Rock, AR. 72204
Contact: (501) 340-6700

Services: The juvenile division of the circuit courts handles cases involving juveniles and their families relating to dependency/neglect, delinquency, truancy, paternity and FINS (Family in Need of Services).

Process: When a complaint is filed, an intake officer reads the complaint to the juvenile whom the complaint has been filed against and his/her parents/guardians. The juvenile tells his/her side of the story and they all discuss the behavior and possible consequences. The intake officer completes the investigation and sends it to the prosecuting attorney's office. An attorney reviews the information and decides whether or not to take the juvenile to court.

FINS
FINS stands for Family In Need of Services. A FINS petition is a lawsuit filed by a family member or other concerned person against a juvenile asking the court for help. The purpose of the FINS is to offer court assistance to the juvenile and the family. An at-risk juvenile is a family problem and usually requires family participation to help solve it.
SOCIAL SECURITY ADMINISTRATION

Little Rock Social Security Office
700 West Capitol, Room 1201
Little Rock, AR 72201
**Contact:** 1-866-772-1213 - 1-800-772-1213
Website: [http://www.ssa.gov](http://www.ssa.gov)
Services: For general information and services, call 7:00 – 7:00pm. Provides Social Security cards and social security benefits. Open Monday thru Friday 9:00 – 4:00pm

Sherwood Social Security Office
3608 East Kiehl
Sherwood, AR 72120
**Contact:** (501) 833-9520
Services: Open Monday thru Friday 9:00 – 4:00pm.
SUBSTANCE ABUSE

List of State-approved Providers

http://www.arkansas.gov/dhs/dmhs/ADAP%20Providers.htm

Inpatient Treatment Facilities (Short Term)

Arkansas Cares
4301 West Markham Street, Lot 711-1
Little Rock, AR 72205
Contact: (501) 661-7979
Website: http://www.methodistfamily.org/
Services: Inpatient and long term treatment for women with children. Children must fit age requirement.
Fees: Call for fees and restrictions

Baptist Medical Center
9601 Interstate 630
Little Rock, AR 72204
Contact: (501) 202-2893
Website: www.baptist-health.com
Services: Inpatient detox and dual diagnosis treatment for all drugs and alcohol. NO METHADONE If client is indigent, must be screened through ER. Cannot go in asking for detox—present to ER with symptoms and allow psych screener or ER staff to make that referral for indigent clients. May want to ensure that client's private insurance covers substance abuse otherwise they are indigent for this type of treatment.
Fees: Medicaid, Medicare, or private insurance needed.

Bridgeway Hospital
21 Bridgeway Road
North Little Rock, AR 72113
Contact: (501) 771-1500
Website: http://www.thebridgeway.com/
Services: Inpatient detox and dual diagnosis treatment for all drugs and alcohol including methadone.
Fees: Medicare and private insurance only. May want to ensure that client’s private insurance covers substance abuse otherwise; they are indigent for this type of treatment.

Hoover Treatment Center
4000 West 13th Street  
Little Rock, AR 72204  
**Contact:** (501) 663-4774  
Website: [http://www.bcdinc.org/](http://www.bcdinc.org/)  
Services: Inpatient/long term residential treatment and out-patient for Drug and Alcohol (Accepts amphetamines, meth, and cocaine). NO DETOX. Program has enhancement services, such as work program. You must call for entry. Fees: call for fees

**Horizon (Western Arkansas Counseling and Guidance Center, Inc.)**  
Fort Smith, AR. (Sebastian County)  
**Contact:** (479)478-6664  
Website: [http://www.wacgc.org/](http://www.wacgc.org/)  
Services: Comprehensive in scope, utilizes a strong interdisciplinary approach in the treatment of co-occurring psychiatric and substance abuse problems.

**Light House Mission (Male Only, Residential Treatment/Drug and Alcohol)**  
4800 Confederate Blvd.  
Little Rock, AR 72206  
**Contact:** 501-374-5399  
Website: [www.lhmm.org](http://www.lhmm.org)

**Mid-Arkansas Substance Abuse Services**  
4601 West 7th Street  
Little Rock, AR 72205  
**Contact:** (501) 686-9393  
Website: [www.littlerockcommunityhealth.org](http://www.littlerockcommunityhealth.org)  
Services: Detox center for Pulaski, Lonoke, Prairie, and Saline Counties. Provide seven day detox for alcohol and opiates, and twenty-three hour observation for meth, amphetamines, and cocaine. Twenty one day treatment for court ordered clients. NO METHADONE. Must call to complete phone screening prior to admittance, no walk-ins are accepted. Must have ID, and proof of income. If client has history of DT’s or other medical problems when detoxing, refer to ER or hospital as this is a “drying center” and has no medical capabilities. We will not accept clients who are suicidal. If client has mental illness or other physical illness, must have medications. If a client lives outside Pulaski, Lonoke, Prairie, or Saline Counties, they would be serviced by a different detox facility.  
Fees: $25 admittance fee. Other fees may be assessed depending on client’s ability to pay.

**Veterans Substance Abuse Treatment Services**
2200 Fort Root Drive
North Little Rock, AR 721189
**Contact:** (501) 257-1000
**Services:** Must be processed through Veteran’s ER. Veterans ONLY!
Co-ed facility.
Fee: call for fees

**Substance Abuse: Long Term Treatment Facilities**

**Chance Sobriety**
12127 Gabriel Lane
North Little Rock, AR 72118
**Contact:** (501) 851-8484
**Services:** Long term treatment a coed facility with work program. Client must be able to work or have a job. Program will transport client to and from work as needed. Fee: call for fees

**Compassion Center**
3618 West Roosevelt Road
Little Rock, AR 72204
**Contact:** (501) 296-9114
**Website:** [http://www.lrcompassioncenter.org/](http://www.lrcompassioncenter.org/)
**Services:** Long term treatment facility for men and women. You must speak with shelter staff to enter program. Fee: 75% of income if working or on disability. Chores are done in shelter in exchange for fee if unemployed.

**Deborah G. Dunston Center (Quapaw House Inc.)**
179 Dunston Rd.
Mt. Ida AR 71957 (Montgomery County)
**Contact:** (870) 867-2266
**Website:** [http://www.quapawhouseinc.org/](http://www.quapawhouseinc.org/)
**Services:** Substance abuse and rehabilitation center, counseling, education and mental health services to ages 13–18. In-patient program open 8-4:30, and available by phone 24/7.

**Dorcus House**
A Division of Union Rescue Mission
823 South Park Street
Little Rock, AR 72202
**Contact:** (501) 374-4022
**Services:** Long term treatment for women (8 month program). You must complete interview with facility before entering program.
Fee: $75 deposit which is returned if client completes program

Gyst House (In and Out-Patient)
8101 Frenchmans Lane
Little Rock, AR 72209
Contact: (501) 568-1682
Services: Coed long term treatment facility. Must not need detox and must be able to work. They will take parolees and court ordered clients.
Fees: $250 entry fee

Hazelstreet Recovery Center (Long-Term Treatment for Adolescent Males)
1217 Hazel Street
Texarkana, TX. 75501 (Bowie County)
Contact: (903) 791-0385
Fax: (903) 791-0743
Website: www.hazelstreetrecoverycenter.com
Services: The Hazel Street Recovery Center is a 24 bed adolescent treatment center for young men ages 14 through 18 years of age. At Hazel Street Recovery Center, we believe treatment must address the needs of the whole person and their family. Chemical Dependency is a primary disease with biological, psychological and social components. Treatment of the adolescent population further necessitates intervention in the dimensions of family issues and academic progress. We must meet these needs through a variety of tasks and activities.

Little Rock Outreach (Long-Term Treatment for Adolescent Females)
100 South University, Suite 206
Little Rock, AR. 72205
Contact: (501) 804-5242
Website: www.littlerockoutreach.com
Services: The Little Rock Outreach Foundation was founded with a single purpose, to provide financial support to those who want to fight the growing addiction issues in Arkansas. Fair Park House provides a residential environment for young women ages 17-27. Summit House is for women who have demonstrated the skills necessary to maintain sobriety and begin to be more self sufficient.

Nehemiah House
A Division of Union Rescue Mission
3000 Confederate Blvd
Little Rock, AR 72216
Contact: (501) 370-0808 ext. 102
Website: www.urmission.org
Services: Long term treatment for men (8 month program)
Fee: $75 deposit which is returned if client completes program

Quality Living
3925 Asher Avenue
Little Rock, AR 72204
Contact: (501) 663-3490  Fax: (501) 663-3446
Website: http://www.qualitylivingcenter.org/
Services: Long term coed treatment facility. Hours of operation: Monday-Friday, 8 a.m. — 5 p.m. Fees: call for fees

Recovery Centers of Arkansas
Recovery Residence/Housing Program
-Williamsburg
6301 Father Tribou
Little Rock, AR 72205
Contact: (501) 907-7490

-Steeplechase Apartments
6225 Father Tribou
Little Rock, AR 72205
Contact: (501) 907-7495

-Riverbend
1201 River Road
North Little Rock, AR 72114
Contact: (501) 372-4611
Website: www.rcfa.org
Services: Recovery Centers of Arkansas provides Chemical free living space to adults progressing successfully in recovery. The goal of the program is to provide a clean, safe, drug-free environment for individuals in substance abuse treatment. Weekly contact with the staff is provided to ensure continued eligibility and encourage behaviors consistent with the goals of the program.
Fees: call for fees.

Rivendell Behavioral Health Services (In-Patient)
100 Rivendell Drive
Benton, AR 72019 (Saline County)
Contact: 501-316-1255 / 1-800-264-5640
Website: http://rivendellofarkansas.com/

Serenity Park
2801 West Roosevelt Road
Little Rock, AR 72204  
**Contact:** (501) 663-7627  
Website: [http://www.serenitypark.org/](http://www.serenitypark.org/)  
Services: Long term treatment for men and women. Must detox first! Client must complete interview before entering program. Indigent beds available each month. Seeker must call and request indigent bed for client at beginning of the month.  
Fees: call for fees.

**Sober Living**  
4201 Borrow Road  
Little Rock, AR 72204  
**Contact:** (501) 562-0507  
Services: Long term coed treatment facility.  
Fees: call for fees

**The Recover (Baptist)**  
9601 I-630  
Little Rock AR  
**Contact:** (501) 202-4636  
Services: Offers treatment for Alcohol, opiates, barbiturates, and prescription narcotics addiction. Offers short term (3-5 days) and outpatient counseling/treatment. 24/7 and 18+

**Substance Abuse Outpatient Treatment Facilities**

**Hoover Treatment Center**  
4000 West 13th Street  
Little Rock, AR 72204  
**Contact:** (501) 663-4774  
Website: [http://www.bcdinc.org/](http://www.bcdinc.org/)  
Services: Inpatient/long term residential treatment and out-patient for Drug and Alcohol (Accepts amphetamines, meth, and cocaine). NO DETOX. Program has enhancement services, such as work program. You must call for entry. Fees: call for fees

**Catar Clinic**  
1401 South University  
Little Rock, AR 72204  
**Contact:** (501) 664-7833  
Website: [http://www.catarclinic.com/](http://www.catarclinic.com/)  
Services: Outpatient methadone treatment
Counseling Clinic, Inc.
Community Mental Health Center
307 East Sevier Street
Benton, AR 72015  Jim Gregory, Executive Director
E-Mail: jgregory@cc-inc.org
Joyce Schimenti, Site Supervisor
E-Mail: jschimenti@cc-inc.org
Phone: 501-315-4224
Fax 501-776-0411

Family Counseling & Recovery Centers
7509 Cantrell Rd, Suite 213
Little Rock, AR 72207
Contact: (501) 501-663-3260
Services: Outpatient alcohol, drug, group, and mental health counseling.
Open 8:30-5:00 serving clients 10 and older.

Family Service Agency Counseling & Education Program (Family Service Agency)
628 W. Broadway, Suite 300,
North Little Rock
Contact: (501) 372-4242  Fax: 501-372-6565
Website: http://www.helpingfamiliesfirst.org/
Services: Offers counseling for clinical issues, driving while intoxicated, anger management, debt management, and multiple offenders. Open 8:00-5:00, Monday-Friday, clients must be 17+.

Mid-Arkansas Substance Abuse Services (Sobering Center)
4601 West 7th
Little Rock, AR 72205
Contact: (501) 686-9380 / Emergency (501) 686-9784
Services: Drug Treatment Centers, Alcohol Rehab, Dual-Diagnosis, and Addiction Recovery:  Arkansas Substance Abuse Services. We provide drug rehab, sober living, sex addiction, detoxification, alcohol rehab and drug. Outpatient initial detoxification.

Recovery Centers of Arkansas
-Williamsburg
6301 Father Tribou
Little Rock, AR 72205
Contact: (501) 907-7490

-Riverbend
1201 River Road
North Little Rock, AR 72114  
**Contact:** (501) 372-4611  
**Website:** [www.rcfa.org](http://www.rcfa.org)  
**Services:** Recovery Centers of Arkansas provides Chemical free living space to adults progressing successfully in recovery. The goal of the program is to provide a clean, safe, drug-free environment for individuals in substance abuse treatment. Weekly contact with the staff is provided to ensure continued eligibility and encourage behaviors consistent with the goals of the program.  
**Fees:** call for fees.

**Step Up Support Center (Teens)**  
9010 Hilaro Springs  
Little Rock, AR 72209  
**Contact:** (501) 565-1333  
**Services:** After school and summer program, homework assistance, tutoring, mentoring, safe haven, gang prevention and intervention, substance abuse education, outpatient for adults and youth. Open 8-5, main clients ages 6-19 years old.

**UAMS Adolescent Substance Abuse Treatment Program (Teens)**  
4224 Shuffield Drive, Second Floor  
Little Rock, AR 72205-7199  
**Contact:** 501-526-8446  
**Services:** Comprehensive assessment and intervention at No Cost  
Confidential Treatment for Marijuana, Alcohol, and other Substance Abuse

**UAMS Substance Abuse Treatment Center:**  
**Chemical Dependency Outpatient Program and Methadone Clinic**  
4301 West Markham  
Little Rock, AR 72205  
**Contact:** (501) 526-8410  
**Website:** [www.uamshealth.com](http://www.uamshealth.com)  
**Services:** Outpatient counseling and methadone/buprenorphine treatment.

**United Family Services**  
1202 W 6th St.  
Little Rock AR 72201  
**Contact:** (501) 244-0062  
**Services:** Outpatient therapy and counseling. Open 8:00-5:00, Monday - Friday. Clients must be 12-18 years old.

**Substance Abuse -Support Services**
Alcoholics Anonymous
Arkansas Central Office of Alcoholics Anonymous
7509 Cantrell Road, Suite 106, Little Rock, AR 72207
Hotline 501.664.7303 -Business 501.664.6042
Find a meeting: www.arkansascentraloffice.org/

MADD
10515 West Markham St. #121
Contact: 501376-
Little Rock, AR. 72205
Fax: (501)376-0009
Email: ar.state@madd.org
Website: http://www.armadd.org
Services: "To aid the victims of crimes performed by individuals driving under the influence of alcohol or drugs, to aid the families of such victims and to increase public awareness of the problem of drinking and drugged driving."

Narcotics Anonymous
Find a meeting: http://www.caasc.org/
(501) 373-8683 Little Rock
(866) 754-2579 Toll Free Central Arkansas Area
(800) 338-8750 Toll Free Statewide

Wolfe Street Center (AA)
1201 Wolfe Street
Little Rock AR 72204
Contact: (501) 372-5662
Website: http://www.wolfestreet.org/
Services: Meeting place for AA meetings, treatment group and support for alcoholics and those affected by alcoholism.
TRANSPORTATION

(CAT) Central Arkansas Transit
310 East Capitol Street
Little Rock, AR 72202
**Contact:** (501) 375-1163
Services: Open 7:00am – 6:00pm. One ride $1.35, all day pass $3.75, 31 day pass $36.00.

SOAR Shuttle
**Contact:** (501) 255-0529
Services: Call to make an appointment for free shuttle service for job interviews, doctor’s appointments, DHS or SSI interviews. Must be approved or referred by an agency in the SOAR Network. Call for more information.
Veterans Care and Services

VA Drop-In Day Treatment Center
1101 West 2nd Street
Little Rock, AR 72201
Contact: (501) 255-0529
Services: Shuttle service available by appointment for veterans with the VA Drop-IN House ONLY.

John L. McClellan Veterans Hospital
4300 West 7th Street
Little Rock, AR 72205
Contact: (501) 257-1000
Services: Medical care and treatment for veterans ONLY.

St. Francis House
2701 South Elm
Little Rock, AR 72204
Contact: (501) 664-5036
Services: Veteran’s residential treatment facility. Accessed only thru the VA Drop-in Day Treatment Center.

Tobin Healthcare & VA Medical Center
2200 Fort Roots Drive
North Little Rock, AR 72114
Contact: (501) 257-1000
Services: Medical care, treatment and domicile available to veterans ONLY.

VA Drop-In Day Treatment Center
1101 West 2nd Street
Little Rock, AR 72201
Contact: (501) 257-4499
Services: Comprehensive homeless center for veterans ONLY. Providing laundry & shower facilities, shuttle service, breakfast & lunch, case management and a broad range of special programs. Available to veterans ONLY.
Volunteer Programs

Arkansas Children Hospital
1 Children’s Way
Little Rock, AR 72202
Main #: (501) 340-1100
Contact: (501) 364-1825
Website: http://www.archildrens.org/Supporters/Volunteer-Services/Volunteer-at-ACH.aspx
Services: The ACH Junior Volunteer Program introduces high school students (ages 14-18) to the world of volunteering and health care careers. Junior volunteers gain new skills, meet new people, and help make a difference in the community!

Arkansas Foodbank Network
8121 Distribution Drive
Little Rock, AR 72209
Contact: (501) 565-8121 or (877) 565-8124
Fax: (501) 565-0180
Website: www.arkansasfoodbank.org
Services: The Arkansas Foodbank Network supplies food to many people throughout the year and during the holiday season. They need donations of food and money but they also need help in their warehouse sorting and repackaging food, labeling items, stocking shelves and more.

Arkansas Arts Center
501 East 9th Street
Little Rock, AR 72202
Contact: (501) 372-4000
Website: www.arkarts.com
Services: There are many opportunities to give to the Arkansas Arts Center through volunteering. Thanks to the contributions of individuals, corporations and foundations, the Arts Center is able to present exhibitions, public programs and outreach activities that serve the State.

Arkansas Rice Depot
3801 W 65th Street
Little Rock, AR 72209
Contact: (501) 565-8855
Website: www.ricedepot.org
Services: Provides for Arkansas kids, seniors and other disadvantaged Arkansans.

City Connections, Inc.
Services: To build a strong and vibrant collaboration in our city between all the varied church communities; helping agencies; federal, state, and local governmental agencies; the private sector; schools of higher learning; and all civic & community groups. Nothing short of this collaboration will enable us to achieve the goal of transforming our city into a true “model community” – one which will impact every facet of life in every home in every neighborhood in our city.

Heifer Village Youth and Family Programs
Heifer International
1 World Avenue
Little Rock, AR/USA 72202
Contact: (877) 870-COWS (2697) or (501) 907-8800
Website: http://www.heifer.org/site
Services: Heifer Village on the Heifer International Campus in downtown Little Rock, Arkansas, introduces visitors to the possibility of a world free of hunger and poverty.

Mayor's Office of Volunteer Services
401 W. Pershing
North Little Rock, AR 72114-2145
Contact:
Services: Recruit, train and place unpaid volunteers in various municipal departments. Promote volunteerism within the City of North Little Rock, AR. Work with professional volunteer agencies to promote volunteerism statewide.

Pulaski County CASA (Court Appointed Special Advocates)
3001 West Roosevelt Road
Little Rock, AR 72204
Contact: (501) 340-6946
Michelle Trulsrud, Director
Email: mtrulsrud@pulaskicountycasa.com
Website: www.pulaskicountycasa.org
Services: CASA is a program where trained court appointed volunteers represents the best interest of an abused or neglected child for whom a placement is being determined by the juvenile court. A CASA volunteer acts as a fact finder of the child's best interest, providing a judge with valuable
information on the child to help the court make a sound decision about the child's future.
If you are looking for an exciting volunteer opportunity to help children, contact us

**Pulaski County Circuit Courts - Juvenile Division**  
**Volunteer Probation Officer Program**  
3001 West Road – 2nd Floor  
Little Rock, AR 72204  
**Contact:** (501) 340-6676  
Traci Weaver, Volunteer Probation Officer Coordinator  
Website: [http://www.co.pulaski.ar.us/volprobation.shtml](http://www.co.pulaski.ar.us/volprobation.shtml)  
Email: tweaver@pulaskimail.net  
Services: Want to make a Difference in the lives of the youth in your community? Become a Volunteer Probation Officer.  
WHAT IS A VPO?  
Being a VPO means giving of yourself to troubled youth in our community and receiving a true feeling of accomplishment. This is an opportunity to use your special talent to show a young person you care.  
The mission of the Volunteer Probation Officer (VPO) Program is to provide juveniles with increased caring, one-on-one adult supervision in order to prevent future delinquency and to encourage positive, appropriate behaviors that will lead them successfully into adulthood.

**United Way, Heart of Arkansas United Way**  
516 Pershing Blvd.  
North Little Rock, AR 72114  
**Contact:** (501) 376-4567  
Fax: (501) 376-7607  
Services: The United Way Volunteer Center has more than 190 agencies in Pulaski County that each have opportunities for volunteer work. They will match your strengths and interests with volunteer opportunities. You can fill out a form online or call 501-376-4567
YOUTH INITIATIVE PROJECTS

Big Brothers Big Sisters of Central Arkansas
312 West Pershing North Little Rock 72114
Contact: (501) 374-6661
Website: http://www.bbbsca.org

Better Community Developers (Girls)
3805 West 12th Street
Little Rock, AR 72204
Contact: (501) 379-1538
Fax: (501) 379-1577
Cellular: (501) 612-0746
Deborah Bell, Director (379-1538)
Email: danitapaige@yahoo.com
Email: dbell@bcdinc.org
Email: bcdinc@aristotle.net

Better Community Developers (Boys)
3805 West 12th Street
Little Rock, AR 72204
Contact: (501) 379-1538
Fax: (501) 379-1577
Cell: (501) 744-3570
Email: Charlie Bruce, YIP Coordinator cbjr1372@hotmail.com

Brothers United/Kareem Brown McNeal Foundation
415 Main Street
Little Rock, AR 72201
Contact: (501) 801-1975
Fax: (501) 399-9280
Site: Philander Smith College
One Trudie Kibbe Reed Drive
Little Rock, AR 72202
Email: Dwight Hall, YIP Coordinator dwight.w.hall@gmail.com
Email: Sylvester Smith, Exec. Secretary Sylvester.smith3@gmail.com

Greater Second Care Center (SW/Female)
5615 Geyer Springs Road
Little Rock, AR 72209
Contact: (501)569-9988/569-9054
Fax: (501) 570-0000/569-9304
Email: Fred C. Harvey, Vice Chair
fharvey@greatersecond.org
Email: Velma Randolph, Administrative Assistant
vrandolph@greatersecond.org

Go Girl! Youth Initiative Program
Contact: (501) 563-3349 or (501) 569-9054
Fax: (501) 570-0000
Gerry Stewart, YIP Coordinator
Email: Yip@greatersecond.org

Boyz 2 Men Youth Initiative Program
Contact: (501) 541-4425
Fax: (501) 570-0000
Cell (501) 541-4425
Delwin Slater, YIP Coordinator
Email: Boyz2men@greatersecond.org

YIP- Hamilton Learning Academy (Females)
3301 S. Bryant
Little Rock, AR
Contact: (501)447-3400 (W.D. Hamilton Learning Academy)
Gerry Stewart, Female YIP Coordinator
Email: Yip@greatersecond.org
Mr. Kelan Watson, Interim Principal

Hunter UMC/TIPS, Inc. (Female)
3301 Romine Road
Little Rock, AR 72204
Contact: (501) 225-7683
Cell (501) 993-1985)
Fax: (501) 225-1726
Melvin Moss, Program Site Director
msmoss@yahoo.com
Shay White, YIP Coordinator
shay.white@yahoo.com

Hunter UMC/TIPS, Inc. (Male)
3301 Romine Road
Little Rock, AR 72204
Contact: (501) 225-7683
Cell (501) 993-1985
Little Rock Boys/Girls Clubs, Administrative Office
see Youth Programs in next section for list of sites
1616 West 3rd St.
Little Rock, AR 72201
Contact: Cindy Doramus, Chief Executive Officer
cdoramus@arclubs.org

Promiseland CDC (Call Me Mister) (SW-Male)
3700 W. 65th St.
Little Rock, AR 72209
Contact: (501) 570-0048
Fax: (501) 325-2851
Cellular: (501) 563-2066
Antoinne Scruggs, Program Director
Apromise1@aol.com C-626-7120)
YIP Coordinator
promesayip@aol.com

Promiseland CDC
Girls After-School Academy (GASA) (Female)
3700 W. 65th St.
Little Rock, AR 72209
Contact: (501) 570-0048
Fax: 325-2851
Cellular: (501) 563-2066
Antoine Scruggs, Program Director
Apromise1@aol.com C-626-7120)
YIP Coordinator
promesayip@aol.com

Step Up Center (Male)
9010 Hilaro Springs Road
Little Rock, AR 72209
Contact: (501)565-1333 or (501) 565-1653
Ruth Nash, Interim Exec. Director
Email: stepup1333@yahoo.com
William Young, YIP Coordinator

Step Up Center (Hispanic-Male)
9010 Hilaro Springs Road
Little Rock, AR 72209
**Contact:** (501) 565-1333/565-1653
Ruth Nash, Interim Exec. Director
Email: stepup1333@yahoo.com
William Young, YIP Coordinator
YOUTH SERVICES

Arkansas Sheriffs’ Youth Ranches
P.O. Box 3964
100 Saint Vincent Place
Batesville, AR 72503
Contact: (870) 793-6841
Fax: (870) 793-9012
Website: www.youthranches.com
Services: The Arkansas Sheriffs’ Youth Ranches Inc. is a 501(c)(3) not-for-profit corporation and licensed child-care facility serving the state of Arkansas. It is our belief that every child has a birthright to health care, educational opportunities, a safe home and a loving environment with people who care for him or her. Whether in a residential setting or the outreach services division, programs at the Ranch are designed to provide each child with the opportunities and tools he needs to recognize his individual assets and work to achieve his goals. The goal of the Ranch’s program is to provide loving care with therapeutic intervention, because we believe, “It is better to build a child than to repair an adult.”

Arkansas National Guard, Youth ChallengeNGe Program
Bldg. 16414 Box
Camp J. T. Robinson Road
North Little Rock, Arkansas 72199-9600
Contact: (501) 212-5360
Website: http://www.ngycp.org/AR/index.asp?Id=2004
Services: A structured 17 ½ month military-style, alternative GED program that provides opportunities for personal growth, self improvement and academic achievement for high school dropouts in Arkansas. YC is a “FREE” highly structured non-traditional environment; we provide training, mentoring and diverse educational activities and career opportunities.

4-H Youth Development
4-H Afterschool Program
Pulaski
2901 West Roosevelt Rd
Little Rock, AR 72204
Contact: (501) 340-6650
Website: http://www.uaex.edu/pulaski/
4-H Afterschool programs foster a unique combination of fun and learning that helps youth develop lifelong skills, such as leadership, critical thinking and teamwork. The programs address a growing need for quality after-school programming in the U.S., where as many as 15 million children come home to empty houses after school. Research shows that latchkey youth are
at a higher risk for violent crimes, substance abuse, antisocial behavior, poor academic performance and becoming school dropouts. To combat this, 4-H Afterschool programs offer a wealth of research-based, ready-to-use “learning by doing” curricula on a wide variety of topics. 4-H tailors programs to each urban, suburban or rural community, supporting programs in many shapes and sizes, depending on the needs and interests of local communities and the youth and adults involved.

**BOOST**
501 Sherman
Little Rock, AR  72202
**Contact:** (501) 447-2988
Fax: (501)447-2951
Website: [http://www.lrsd.org](http://www.lrsd.org)
**Services:** BOOST, The Little Rock School District Homeless Education Program, is designed to provide year round services and support to students identified as homeless based on the federal definition of homelessness. BOOST arranges transportation for the students as well as insure that they have free lunch eligibility. All services and programs are provided year round in both school and community settings.
For more information about the program or how you can help, please contact Nina Scaife, Homeless Coordinator at (501) 447-2988 or Linda Jones, (501) 447-2961.

**Centers for Youth and Families**
**Contact:** (501) 666-6833
Website: [http://centersforyouthandfamilies.org/](http://centersforyouthandfamilies.org/)
**Services:** Centers for Youth and Families provides an extensive continuum of mental health care for children ages 3-20 along with prevention services and a wide variety of resources for parents. *Outpatient clinic* in Little Rock provides treatment services for children and youth who are experiencing emotional or behavioral problems. Clients can receive individual, family and group therapies as well as psychiatric consultation, evaluation and medication management. *School-Based* mental health services are provided in many area schools providing better access to needed treatment for children experiencing emotional or behavioral problems. The professional staff are able to help in linking interventions across home and school. *Therapeutic Family Homes Program* recruits, trains and approves families to serve as therapeutic foster parents for emotionally and behaviorally disturbed children and youth. Children are placed with specially trained families who can provide intensive support and supervision for children in a home/community based setting. Additional services provided include individual, family and/or group therapy, crisis intervention, case
management, psychiatric evaluation/consultation, medication management, and advocacy services. Below is the form required to make a referral.

**Therapeutic Foster Care Referral Application**
If you are interested in information about becoming a foster parent, please click the form below.

**Therapeutic Foster Parent Inquiry Form**
The *Emergency Shelter* provides immediate temporary shelter to youth in crisis age 8 - 18. The shelter provides a stable environment as well as safety and compassionate support for youth who are in state custody or are considered homeless or runaways.
The *Transitional Therapeutic Living Center* provides comprehensive mental health services, 24 hour a day staff access and transportation to adolescents between ages 15-21 with the goal of helping them become self-sufficient. Staff supervises youth in a home-like setting with program rules and guidelines, incentive programs and behavioral programming.

**TTLC Admit Packet**

**Day Treatment** allows children and youth with social, emotional or behavioral problems, who can no longer function in a regular academic setting, continue their education and learn to succeed in an academic environment. Referrals are made by the school district in which the child is enrolled.

**Residential Care** is available for children and youth who have serious emotional or behavioral problems and have not responded to outpatient services. These children continue their education and are given intensive help through our residential programs.

**The Elizabeth Mitchell Children's Center** treats children ages 5-11 and also has a specialized track for children with sexually reactive behavior. **The Elizabeth Mitchell Adolescent Center** treats youth ages 11-17. Our *Monticello Facility* provides this same service to children and adolescents. Please contact our Access office with any questions.

**Community Support Services** are designed to coordinate and plan for community-based services for children and adolescents with severe emotional disturbance and their families. The consumer/family case manager relationship is primary and essential and community integration/reintegration is fostered by assertive outreach.

**Prevention Services** include a *Parent Center* which provides community-based parent education programs, weekly parenting classes, single workshops and specialized seminars that address the issues of today's parents. Topics include parenting the strong-willed child, managing ADHD, blending stepfamilies and much more.

**The Young Moms/Dads - Healthy Families** program reaches out to teen moms and teen dads with support services so they can complete their education, be self-sufficient and provide the best care possible for their children. **The Parent Resource Center** gives parents access to evidence-based, well researched publications on parenting, including books,
magazines, brochures, facts sheets and access to the Internet. The Center also evaluates children with suspected learning disabilities. *Services for Children of Prisoners and Their Families* offers four distinct interventions to help children heal from multiple traumas associated with a parent in prison, reconnect with their parents and stabilize the family. Comprehensive services offered in 10 statewide sites include parenting classes, mentoring and literacy education.

*Camp Believe*, our *after school program* is an afterschool and summer program for children with and without physical disabilities. Participants receive assistance with homework and participate in recreational activities. Participants with physical disabilities interact with those who don't which is great for both populations. The Community Center is available for swimming and special activities. *Camp Believe* is primarily for elementary and middle school children although vouchers are accepted for ages 4-12. Payment is either private pay or childcare vouchers. *CPR/First Aid* and *Handle with Care* and *CPI* trainings are offered by Centers for Youth and Families at a reduced rate. We will also negotiate with other agencies who have similar training needs to share training costs. CPR/First Aid classes are provided each Thursday on the Centers campus from 9-3 or alternative dates may be scheduled, including weekends or evenings. Preregistration is required. To preregister or for more information contact us at 666-8686, ext. 1529.

**CARE Program**  
4800 West 26th  
Little Rock, AR 72204  
Supervisor: Martha Rogers  
**Contact:** (501) 447-1880  
Fax: (501) 447-1881  
Website: [http://www.lrsd.org](http://www.lrsd.org)  
Services: The CARE Program is a non-profit, self-supporting program of child care provided for elementary age students and parents of the Little Rock School District. The program operates before and after school and all day on most school holidays. The CARE Program provides a structured program of creative activities and recreation in a nurturing environment

**DREAMS**  
4424 Highway 161 North Little Rock 72117  
**Contact:** (501) 945-7774  
Services: Kindergarten readiness program, after school staff, tutoring homework assistance, and social skills. Open 7:30-6:00 and serves children to fifth grade.
Dunbar Community Center
1001 West 16th Street,  
Little Rock, AR 72202
Contact: (501) 376-1084

East Little Rock Community Center
2500 East 6th Street  
Little Rock, AR 72202  
Contact: (501) 374-2881

Hope through Housing
10434 West 36th Little Rock AR 72204  
Contact: (501) 225-2911  
Website: http://www.hopethroughhousing.org/index.html  
Services:  Offers social services to people on property, senior wellness programs, and afterschool programs for ages K-12.  
Services:  After school services, summer programming, neighborhood programming, all day child care. Open 8:00-5:00 Monday through Friday. Programming from ages 6-19.

Heifer Village Youth and Family Programs  
Heifer International  
1 World Avenue  
Little Rock, AR/USA 72202  
Contact: (877) 870-COWS (2697) or (501) 907-8800  
Website: http://www.heifer.org/site  
Services:  Heifer Village on the Heifer International Campus in downtown Little Rock, Arkansas, introduces visitors to the possibility of a world free of hunger and poverty.  
A hands-on, global education facility, Heifer Village is home to interactive exhibits that provide a stimulating and challenging educational experience for people of all ages.

Inner City FutureNet  
15th and Bishop St, Little Rock AR 72202  
Contact: (501) 370-9720  
Services: Partner of Heifer Project International, allows at risk youth to come and earn extra money while learning entrepreneurial skills.  
Open 8-5 and serving youth ages K-12.

Joseph Pfeifer Kiwanis Camp  
5512 Ferndale Cutoff  
Little Rock, AR 72223
Contact: (501) 821-3714  
Fax: (501) 821-2629  
Sanford Tollette, Executive Director  
Email: Sanford@Pfeifercamp.com  
Website: www.pfeifercamp.com  
Services: Pfeifer Kiwanis Camp is a people place offering programs for youth from across ...  

Kaleidoscope Grief Center  
Contact: (501) 661-0720  
Website: http://www.kaleidoscopekids.org  
Services: Serving critically ill and grieving children, teens, and their families through education, therapeutic and recreational services, grief support programs.  

“Let Our Violence End” (L.O.V.E.)  
P.O. Box 3050  
Little Rock, AR 72260  
Contact: (501) 516-1602  
Fax: (501) 833-3250  
Robert Holt, Executive Director  
Website: www.the-solution.org  
Email: r-kholt@worldnet.att.net  
Services: L.O.V.E. staff and volunteers currently work with more than 6,000 youth in Arkansas through L.O.V.E. Teams, which provide peer support groups and emphasize community service. L.O.V.E. also provides behavior modification and academic support programs through In-School Suspension and "GENESIS" the Alternative School re-entry programs for the Little Rock School District and other districts throughout the country.  

LIFE Champs  
12115 Hinson Road Suite 200  
Little Rock, AR 72212  
Contact: (501) 255-0950  
Services: Youth sports organization focused on creating champions for life. Focuses on athletic instruction, competition, character and education. Serves youth ages four to thirteen.  

LITTLE ROCK BOYS/GIRLS CLUBS  
Administrative Office  
1616 West 3rd St.  
Little Rock, AR 72201  
Contact: (501)666-8816  
Email: Cindy Doramus, Chief Executive Officer cdoramus@arclubs.org
Jeany Muncy, Fiscal  
Debra Nagge, Development Asst.  
**Site: Mitchell Unit (Mid-west of Woodrow) (6-11yrs)**  
3107 West Capitol  
Little Rock, AR 72202  
**Contact:** (501) 666-9486 Fax: 666-9486  
Margaret Lewis, Unit Director  
Jamie Brock, Site Coordinator  
Email: jrbrock@ualr.edu  
Email: brock12003@yahoo.com

**Site: Penick Unit (West-east of Barrow Road) (6-11yrs)**  
1201 Leisure Place  
Little Rock, AR 72205  
**Contact:** (501) 666-5494 Fax: (501) 666-7460  
Greg Morse, Unit Director  
Dedra Hood, Site Coordinator  
Email: dedrahood2003@yahoo.com

**Site: Penick Unit (West-east of Barrow Road) (12-17yrs)**  
1201 Leisure Place  
Little Rock, AR 72205  
**Contact:** (501) 666-5494 Fax: (501) 666-7460  
Kristine Jones, Site Coordinator  
Email: kjones@arclubs.org

**Site: Thrasher Unit (Central-ages 6-11yrs)**  
3301 State Street  
Little Rock, AR 72206  
**Contact:** (501) 562-4082 Fax: 562-2594  
Paul Armstrong, Unit Director

**Site: Thrasher Unit (Central-ages 12-17yrs)**  
3301 State Street  
Little Rock, AR 72206  
**Contact:** (501) 562-4082 Fax: (501) 562-2594  
Paul Armstrong, Unit Director

**Promiseland CDC - NBP-Promise University**  
3700 W. 65th Street (SW 6-11 year olds)  
Little Rock, AR 72209  
**Contact:** (501) 570-0048 Fax: (501) 570-0090/325-2851  
Antoine Scruggs, Chief Executive Officer  
Email: Apromise1@aol.com
Marlean Acker, Director Of Operations
Email: marleanacker@aol.com

Promiseland CDC - NBP- Above the Curve
3700 W. 65th Street (SW 12-17 year olds)
Little Rock, AR 72209
Contact: (501) 570-0048 Fax: (501)570-0090 or (501) 325-2851
Antoinne Scruggs, Chief Executive Officer
Email: Apromise1@aol.com
Marlean Acker, Dir. Of Operations
Email: marleanacker@aol.com

New Futures for Youth, Inc.
323 Center Street, Suite 1275
Little Rock, AR 72201
Contact: (501) 374-1011
Website: http://www.newfuturesforyouth.org
Services: New Futures for Youth was established in 1988 as a collaborative of public and private, community and institutional representatives committed to improved outcomes for youth. New Futures conducts research on issues affecting youth and families and provides training and technical assistance to individuals and organizations. New Futures also facilitates joint planning by community-based organizations, agencies, and institutions regarding strategies for addressing youth issues and implementing youth services. In addition, staff and collaborative members assist public officials in developing policies that are supportive of enhanced outcomes for youth, families, and communities.
New Futures values cultural strengths, racial equity, community involvement, youth leadership development, and broad-based collaboration to enhance healthy development of young people and the systems that affect them.

Outward Bound of Little Rock
904 Autumn Rd., Suite 500
Little Rock, AR 72211
Contact: (501) 202-4375
Janae Turner, Project Manager
Email: jturner@outwardbound.org
Website: http://www.outwardbound.org/index.cfm/do/obyc.little_rock_courses
Services: Outward Bound, in partnership with the Little Rock Parks and Recreation and Byrd's Adventure Center, presents 4 to 14-day expeditions for both adults and youth (ages 14 to 17) across Arkansas during the spring and summer of 2010. These courses feature backpacking and climbing in the
Ozark Mountains of Arkansas. Courses are varied but always follow our powerful leadership curriculum and include lessons in Leave No Trace™, camping, equipment set up and safety standards, navigation using map and compass, journaling, personal reflection, and how to be of service in meaningful ways.

**PARK**
6915 Geyer Springs Rd
Little Rock AR 72209
**Contact:** (501) 562-5223
Services: After school program for 7-12 graders, academic assistance, ministry (focuses on dealing with the whole person) and college assistance. GPA needs to be between 1.5-2.5 and seeking applicants willing to make a five year commitment to the program.
Open Tuesday through Friday after school from four to seven. Summer program serves youth grades 7-12 and from 8:30-4:00.

**PULASKI COUNTY YOUTH SERVICES**
201 S. Broadway, Suite 220
Little Rock, AR 72201
**Contact:** (501) 340-8250
Charles Mobley – Director cmobley@co.pulaski.ar.us
Email: juvserv@co.pulaski.ar.us or ourclub@co.pulaski.ar.us
Services: Identify, coordinate and develop an adequate range of support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

**Mission Statement:** Establish, solidify and strengthen the county-wide effort of mobilizing talent, technology, services, resources and volunteers necessary to improve the quality of educational opportunities for high risk youth in Pulaski County and work in partnership with the neighborhoods and communities to establish high profile, quality Our Clubs for children, youth and families who live in Pulaski County.

**Goals:** Take a holistic approach to curb the problems of gangs, violence, crime and substance abuse while enhancing the safety and well-being of the community, children, youth and families by getting parents and community members involved in the lives of children and youth.
Identify, coordinate and develop an adequate range of support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

**CLUB SITES**
Youth Services identifies, coordinates, and develops an adequate range of
support services that will create a healthy environment conducive to positive learning for all families and community members in high-risk neighborhoods and communities in Pulaski County.

**Brushey Island Our Club**  
8226 Hills Rd.  
North Little Rock, AR 72117

**College Station Our Club**  
4710 Frazier Pike  
Little Rock, AR 72053

**Henderson Middle School**  
401 Barrow Rd.  
Little Rock, AR 72205

**Higgins Our Club**  
3528 Slinker Rd.  
Little Rock, AR 72206

**Jacksonville Our Club**  
201 Martin Street  
Jacksonville, AR 72076

**McAlmont Our Club**  
1824 East 46th Street  
North Little Rock, AR 72117

**Our House**  
302 E. Roosevelt Rd.  
Little Rock, AR 72206  
Ozell Snider / Rosalind Jones

**Project Give Back**  
9700 Highway 365 South  
Little Rock, AR 72206

**Step Up Support Center**  
9010 Hilaro Springs Rd.  
Little Rock, AR 72209

**Sweet Home Our Club**  
3911 Hampton  
Little Rock, AR 72206
Watershed Our Club  
3701 Springer Blvd.  
Little Rock, AR 72206

100 Black Men of Greater Little Rock
Services: Our most important challenge is to create in each student a mindset that motivates them to change their lifestyle. We must help them understand how important it is to eat healthy, to make good grades, to help their friends and family through good citizenship and to give back once they have developed successful careers. As part of this initiative, we will exhaust every effort to involve the community especially parents.  
Website: http://jaxonit.com/100blackmenglr

Say It Loud 
Since 1997 the Say It Loud! Readers and Writers Series provided an opportunity for Little Rock youth ages 12-18 to participate in activities designed to enhance their appreciation for literature as a tool for personal, educational and career development. Over 3000 youth and adults have participated in numerous workshops and lectures at various venues sponsored by Say It Loud! It should also be of noted that Say It Loud! Members are enrolled in colleges around the country. The program has featured noted individuals such Dr. Julianne Malveaux, Dr. Na’im Akbar, Haki R. Madhubuti, Dr. Tony Medina, Dr. Beverly Guy-Sheftall, Kevin Powell, Patrice Gaines and others.  
Website: http://www.speakloudly.com

Southwest Community Center  
6401 Baseline Rd., Suite A  
Little Rock, AR  72209  
Contact: (501) 918-3975

Stephens Community Center  
3720 West 18th Street,  
Little Rock, AR 72205  
Contact: (501) 603-9377

Teen Challenge Ranch of NW Arkansas  
PO Box 20  
Morrow, AR 72749  
Contact: (479) 848-3105  
Fax: (888) 844-1669  
Email: mail@arkansasteenchallenge.org  
Website: http://arkansasteenchallenge.org
Services: Teen Challenge Ranch of NW Arkansas is dedicated to helping troubled boys get a new start in life. Boys ages 14-17 come to Teen Challenge from across the United States. They are young men in need of help and assistance. They often struggle with issues such as: drug & alcohol abuse, anger & depression, legal problems, and behavioral problems. At Teen Challenge, we offer students hope and the chance for a new life. We encourage them to apply faith-based solutions to life’s problems, and we actively teach that a personal relationship with God is the primary means and source of power to change. We endeavor to help young people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.

**Teen MOPS, Mosaic Church**
6240 Colonel Glen, Suite 1
Little Rock, AR 72204
Website: [www.mosaicchurch.net](http://www.mosaicchurch.net)
Services: Supportive, and nonjudgmental environment where teen mothers can come together with others who are in a similar life situation. Through the relationships formed at Teen MOPS, young moms gain confidence, learn about mothering, and grow personally.
13000 Quail Run Dr
Little Rock, AR 72210
**Contact:** (501) 455-3571
Website: [http://www.ottercreekfbc.org](http://www.ottercreekfbc.org)
Meets: 2nd & 4th Tuesday at 9:30 AM- 11:30 AM

**THEA Foundation**
401 Main Street, Suite 100 NLR, AR 72114
**Contact:** (501) 379-9512
Services: Advocates the importance of art to youth development through promotional and educational development.
Open: Tuesday-Thursday – 9:00 a.m. – 4:00 pm

**VIPS - Volunteers in Public Schools**
**Director VIPS & PIE**
**Fair Park ECC**
616 North Harrison
Little Rock, AR 72205
**Contact:** (501) 447-4450
Fax: (501) 447-4451
Email: [Debbie Milam](mailto:Debbie.Milam@littlerockschools.org)
Services: VIPS was founded in 1972 to provide assistance to teachers and other staff members of the LRSD by promoting school volunteerism. ViPS
serves as a link between the District and the community while providing patrons and citizens an opportunity to be significantly involved in the education of children.

Volunteers in Public Schools (VIPS) provides support and coordination for school volunteer programs and for connecting students to volunteers in the community. Programs include VIPS, Partners In Education, Vital Link, Project Mentor, field trips and classroom speakers.
MISCELLANEOUS / GENERAL SERVICES

Arkansas Department of Human Services
DHS Division of Aging and Adult Services
P.O. Box 1437 - Slot S-530 | Little Rock, AR 72203-1437
Contact: 1-800-482-8049
Email: aging.services@arkansas.gov
Website: www.state.ar.us/dhs/aging
Services: Provides access to food stamps, Medicaid, & support for women and families.

East Little Rock DHS
1424 East 2nd Street
Little Rock, AR 72203
Contact: (501) 371-1300

North Little Rock DHS
1900 East Washington
North Little Rock, AR 72114
Contact: (501) 682-0100

South Little Rock DHS
1105 Dr. Martin Luther King Jr. Drive
Little Rock, AR 72203
Contact: (501) 682-9200

South West Little Rock DHS
6801 Baseline Road
Little Rock, AR 72209
Contact: (501) 371-1100

Jacksonville DHS
2636 West Main
Jacksonville, AR 72076
Contact: (501) 371-1200

City Connections, Inc.
200 South Commerce, Suite 100
Little Rock, AR 72201-1728
Located in the Charles A. Frueauff Foundation Center
Jeff Spry, President
Email: Jeff@CityConnectionsInc.org
Website: http://www.cityconnectionsinc.org
Services: To build a strong and vibrant collaboration in our city between all the varied church communities; helping agencies; federal, state, and local
governmental agencies; the private sector; schools of higher learning; and all civic & community groups. Nothing short of this collaboration will enable us to achieve the goal of transforming our city into a true “model community” – one which will impact every facet of life in every home in every neighborhood in our city.

**Goodwill**

1110 West 7th Street  
Little Rock, AR 72201  
**Contact:** (501) 372-5100  
Website: [www.GoodwillAR.org](http://www.GoodwillAR.org)  
Services: Self-directed employment services, Job search strategies and job applications, Resume and cover letter writing, Interviewing Skills, Mock Interviews, Job Readiness Training, Access to career reference materials, Internet listing of employment opportunities, Information about upcoming employment event, career fairs, on-site interviews, Computer Access, Soft Skills training, Job Placement  
Goodwill may connect you with other service providers such as: Medical, Dental, and Vision, Referral Assistance, Substance Abuse Treatment, Free Tax Preparation, Health Clinic, Food Services  
**Ticket to Work:** A program to give disabled workers the tools and opportunities to become self sufficient in the workplace.  
**Re-Entry Assistance:** A program designed to help persons facing significant and often multiple barriers to education and employment.  

**River City Ministry, Free Homeless Resource Center**  
1021 East Washington  
North Little Rock, AR 72114  
**Contact:** (501) 376-6694  
Website: [www.rivercityministry.org](http://www.rivercityministry.org)  
Food Pantry: Tuesday & Thursday 9:30 – 10:30am (once a month only)  
Meal Service: Monday thru Thursdays, following 11:30am devotional Social Services: Monday thru Thursday, 9:30 – 3:30pm  
Medical Services: By appointment only, Call Monday at exactly 9:00am for appointments, eligibility; adults, no insurance, no Medicare or VA benefits, & income below 200% of poverty level  
Pharmacy Services: Call in for refills or bring in new prescriptions on Tuesday, 99:30 – 11:15am, Pick up medication, Sundays 2:00 – 4:00pm & Thursdays 11:30 – 1:00pm, must be a registered RCM patient  
Dental Services: Extractions only and by appointment only, dental roster is made on the 1st Thursday of each month, call for details
Eye Clinic: Exams & eye glasses, Saturdays, by appointment only
Clothes Closet: 1st & 3rd Wednesdays, 8:30 – 11:00am
Laundry Service: Monday thru Friday 8:30-12:30pm
Showers: Monday thru Friday, 8:30-3:00pm
FAX & Phone Service: (501) 376-6695, Monday thru Thursday 8:30-3:30am
Mail Service: 1021 East Washington, North Little Rock, AR 72114
Resource Counseling: Monday thru Friday, 8:30 – 4:30pm
Benefit Bank: Mondays, 9:00 – 12:00pm
Spiritual Services: Counseling, Monday thru Thursday, 8:30 – 3:30pm
Bible study Tuesday & Thursday, 10:00am, lunch devotional Monday thru Thursday 11:30am, food & fellowship Sundays 2:00pm, Breaking Free pick-up, Mondays 5:30pm, adult bible study, Tuesday 6:00pm
Most services require Pulaski County residency, picture I.D., and Social Security card

Watershed, Human and Community Development Agency Inc.
3701 Springer Boulevard
Little Rock, AR 72206
Contact: (501) 376-6694
Website: www.nebowatershed.com
Services: Arkansas Birthing Project, women’s program for newborns
Child Development Center, full child care services
Youth Services: Get ready, Watershed’s own at-risk program for youth.
Helping Youth Help Themselves for at-risk youth ages 12-17. Our Club, after school program for youth ages 6-12
Fatherhood Initiative, for single men ages 15-35 Children and Family Services / Family Resource: Food assistance, Clothing assistance, Utility assistance, Transportation and special outreach for the disabled, Holiday meals and toy baskets, Educational Services- access to tutoring and GED classes, Working to Find Work- workforce and employment assistance, Disaster Relief Services
Other On-Going Services
Friends and Family of Incarcerated Persons, helping families deal when loved ones are in jail or prison.
Health Promotion / Advocacy, AIDS awareness, substance abuse counseling; promotion of nutrition and fitness; liaison with local clinics.
Community socialization, special celebrations & community get-togethers.
Open 8:00 – 5:00pm